



# Employee Lunch & Learns

Quarter 2 | April – June 2026

Open to all State of New Hampshire employees enrolled in the health benefits plan.



## TruHearing

Part of the medical benefit plan: discover how TruHearing can help you save on hearing aids and hearing tests.

**April 14 | 12:00-12:30p**

[Register via Microsoft Teams](#)



## Delta Dental

Join Delta Dental for this webinar where they discuss the State of New Hampshire dental plan, coverage and network.

**May 12 | 12:00 -12:30p**

[Register via Microsoft Teams](#)



## SmartShopper

SmartShopper is available as part of the medical benefit plan. Join this webinar to discover how to earn rewards for choosing cost-effective care.

**June 4 | 12:00 -12:30p**

[Register via Microsoft Teams](#)



## Mobile Health

Take a deeper dive into Mobile Health. Discover the tools, resources and programs available to you through the app.

**April 16 | 12:00-12:30p**

[Register via Microsoft Teams](#)



## Life Insurance Benefits

Join Voya as they review the State of New Hampshire life insurance coverage and living benefits such as will preparation.

**May 14 | 12:00 -12:30p**

[Register via Microsoft Teams](#)

**Questions?** Email [sonhbenefits@das.nh.gov](mailto:sonhbenefits@das.nh.gov)