WELCOME TO THE SEA NEWS

Thank you for subscribing to the SEA News, and welcome!

We're glad you want to get to know us better. So now that you're on our list, you'll receive this newsletter every other week and be the first to know about all of our union happenings (HOW FANTASTIC)!

From meetings and events to bargaining updates, committee initiatives, and all of your member benefits, be prepared to be CLUED IN!

We welcome all of our new subscribers!

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On May 17, 2023 at the Executive Council Meeting both councilors Warmington and Stevens spoke up on behalf of the employees at the Department of Corrections regarding the workforce shortage and the toll it is taking on current employees. https://twitter.com/SEIU1984/status/1658912164852244486?s=20

Members of the New Hampshire National Guard are deploying to the New Hampshire State Prison for Men in Concord as corrections officials deal with a staff shortage.

Maj. Gen. David Mikolaities, of the New Hampshire National Guard, told WMUR that 18 soldiers and airmen will assist the prison for the next three months.

"We have obviously spent a lot of time working on recruitment and retention and given the national economy and the state of the state, and trying to attract employees, we’re having a hard time bolstering our numbers," Helen Hanks, commissioner of the New Hampshire Department of Corrections, said.

Executive councilor Cinde Warmington said she’s grateful for the National Guard, but isn’t happy that the situation has reached this point.
Are you thinking of retiring from public service? If retirement is in your future, please consider joining SEA’s Chapter 1, the Retired Members’ chapter by visiting: https://seiu1984.org/retiree-members/ or by scanning this code with your phone.

As members of Chapter 1, you are still counted as a member of this Association. The more members we have, the more strength this Association will have in our fights to protect and improve retiree and active member benefits.

To be a member of Chapter 1, you must be an SEA member in good standing when you retire or have been a member in good standing when your bargaining unit is decertified, or you accepted an unclassified or appointed state position. The dues are $6 per year, currently.

A spouse of an active member or any person living in the household of an active member may become a Chapter 1 Associate Member for $3 per year, currently, and can remain associate members even if the member passes away. In addition, certain other retirees may apply to become associate members of Chapter 1.

Those who want to get a head start on Chapter 1 membership should contact the Membership Data Administrator at the union office (603-271-3411, ext. 102.

The chapter generally meets monthly except in the summer and offers informational programs and opportunities to gather for other fun activities. Joining is a good way to keep involved with each other and the active employees. Together we participate on committees, volunteer, and attend legislative hearings to represent retirees.

CONTINUE TO ENJOY YOUR UNION BENEFITS AS A RETIREE TODAY!
WHO CAN YOU HELP BY DONATING BLOOD?

Every day, blood donors help patients of all ages: accident and burn victims, heart surgery and organ.
Every two seconds someone in the U.S. needs blood. It is essential for surgeries, cancer treatment,
chronic illnesses, and traumatic injuries. Whether a patient receives whole blood, red cells, platelets or
plasma, this lifesaving care starts with one person making a generous donation.

Please join our lifesaving mission and schedule an appointment today!

Drive Details:
Site: SEA/SEIU Local 1984
Address: 207 N Main St., Concord, NH, 03301
Room Name: Conference Room
Date: Mon Jun 12, 2023
Time: 12:00 PM - 05:00 PM
Blood Program Leader Name: David Honeman
Click here to make an appointment

The need for blood is constant and only volunteer donors can fulfill that need for patients in our community. Nationwide, someone needs a unit of blood every 2 to 3 seconds and most of us will need blood in our lifetime.

Thank you for supporting the American Red Cross blood program!
June is National Men’s Health Month!

This month is all about encouraging the men in your life (including you, men out there!) to take care of their bodies by eating right, exercising, and working to prevent disease. The official symbol for the month is a blue ribbon and the purpose of Men’s Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of diseases including cancer, heart disease, and depression.

Take this opportunity to read about the common health issues that are specific to men and how you can prevent yourself from getting hurt!

Goal of Men’s Health Month
Did you know that men, on average, die almost five years earlier than women? Part of the reason is that men are more reluctant to go to the doctor, according to menshealthmonth.org. In fact, studies show that women go to the doctor twice as much as men.

Additionally, Men’s Health Network notes that certain conditions are more prevalent in men, which patients and their doctors should keep an eye on through regular appointments.

Thus, the purpose of Men’s Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among both men and boys.

This month gives health care providers as well as individuals an opportunity to encourage men and boys to seek regular medical advice and early treatment for disease and injury.
With you every step of the way

Emotional Well-being Resources offer help when you need it

Your emotional health is an important part of your overall health. With Emotional Well-being Resources, administered by Learn to Live, you can receive support to help you and your dependents live your happiest, healthiest lives.

Built on the proven principles of Cognitive Behavioral Therapy (CBT), our digital tools are available anywhere, anytime. They can help you identify thoughts and behavior patterns that affect your emotional well-being — and work through them. You’ll learn effective ways to manage stress, depression, anxiety, substance use, and sleep issues.

A wealth of resources at your fingertips

- **Personalized, one-on-one coaching**
  Team up with an experienced coach who can provide support and encouragement by email, text, or phone.

- **Build a support team**
  Add friends or family members as “Teammates.” They can help you stay motivated and accountable while you work through programs.

- **Practice mindfulness on the go**
  Receive weekly text messages filled with positivity, quick tips, and exercises to improve your mood.

- **Live and on-demand webinars**
  Learn how to improve mental well-being with useful tips and advice from experts.

Change your mind. Change your life.™

Take a quick assessment to find the program that’s right for you. To access our Emotional Well-being Resources:

- Log in to Care, choose Health & Wellness Center, select Emotional Well-being Resources, How to begin.
OPERATION SANTA CLAUS AT MARKET DAYS

VISIT WITH SANTA AT MARKET DAYS

JUNE 22-24
10:00 AM - 8:00 PM

FUNDRAISING CALENDARS FOR SALE & PICTURES FOR $1

COME SEE THE MAGIC AND GET YOUR PHOTO WITH SANTA CLAUS & JINGLES THE ELF FOR $1.00!

FUNDRAISING CALENDARS WILL BE FOR SALE AND DONATIONS WILL BE ACCEPTED FOR 2023 GIFT DELIVERY.

SCAN THE CODE TO THE RIGHT TO MAKE A DONATION NOW!
OPERATION SANTA CLAUS PRESENTS

TOUCH-A-TRUCK

SAVE THE DATE!

SEPTEMBER 23, 2023

Bring your children to Touch-A-Truck and give them the opportunity to explore a fascinating array of vehicles, including firetrucks, tractors, bearcats, police cruisers and so much more!

ATTENDEES WILL ALSO ENJOY ON-SITE ACTIVITIES, FAMILY-FRIENDLY ENTERTAINMENT, FOOD AND MORE.

Details and more information coming soon!
ACCEPTABLE FOR DONATION ITEMS FOR OUR VETERAN’S
HELP SUPPORT AMERICA’S VETERANS!

*PLEASE NOTE – WE ONLY ACCEPT ITEMS THAT ARE SMALL AND LIGHT ENOUGH FOR ONE PERSON TO EASILY LIFT AND CARRY.*

- **PERSONAL HYGIENE:** Toothbrushes, toothpaste, brushes, combs, soap, deodorant, shampoo etc...
- **WEARABLES:** Virtually all types of Clothing, Ladies, men’s, kids, children’s, purses, belts, ties, wallets, dresses, shirts, pants, shoes, and accessories.
  - Jewelry and cosmetics,
- **HOUSEHOLD:** Dishes, glasses, silverware, Small household appliances, Bedding, linens, pillows, comforters, Draperies, curtains, rugs, Home décor, Art and frames.
  - Baby items
- **BOOKS:** Hardcover, softcover, fiction and non-fictions, e-readers.
- **TOYS:** Stuffed animals, board games, dolls, action figures, and sports equipment.
- **ELECTRONIC:** Stereo, radio, Xbox, Nintendo, PlayStation, computers, laptops, monitors, DVD players, cameras, typewriters, and electronics. All types of small kitchen appliances. Not accepting TVs at this time.
- **EQUIPMENT:** Exercise equipment: small weight benches, weights, sports gear, Sporting equipment: ski equipment, snowboards, helmets, baseball bats, basket balls, soccer equipment, tennis equipment, Tools: drills, saws, nail guns, Yard tools: lawnmowers, weed eaters, and handtrucks (no fuel of any type please!).
- **OTHER:** Bikes, musical instruments, small filing cabinets, garage sale leftovers, small appliances: microwaves, blenders, toasters, coffee makers, and almost anything else.

All items can be dropped off at the SEA Office, 207 N. Main Street, Concord, NH 03301
For larger items call (603) 271-3411, ask for either the Political department or Communications

Thank You!

Help Homeless Veterans by Donating the Basics, for more information please reach out to Ctiernan@seiu1984.org
Back Pack Drive

Keep your eyes open for summer deals and back-to-school sales!

The SEA Campaign for Public Good will begin collecting backpacks for the 2023/2024 school year shortly.

Donations will be accepted at the SEA office during regular business hours (9:00 AM - 4:00 PM) or you may reach out to Tam Feener at tamarafeener@gmail.com
Volunteer or Donate

We are currently looking for anyone who is interested in helping us gather items for our winter initiatives!

We need help with:

- Collecting knitted items for donation
- Gathering warm wearable items for donation
- Making a monetary donation to the NH Food Bank, on behalf of the SEA. An $11.00 gift provides 22 meals for those in need.
- Collecting personal hygiene items for Homeless Veterans
- Delivering collected items to locations across the state

More information:

https://www.facebook.com/campaignforpublicgood/

Drop off items for donation at the SEA office.

If you'd like to help or get involved, please contact Tam Feener at tamarafeener@metrocast.net
# COMMITTEE SCHEDULES

Membership organizations thrive when members get involved. You are the ones who know and represent your community and your union best, so it’s important for your voices to be present behind the scenes. Our committees have ushered in so many successful initiatives under their current leadership, and we are excited to find the next crop of members who can continue bringing good ideas to committees that interest you!


<table>
<thead>
<tr>
<th>Committee</th>
<th>Meeting Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter President’s Call</td>
<td>JUNE 27, 2023 at 5:00 PM</td>
</tr>
<tr>
<td>CFPG meets on the first Tuesday of every quarter</td>
<td>5:00 PM. The next meeting will be on July 11, 2023.</td>
</tr>
<tr>
<td>Constitution and By-Laws Committee</td>
<td>on the fourth Tuesday of the month at 5:15 PM; the next meeting is scheduled for JUNE 27, 2022.</td>
</tr>
<tr>
<td>Social Activities Committee</td>
<td>will meet on the first Monday of the month from 5-6 PM. The next meeting is scheduled for June 5, 2023, at 5:00 PM.</td>
</tr>
<tr>
<td>The Book Club</td>
<td>meets on the first Monday of each month at 6:00 PM, immediately following the Social Activities Meeting. The next meeting will be on June 5, 2023, at 6:00 PM.</td>
</tr>
<tr>
<td>Clinicians United NH, Associate Members Chapter</td>
<td>meets at 12 noon on the first Monday of the month; the next meeting is on June 5, 2023.</td>
</tr>
<tr>
<td>Conservative Members Committee</td>
<td>meets on the second Tuesday of each month at 5:30 PM; the next meeting is June 13, 2023, at 5:30 PM.</td>
</tr>
<tr>
<td>The Organizing Committee</td>
<td>meets on the first Wednesday of every month; the next meeting is on June 7 at 5:00 PM.</td>
</tr>
<tr>
<td>The next Operation Santa Claus Meeting for 2023</td>
<td>will on June 19 at 4:30 PM.</td>
</tr>
<tr>
<td>The Poli-Ed Committee</td>
<td>meets on the second Monday of every month from 5:00 - 6:00 PM, the next meeting is scheduled for June 12, 2023.</td>
</tr>
<tr>
<td>The Retirement Committee</td>
<td>will meet on June 20 from 5:00 - 6:30 PM; the link to join is <a href="https://us02web.zoom.us/j/81067911659">https://us02web.zoom.us/j/81067911659</a>.</td>
</tr>
<tr>
<td>The Stewards Committee</td>
<td>meetings usually occur on the third Thursday of every month at 5:30 PM. The next meeting is scheduled for May 18, 2023.</td>
</tr>
<tr>
<td>The NEW Veterans exploratory committee</td>
<td>will meet on the last Thursday of the month. The next meeting is scheduled for Thursday, JUNE 29, 2023 at 5:30 PM.</td>
</tr>
<tr>
<td>The next Board meeting will be, Thursday, June 8, 2023, from 1:00 PM - 5:00 PM. You may join at: <a href="https://us02web.zoom.us/j/83486021328?pwd=czMxbS9VS3JMSXVpWorZitUcFM3QT09">https://us02web.zoom.us/j/83486021328?pwd=czMxbS9VS3JMSXVpWorZitUcFM3QT09</a></td>
<td></td>
</tr>
</tbody>
</table>

All Board, Chapter Presidents, and Council Meetings have been scheduled for 2023, and the links are on the website calendar. Chapter Presidents and Council Meetings will each have a recurring link; however, registration is required for these events.
It comes with great pleasure that we announce that the State Employees' Association, in coordination with the New Hampshire Charitable Foundation (NHCF), is now offering THREE SEA scholarship awards.

This past year we all lost a dear friend and true labor champion, John Amrol. John, the Father of Collective Bargaining, was an SEA staple. No one worked harder for us than John. He knew everything about labor and being a state employee. He worked for NH DOT and retired in 1997 after 45 years of service. He was also an SEA president from 1991-2000, and in his honor, the third SEA award was recently created.

The John Amrol scholarship is open to all members and their dependents, but preference will be given first to applicants connected to the DOT and then to any applicants pursuing a civil engineering degree.

The Joan Dolloff scholarship is open to members and dependents pursuing studies in the healthcare field.

The third and original scholarship is open to members and dependents with no additional restrictions.

All three scholarships will be awarded through NHCF's existing scholarship application process, information for which can all be found on their website. Essentially, anyone interested can visit (https://www.nhcf.org/how-can-we-help-you/apply-for-a-scholarship/) and select the appropriate level of education they will be pursuing (certificate, license, or other credential; 2-year or Associates degree; 4-year or Bachelor's degree) and then complete the application.

After receipt of all applications, the deadline to submit for high school seniors or undergraduates enrolling in OR submitting for a 2-year program, Associates degree, certificate, or professional license, there is a rolling deadline until December 15, 2023.
SOUTHERN NEW HAMPSHIRE UNIVERSITY DISCOUNT PROGRAM - 25%

Earn your degree online with Southern New Hampshire University.

- Earn an Associate's Degree, Bachelor's Degree, Master's Degree, or Certificate with online classes
- SEIU members receive a 25% reduction in undergraduate and graduate tuition
- Open to eligible SEIU members and their families
- No testing requirements (SAT/ACT or GMAT/GRE), and continuous enrollment is not required.
- Develop skills that you can apply immediately in areas like healthcare, communication, and team-building
- You can get help when you need it from a dedicated advisor.

SEIU Member Benefits and Southern New Hampshire University have teamed up to offer SEIU members an online education program for undergraduate or graduate students. Over 200 programs of study are offered, including:

- Associate's degrees in Accounting, Business Administration, Criminal Justice, Information Technology, and Marketing
- Bachelor's degrees in Business Administration, Criminal Justice, Healthcare Administration, Nursing, and Public Health
- Master's degrees in Business Administration (MBA), Clinical Mental Health Counseling (MA), Criminal Justice (MS), Curriculum and Instruction (MEd), Healthcare Administration (MS), Nursing (MSN), and Psychology (MS)
- Certificate Programs in Accounting (undergraduate & graduate), Human Resources Management (undergraduate & graduate), Project Management (graduate), and Public Administration (graduate)

*Eligible SEIU members are full dues paying members in good standing, and their spouse, domestic partner and parents thereof; children, and spouses thereof; parents, and spouses thereof; siblings, and spouses thereof; grandparents and grandchildren, and spouses thereof
Good morning SEIU 1984 members,

Keeping track of the latest news and deadlines regarding student loans can be challenging with changing forgiveness requirements, legal disputes, and the continuing pause on payments and interest. However, being up-to-date can save you thousands in unnecessary payments. News and deadlines borrowers should be aware of include:

**Biden’s Debt Relief Program & Student Loan Payment Pause**
While the Supreme Court has already heard arguments regarding the President’s proposed Debt Relief Program, which aims to forgive up to $20,000, a decision remains.

Student loan payments are still on pause while awaiting a decision, but payments are planned to resume on whichever date comes first:
- **60 days after** a legal decision has been made
- **September 1, 2023**, if no legal decision has been announced by June 30.

**Other Available Forgiveness Programs**
While Biden’s Debt Relief Program is still awaiting a decision, it’s important to note that other forgiveness programs are still available. Eligible borrowers are still able and encouraged to apply for programs such as Public Service Loan Forgiveness (PSLF), Income-Driven Repayment Forgiveness (IDRF), and Teacher Loan Forgiveness (TLF).

**Income-Driven Repayment Account Adjustment**
The Department of Education has extended the deadline until later this year to qualify for the Income-Driven Repayment Account Adjustment. This program will make payments previously ineligible for IDRF and PSLF count towards those programs, meaning borrowers will achieve forgiveness faster.

Any months in repayment status, regardless of payments made, loan type, or repayment plan, and any time in repayment prior to consolidation on consolidated loans, will be counted. If you have 12 or more months of consecutive forbearance or 36 or more months of cumulative forbearance, you will also receive credit for those periods.

Borrowers with non-Direct loans (including FFEL and Perkins) must consolidate into a Direct Consolidation Loan before the one-time adjustment ends to receive its full benefits.

Use the button below to schedule a complimentary consultation with a state-licensed counselor to discuss your forgiveness eligibility and how to make sure you are on track for the forgiveness of your student loans.

Knowing the latest news, deadlines, and whether your loans meet the requirements could mean the difference between forgiveness and thousands in unnecessary payments.

Use the button below to schedule a complimentary consultation with a state-licensed counselor to discuss how to make sure you are on the best path for the forgiveness of your student loans.

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**Schedule your appointment**

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Now is the time to book your last-minute travel for summer. Get the best rates on hotels, resorts and cruises in top spring and summer destinations when you book now. Hotel Deals from your SEIU Member Benefits Program! [https://seiumb.lifestylecollection.com/hotels/](https://seiumb.lifestylecollection.com/hotels/)

**Europe Cruises**
Visit multiple cities while only unpacking once! Book now for prime summer travel dates.

*4 nights from $469/person*

Call *(844) 967-1077*

**Miami, FL Hotels**
Visit Little Havana for delicious Cuban cuisine or go for a bike ride along the coast.

*From $147/night*

Call *(844) 967-1077*
CHOWDER FESTIVAL SUMMER KICK-OFF

6/3/2023 | 11:30 AM
105 Marcy Street
Portsmouth, NH 03801

It’s BACK! The 97.5 WOKQ Chowder Festival Summer Kick-off, presented by Avery Insurance, returns to Prescott Park Arts Festival for its 36th year! Held on the first Saturday of June, this staple of summer in Portsmouth, NH offers even more this year as it adds to the festivities for the Portsmouth NH 400 Grand Parade. Join in the fun of the Chowder Festival with some of your favorite local restaurants serving-up mouthwatering chowder in Prescott Park. Check out the complimentary live music, kid-friendly activities, and grab an ice cream from the Prop! This community event is always a great time from 11:30 am until the chowder runs out. Get your Chowder Festival tickets now. The Summer Kick-Off side of the park is free and open to all. Chowder Festival Tickets are $20 per person and FREE for season pass holders, but you must reserve tickets! Get your season passes now for a fun-filled summer with the Arts Festival. Already a pass holder and want to reserve your tickets for Chowder Fest? Just email us for your unique code! Events@PrescottPark.org

This taste-testing affair has become a New England institution for chowder lovers in the tri-state region. An impeccable roster of amazing restaurants throughout the seacoast join us to introduce their delicious chowder recipes to compete for the Best Chowder title and to take home the Golden Ladle!

Rain date: Sunday, June 4th
Want to end your school year and start your summer with tools to support your mental wellness? Enjoy meeting new people, while learning new tools and techniques, all from the comfort of your home?

We’re inviting teens, ages 13-18, to join us for our three-week mindfulness series where we’ll use a mixture of virtual learning coupled with independent, self-paced activities. Participants will receive a Mindful Mechanics Journal Workbook as well as materials to complete select activities from the mindfulness curriculum. We’ll use our weekly meetings as an opportunity for participants to learn new skills and reflect on their own mindfulness journey in a safe and supportive environment.

**Cost:** $10/person

Limited to 20 participants
SAFE for Food Pantries

JUNE 6, 2023 | 9:30 - 11:30AM

Safety Awareness in the Food Environment (SAFE) for Food Pantries is a 2-hour program on safe food handling topics for food pantries that receive food from the New Hampshire Food Bank.

SAFE for Food Pantries topics include:

- Why food workers should not be working when ill
- The importance of personal health & hand hygiene
- Preventing the spread of pathogens in the food pantry
- Why cleaning & sanitizing are key in keeping a food safe pantry
- Understanding & applying food dating
- When to accept or reject donations
- Tips for safe distribution of food

No cost but preregistration is required.
You will need access to Zoom -- join by computer or phone.

Cost: NO COST
Registration Required
Get help with expenses health insurance doesn’t cover

Aflac for SEA

Like many Americans, you may have been blindsided by an unexpected medical bill. Did you think, “But I have health insurance. I should be covered?” That’s why there’s Aflac. We help with expenses health insurance doesn’t cover — and that’s peace of mind when you need it most. Let us help protect your financial security.

These Aflac supplemental plans are available to you:

Accident: Accidents happen. When a covered accident happens to you, our accident insurance policy pays you, unless assigned otherwise cash benefits to help with the unexpected medical and everyday expenses that begin to add up almost immediately.

Critical Illness (Specified Health Event): An Aflac specified health event insurance policy is designed to help with the costs of treatment if you experience a covered health event.

Short-Term Disability: How would you pay your bills if you’re disabled and can’t work? An Aflac short-term disability insurance policy can help provide you with a source of income while you concentrate on getting better.

Cancer/Specified-Disease: Aflac’s cancer/specified-disease insurance policy can help you and your family better cope financially if a positive diagnosis of cancer ever occurs.

Hospital Confinement Indemnity: Hospital stays are expensive. An Aflac hospital confinement indemnity insurance policy can help ease the financial burden of hospital stays by providing cash benefits.

Whole or Term Life: With Aflac’s whole life or term life insurance, you can rest easy knowing that your family will have financial security when they need it most.

Scan the QR Code to see the Aflac Insurance Products

To learn more, contact your Aflac Agent today for a personalized quote.

Robert Celeste, at robert_celeste@us.aflac.com or 603-247-5272
RSC Tonya Celeste, at tonya_manfrate@us.aflac.com or 603-674-5374

This is a brief product overview only. Coverage may not be available in all states. Benefits/premium rates may vary based on plan selected. Optional riders may be available at an additional cost. The policy/certificate has limitations and exclusions that may affect benefits payable. Refer to the specified policy/certificate for complete details, benefits, limitations, and exclusions. For availability and costs, please contact your local Aflac agent. Individual coverage is underwritten by Aflac. Group coverage is underwritten by Continental American Insurance Company (CAIC), a wholly owned subsidiary of Aflac Incorporated. CAIC is not licensed to solicit business in New York, Guam, Puerto Rico, or the Virgin Islands. For groups situated in California, coverage underwritten by Continental American Life Insurance Company. For individual coverage in New York or coverage for groups situated in New York, coverage is underwritten by Aflac New York. Continental American Insurance Company | Columbia, SC | WWHQ | 1932 Wynnton Road | Columbus, GA 31999.
The costs of essentials like gas, food, and rent have recently skyrocketed as inflation has risen to unprecedented highs. If you or someone you know needs help in light of the changing and challenging economy, please use and share the references below.

QUICK INFO LIST

- **A Place For Mom**: FREE Elder Care Referral Service, Connect with An Advisor in Your Area call (888) 704-7786.
  - **American Red Cross - NH Chapter**: The American Red Cross is a non-profit, community service organization dedicated to providing disaster relief and emergency aid to people living in central and northern New Hampshire. **Disaster preparedness for Seniors**.
  - **Breathe New Hampshire**: This is the state’s oldest nonprofit health organization committed to eliminating lung disease and improving the quality of life for those living with lung disease. Breath NH is a local organization that provides educational programs and supports public health advocacy and scientific research to improve lung health state-wide.
  - **Better Choices, Better Health**: The Chronic Disease Self-Management Program, also known as Better Choices, Better Health (BCBH). The site brings you to the Southern Area Health Education Center, which maintains information for all BCBH consumer workshops statewide. Information and contact information are included for both northern and southern NH.
  - **DrugFreeNH.org**: A website designed to help individuals, families, and communities get informed, get involved, and get help! You will find information on prevention efforts, the effects of alcohol and other drugs, guidance on recovery and treatment and links to programs in the Granite State, and more.
  - **EngAging NH**: EngAging NH promotes citizen leadership and opportunities for purposeful engagement. It also advances the active involvement of NH’s older adults in the development of public policies and community infrastructure to support all of us as we age. Newsletters, ways to get involved, and more.
  - **Granite State Independent Living**: A New Hampshire-based advocacy group providing information to individuals and families.
  - **New Hampshire Falls Task Force**: Dedicated to reducing the risk of falling with injury among older adults. This website provides information and tools for older adults, caregivers, and providers with the goal of reducing the risk of falls and preventing falls before they happen.
  - **New Hampshire Association for the Blind**: A private, statewide non-profit direct services agency whose mission is to advance the independence of persons who are blind and visually impaired.
  - **New Hampshire Association of Senior Centers**: The New Hampshire Association of Senior Centers is a statewide, professional, non-profit organization dedicated to fostering the multipurpose nature of senior centers and the professional development of senior center management.
  - **New Hampshire Health & Human Services Department**: Our mission is to join communities and families in providing for citizens to achieve health and independence.
  - **New Hampshire Hospital Association**: The Association’s mission is to enhance the clinical and economic performance of hospitals, improve public confidence in hospitals, and expand access to coverage and care for the citizens of New Hampshire.
  - **New Hampshire Housing**: Provides a list of apartments for rent through landlords who are willing to participate in the Housing Choice Voucher Program. This list is updated periodically, but there is no guarantee that the unit will still be available even though they are on this listing. Please note: New Hampshire Housing does not endorse any particular landlords or owners. Contacting and contracting with landlords, owners, or apartment managers on this list is solely the responsibility of the prospective tenant.