WELCOME TO THE SEA NEWS

Thank you for subscribing to the SEA News, and welcome!

We’re glad you want to get to know us better. So now that you’re on our list, you’ll receive this newsletter every other week and be the first to know about all of our union happenings (HOW FANTASTIC)!

From meetings and events to bargaining updates, committee initiatives, and all of your member benefits, be prepared to be CLUED IN!
The Governor's Budget

Many of you have heard that a few members of the NH House are criticizing the Governor’s newly proposed budget. You can read the article here. We would like you to know that we are currently working with members of the legislature, the Department of Administrative Services, the Governor’s office, and the House Finance Committee to make sure we are all in agreement that the 10% and the 2% proposed pay increases in the budget are approved.

There will be more information to follow soon, but rest assured your Political Department will be monitoring this raise every step of the way to ensure its success.

As always if you have any questions, please feel free to reach out.

Thank you.
Women and Minorities in the Labor Movement Part 4

Nothing better captures the uneasy amalgam of old and new in the postwar labor movement than the treatment of minorities and women who flocked in, initially from the mass production industries, but after 1960 from the public and service sectors as well. Labor’s historic commitment to racial and gender equality was thereby much strengthened, but not to the point of challenging the status quo within the labor movement itself. Thus the leadership structure remained largely closed to minorities—as did the skilled jobs that were historically the preserve of white male workers—notoriously so in the construction trades but in the industrial unions as well. Yet the AFL-CIO played a crucial role in the battle for civil rights legislation in 1964-1965. That this legislation might be directed against discriminatory trade union practices was anticipated (and quietly welcomed) by the more progressive labor leaders. But more significant was the meaning they found in championing this kind of reform: the chance to act on the broad ideals of the labor movement. And, so motivated, they deployed labor’s power with great effect in the achievement of John F. Kennedy’s and Lyndon B. Johnson’s domestic programs during the 1960s.

The Decline in Unions

This was ultimately economic, not political power, however, and as organized labor’s grip on the industrial sector began to weaken, so did its political capability. From the early 1970s onward, new competitive forces swept through the heavily unionized industries, set off by deregulation in communications and transportation, by industrial restructuring and by an unprecedented onslaught of foreign goods. As oligopolistic and regulated market structures broke down, nonunion competition spurted, concession bargaining became widespread and plant closings decimated union memberships. The once-celebrated National Labor Relations Act increasingly hamstrung the labor movement; an all-out reform campaign to get the law amended failed in 1978. And with the election of Ronald Reagan in 1980, there came to power an anti-union administration the likes of which had not been seen since the Harding era.

Between 1975 and 1985, union membership fell by 5 million. In manufacturing, the unionized portion of the labor force dropped below 25 percent, while mining and construction, once labor’s flagship industries, were decimated. Only in the public sector did the unions hold their own. By the end of the 1980s, less than 17 percent of American workers were organized, half the proportion of the early 1950s.

The labor movement has never been swift to change. But if the new high-tech and service sectors seemed beyond its reach in 1989, so did the mass production industries in 1929. There is a silver lining: Compared to the old AFL, organized labor is today much more diverse and broadly based: In 2018, of the 14.7 million wage and salary workers who were part of a union (compared to 17.7 million in 1983), 25 percent are women and 28 percent are Black.
Join Chapter 1

If retirement is in your future, please consider joining SEA's Chapter 1, the Retired Members' chapter.

Are you thinking of retiring from state service? If retirement is in your future, please consider joining SEA's Chapter 1, the Retired Members' chapter by visiting: https://seiul984.org/retiree-members/ or by scanning this code with your phone.

As members of Chapter 1, you are still counted as a member of this Association. The more members we have, the more strength this Association will have in our fights to protect and improve retiree and active member benefits.

To be a member of Chapter 1, you must be in good standing when you retire or have been a member in good standing when your bargaining unit is decertified, or you accepted an unclassified or appointed state position.

- The State does not notify the SEA of State Employee members who have retired, so we ask that you let us know.
- Those who want to get a head start on Chapter 1 membership should contact the Membership Coordinator at the union office (603-271-3411, ext. 102).
- The dues are low – currently $6 per year. Spouses can join as associate members for $3 per year and remain associate members even if the member passes away.

The chapter meets monthly except in the summer and offers informational programs and opportunities to gather for other fun activities. Joining is a good way to keep involved with each other and the active employees. Together we participate on committees, volunteer, and attend legislative hearings to represent retirees.

As an extra bonus, we receive benefits! SEA members, including Chapter 1 retirees, receive various local and regional benefits. For a list of discounts and special offers, visit the SEA website below: www.seiu1984.org/membership-discounts/
By PAULA TRACY, InDepthNH.org

CONCORD - With about 8,900 miles of road to plow, salt, and sand, New Hampshire’s Department of Transportation is busy right now, and their workforce is “thin.”

A high rate of vacancies for state plow drivers and increased rates are among the concerns impacting DOT right now and are expected to continue for next year, cold weather or not.

On Wednesday, as snow began to fall from the southwest to the north, William A. Cass, commissioner of the Department of Transportation was at the State House, seeking $3,590,000 from the state’s highway fund to finish up this winter. And it hasn’t been a bad winter at all, he said, but costs are going up.

Cass said the money transfer was to pay for more salt to lay on the roads to make them safe and for increased equipment rental costs, about $1.7 million or half of the request.

Assistant Commissioner Dave Rodrigue who accompanied Cass to the State House, said the state is facing an average plow winter, if not a little under average. But he said the state has seen costs go up and few drivers making their ranks out there in the snow thin. There is a 20 percent vacancy rate on average for state employees which has also impacted DOT, and it has been hard to find contracted drivers with commercial licenses for the big trucks, a nationwide problem, Rodrigue said.

“We are stretched very thin when it comes to our own workforce. We have been lucky not to be stressed too much this winter with storms lasting three or more days,” which has occurred in the past, and drawn significantly down on material and workforce, he added. He said the department is “absolutely concerned” about the potential for a big snow winter next year, as they have seen in parts of the nation’s west this winter.

“We are going to do everything we can to...hire people,” Rodrigue said.

The money is coming from fees and tolls in highway funds and there is a current revised budget for 2023 at $42.3 million. Contracted workers can make between $60 and $100 an hour right now, plus a fuel adjustment.

The DOT fund transfer passed the legislative Fiscal Committee already and is now available to fill up the salt sheds and pay for the contracted equipment out on the road now. Meanwhile, the NHDOT is continuing to look for private contractors with “the right equipment and experience to help plow various New Hampshire roads throughout the State.”

Those interested in learning more about the available opportunities are encouraged to review current opportunities at https://das.nh.gov/jobsearch/employment.aspx NHDOT Seeks Employees. or call (603) 271-8026.
**ENGAGE IN YOUR MOBILE HEALTH**

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<th>ACTIVITY</th>
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<tr>
<td><strong>BE CONNECTED</strong></td>
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<tr>
<td>Receive notifications about health benefit plan updates, announcements and wellbeing information right from the app</td>
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<td><strong>ACCESS ID CARDS &amp; BENEFIT DETAILS</strong></td>
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<tr>
<td>View digital identification cards and benefit summaries for medical, pharmacy and dental benefits.</td>
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<tr>
<td><strong>EARN WELLNESS DOLLARS</strong></td>
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<tr>
<td>Employee health plan subscribers can earn a $200 HRA for completing the Health Assessment (HAT). Employees enrolled in the health plan can earn up to $300 in Health Rewards after completing the HAT</td>
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<td><strong>CHALLENGE YOURSELF AND SOME FRIENDS</strong></td>
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<td>Healthy Habits &amp; Journeys provide individual goal setting opportunities, while friend challenges offer a team-based approach to reaching certain wellness goals</td>
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<td><strong>ACCESS YOUR HEALTH COACH</strong></td>
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<td>The State's health plan offers a health coach ready to meet virtually or in person with you to review your health goals.</td>
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<td><strong>KNOW YOUR NUMBERS</strong></td>
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<td>Track your biometric numbers like glucose, cholesterol, resting heart rate and blood pressure.</td>
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**REGISTER & LOG IN**

- visit [www.mobilehealthconsumer.com](http://www.mobilehealthconsumer.com)
- download the mobile health app to access benefit plan information all in one place!
INDIVIDUALIZED NURSE HEALTH COACHING

SCHEDULING THROUGH APRIL

TAKE ADVANTAGE OF A HEALTH COACHING APPOINTMENT TODAY!

This time of year I frequently meet with individuals to complete their Health Assessment, review health care benefits and how to access new resources that are available for 2023. I have been able to continue meeting with employees on a regular basis for individualized Nurse Health Coaching to answer health care related questions, completing their HAT, assist in chronic disease management, answer specific questions related to their health, assist in daily goal development, and connect them and or register for many resources that are available for so many conditions and lifestyle improvements. If you have any type of health care related question or concern, please do not hesitate to reach out. I am currently scheduling in person worksite health coaching appointments. If you would like to schedule a date for me to come and provide Health Coaching, please reach out and we can get your work location scheduled. Or call in (audio only) +1 567-249-1745, 344028488# United States Phone Conference ID: 344 028 488#

Find a local number | Reset PIN Complete your 2023 Health Assessment (HAT) and start earning your Health Rewards for 2023! Mobile Health has a great new look. Come and see what you might be missing. Join on your computer or mobile app Click here to join the meeting

Join with a video conferencing device attend@m.webex.com Video Conference ID: 119 854 225 8 Alternate VTC dialing instructions Wellness Webinars

There is NO COPAY and appointments with me can cover any healthcare related question you have. For telehealth appointments with me, register and log in at www.livehealthonline.com. Once logged in, enter the service key “SONHHEALTHCOACH” to schedule your appointment with me under the SONH Nurse Health Coaching tile. The service key is case sensitive and can be entered either through the app or desktop version of LiveHealth Online. Take advantage of this great NO COST benefit.

READ MORE
We're looking for a few folks who want to volunteer a little time to help strengthen and improve our union and our member experiences.

If that's you, please consider working on the Resolutions Committee.

Our Resolutions Committee studies all resolutions that are submitted to the Convention for consideration and submit its recommendations to the Board. The Committee doesn't meet often, but does meet prior to the Convention in order to review the information on the resolutions and make our recommendations. Virtual meetings are our preferred mode of socializing.

The Resolutions Committee is also responsible for tracking the status of all resolutions passed at a Convention and reporting to the membership at Council Meetings and Conventions on the progress of any actions those resolutions might require, until resolved.

Sign up to help! Take the survey:
https://docs.google.com/forms/d/e/1FAIpQLSdZwwXX5SzQ0SyD6k80oTXKHUW_ziN4pEb2UNtoqgy11KxAw/viewform
ST. PATRICK'S DAY T-SHIRTS

The SEA Organizing department is having a fundraiser for Operation Santa!

St. Patrick’s Day t-shirts are available for purchase - all proceeds will be donated to OSC! The cost per shirt is $20, and they are available in sizes SM to XXXL and we will have them at the SEA office next week for pick up.

There are under 100 left, so send your requests to Justin Jardine, payment methods accepted: cash, check, or Venmo.

SEND EMAILS TO JUSTIN JARDINE IF INTERESTED IN PURCHASING @ JJARDINE@SEIU1984.ORG
In less than one month the SEA will hold the 30th Annual Road race and Fitness Walk. It will be held on APRIL 1, 2023.

If you haven't registered, join us by registering today!

https://seiu1984.org/sea_5k/
CALL FOR VOLUNTEERS

SANTA NEEDS HELPERS!

An undertaking of this size requires time, money and YOU!

Every year since 1960, SEA/SEIU Local 1984’s volunteer-led Operation Santa Claus program has ensured gifts are provided to New Hampshire children in need, regardless of circumstances.

We provided gifts for 3128 children this year alone, but simply put, we can't do it without you!

We need more help, and all are welcome. You can get involved by filling out the form here. We are looking for volunteers, sponsors, and donations. Whatever you choose will be greatly appreciated!

Who are our sponsors?
- State, municipal, and county workers
- Individuals
- NH businesses and schools
- Recreational clubs
- Community groups

Ways you can help
- Sponsor a child or children
- Fundraise at work to sponsor multiple children
- Make a monetary donation
- Donate goods and services to OSC for fundraising
- Invite OSC to your workplace or community group
- Be part of the planning

Come join me!!
The Campaign for Public Good is looking to ramp up its winter fundraising and donation campaigns with a new initiative and with the help of the assistance of the NEW SEA Veteran's Committee!

There are currently hundreds of homeless veterans who live either unsheltered or in shelters throughout the state. Unfortunately, veterans often do not have essential personal hygiene items when they leave a shelter or transitional home.

Through January, the Campaign for Public Good and the Veteran’s committee will be joining together to collect essential personal hygiene items and toiletries to help hundreds of local veterans who are homeless.

All donations will be delivered to our partners at Harbor Care and then distributed to qualifying veterans at the "Point in Time Count" at the end of January.

May no soldier go unloved † May no soldier walk alone † May no soldier be forgotten † Until they all come home™ .................................................................................................................. Soldiers’ Angels

HELP HOMELESS VETERANS BY DONATING THE BASICS

- Personal Hygiene Items such as bath soap, shampoo, conditioner, razors, feminine products, shaving cream, baby wipes, deodorant, combs, hair brushes, nail clippers, toothpaste, toothbrushes, and more are all needed.

Please contact Cullen Tiernan at ctiernan@seiu1984.org for collection and drop-off information.
Volunteer or Donate

We are currently looking for anyone who is interested in helping us gather items for our winter initiatives!

We need help with:
- Collecting knitted items for donation
- Gathering warm wearable items for donation
- Making a monetary donation to the NH Food Bank, on behalf of the SEA. An $11.00 gift provides 22 meals for those in need.
- Collecting personal hygiene items for Homeless Veterans
- Delivering collected items to locations across the state

Drop off items for donation at the SEA office.

If you'd like to help or get involved, please contact Tam Feener at tamarafeener@metrocast.net.

More information:
https://www.facebook.com/campaignforpublicgood/
SEA SOCIAL ACTIVITIES - Book Club

**Let's Pretend This Never Happened**
*A Mostly True Memoir*

The #1 New York Times bestselling (mostly true) memoir from the hilarious author of Furiously Happy.

“Gaspingly funny and wonderfully inappropriate.”—O, The Oprah Magazine

When Jenny Lawson was little, all she ever wanted was to fit in. That dream was cut short by her fantastically unbalanced father and a morbidly eccentric childhood. It did, however, open up an opportunity for Lawson to find the humor in the strange shame-spiral that is her life, and we are all the better for it.

In the irreverent Let’s Pretend This Never Happened, Lawson’s long-suffering husband and sweet daughter help her uncover the surprising discovery that the most terribly human moments—the ones we want to pretend never happened—are the very same moments that make us the people we ...

**ABOUT:**

Every teenager wants to fit in and be just like everybody else. So imagine how hard that is when your father runs a taxidermy business out of the family home, your mother runs the student cafeteria, and your sister has just been elected high school mascot, which means she walks the halls in a giant bird costume. But as Jenny Lawson grows up, falls in love, gets engaged – in a way that is as disastrous as it is romantic – and starts a family of her own, she learns that life’s most absurd and humiliating moments, the ones we wish we could pretend had never happened, are the very same moments that make us who we are. This is an often poignant, sometimes disturbing, but always hilarious book from a writer that dares to say your deepest and strangest thoughts out loud. Like laughter at a funeral, it is both highly irreverent and impossible to stop once you’ve started . . .

**About the Author:**

Jenny Lawson was born in Wall, Texas in 1973. She is an author, blogger and journalist. Her alma mater is Angelo State University. Her work includes, The Bloggess website, co-author of Good Mom/Bad Mom for the Houston Chronicle, and two bestsellers, Let’s Pretend This Never Happened (2012) and Furiously Happy (2015). She is an award winning humor writer who openly shared her struggle with depression and mental illness. Jenny lives with her family in Texas Hill Country.

If you'd like to join the SEA's Book Club, please reach out to Andrew Moore at amoore@seiu1984.org. The next book club meeting will be Monday, March 13 at 6:00PM.
COMMITTEE SCHEDULES

CFPG meets on the first Tuesday of every quarter at 5:00 PM. The next meeting will be on April 4, 2023.

Constitution and By-Laws Committee meets on the fourth Tuesday of the month at 5:30 PM; the next meeting is scheduled for March 28, 2023.

Social Activities Committee will meet on the first Monday of the month from 5-6 PM. The next meeting is scheduled for March 13, 2023, at 5:00 PM.

The Book Club meets on the first Monday of each month at 6:00 PM, immediately following the Social Activities Meeting. The next meeting will be on March 13, 2023, at 6:00 PM.

NH Faith & Labor Coalition meets on the third Thursday of the Month at 12 noon; the next meeting is on March 16, 2023.

Clinicians United NH, Associate Members Chapter meets at 12 noon on the first Monday of the month; the next meeting is on March 6, 2023.

Conservative Members Committee meets on the second Tuesday of each month at 5:30 PM; the next meeting is March 14, 2023, at 5:30 PM.

The Organizing Committee meets on the first Wednesday of every month; the next meeting is on March 1 at 5:00 PM.

The next Operation Santa Claus Meeting for 2023 will on March 20th at 4:30 PM.

The Poli-Ed Committee meets on the second Monday of every month from 5:00 - 6:00 PM, the next meeting is scheduled for March 13, 2023.

The Retirement Committee will meet on March 21 from 5:00 - 6:30 PM; the link to join is https://us02web.zoom.us/j/8106791659.

The Stewards Committee meetings usually occur on the third Thursday of every month at 5:30 PM. The next meeting is scheduled for March 16, 2023.

The NEW Veterans exploratory committee will meet on the last Thursday of the month. The next meeting is scheduled for Thursday, March 30, 2023 @ 5:30 PM.

The next Board meeting will be, Thursday, March 9, 2023, from 1:00 PM - 5:00 PM. You may join at: https://us02web.zoom.us/j/83486021328?pwd=czMxbS9VS3JMSXVPcWorZitUcFM3QT09.

All Board, Chapter Presidents, and Council Meetings have been scheduled for 2023, and the links are on the website calendar. Chapter Presidents and Council Meetings will each have a recurring link; however, registration is required for these events.
SCHOLARSHIP SEASON
Applications now being accepted!

It comes with great pleasure that we announce that the State Employees' Association, in coordination with the New Hampshire Charitable Foundation (NHCF), is now offering THREE SEA scholarship awards.

This past year we all lost a dear friend and true labor champion, John Amrol. John, the Father of Collective Bargaining, was an SEA staple. No one worked harder for us than John. He knew everything about labor and being a state employee. He worked for NH DOT and retired in 1997 after 45 years of service. He was also an SEA president from 1991-2000, and in his honor, the third SEA award was recently created.

The John Amrol scholarship is open to all members and their dependents, but preference will be given first to applicants connected to the DOT and then to any applicants pursuing a civil engineering degree.

The Joan Dolloff scholarship is open to members and dependents pursuing studies in the healthcare field.

The third and original scholarship is open to members and dependents with no additional restrictions.

All three scholarships will be awarded through NHCF’s existing scholarship application process, information for which can all be found on their website. Essentially, anyone interested can visit (https://www.nhcf.org/how-can-we-help-you/apply-for-a-scholarship/) and select the appropriate level of education they will be pursuing (certificate, license, or other credential; 2-year or Associates degree; 4-year or Bachelor's degree) and then complete the application.

After receipt of all applications, the deadline to submit for high school seniors or undergraduates enrolling in a four-year program Bachelor's degree is April 14, 2023, by 5:00 PM ET. For all applicants submitting for a 2-year program, Associates degree, certificate, or professional license, there is a rolling deadline until December 15, 2023.

Each year, the Foundation awards more than $7 million in scholarships to help New Hampshire students with the fewest resources and most promise realize their educational goals, whether it's a two- or four-year college degree, certificate or professional license.
SOUTHERN NEW HAMPSHIRE UNIVERSITY DISCOUNT PROGRAM - 25%

Earn your degree online with Southern New Hampshire University.

- Earn an Associate's Degree, Bachelor's Degree, Master's Degree, or Certificate with online classes
- SEIU members receive a 25% reduction in undergraduate and graduate tuition
- Open to eligible SEIU members and their families
- No testing requirements (SAT/ACT or GMAT/GRE), and continuous enrollment is not required.
- Develop skills that you can apply immediately in areas like healthcare, communication, and team-building
- You can get help when you need it from a dedicated advisor.

SEIU Member Benefits and Southern New Hampshire University have teamed up to offer SEIU members an online education program for undergraduate or graduate students. Over 200 programs of study are offered, including:

- Associate's degrees in Accounting, Business Administration, Criminal Justice, Information Technology, and Marketing
- Bachelor's degrees in Business Administration, Criminal Justice, Healthcare Administration, Nursing, and Public Health
- Master's degrees in Business Administration (MBA), Clinical Mental Health Counseling (MA), Criminal Justice (MS), Curriculum and Instruction (MEd), Healthcare Administration (MS), Nursing (MSN), and Psychology (MS)
- Certificate Programs in Accounting (undergraduate & graduate), Human Resources Management (undergraduate & graduate), Project Management (graduate), and Public Administration (graduate)

*Eligible SEIU members are full dues paying members in good standing, and their spouse, domestic partner and parents thereof; children, and spouses thereof; parents, and spouses thereof; siblings, and spouses thereof; grandparents and grandchildren, and spouses thereof
Federal Student Loan Payment is NOT Paused!

For many months, student loans have undergone various and numerous changes; pauses in payments and interest, updated forgiveness requirements, and much more.

Some of the important changes and deadlines include:

While the Debt Relief Program, which aims to forgive up to $20,000 in federal student loans to eligible borrowers, is awaiting legal permission to be distributed, other federal student loan forgiveness programs are not on pause, including Public Service Loan Forgiveness (PSLF), Income-Driven Repayment Forgiveness (IDRF), and Teacher Loan Forgiveness (TLF).

Extension of Student Loan Payment Pause

While the Debt Relief Program’s legal challenges continue, the student loan payment pause has been extended. Payments are planned to resume on whichever date comes first:

• 60 days after a legal decision has been made
• September 1, 2023, if no legal decision has been announced by June 30.

One-Time Payment Count Revision for Eligible IDR Borrowers

The Department of Education will perform a one-time account adjustment to borrower accounts in July 2023 that will count time toward IDRF. This adjustment is estimated to result in automatic debt cancellation for at least 40,000 borrowers pursuing PSLF and several thousand more working towards IDRF.

Time counted will include any months in repayment status, regardless of payments made, loan type, or repayment plan, and any time in repayment prior to consolidation on consolidated loans.

If you have 12 or more months of consecutive forbearance or 36 or more months of cumulative forbearance, you will receive credit for those periods. Borrowers with non-Direct loans should apply for a Direct Consolidation Loan by May 1, 2023, to get the full benefits of the one-time adjustment.

For borrowers working towards PSLF, these changes may have an impact by increasing their qualifying payment count if working with a public employer. At the same time, those with FFEL loans can also benefit from this change by applying for consolidation by May 1, 2023.

Estimates predict that more than 3.6 million borrowers will receive at least three years of additional credit toward forgiveness through PSLF and IDRF.

Understanding and being prepared for these deadlines could save thousands in repayment and prepare you to receive the forgiveness you deserve.

Use the button below to schedule a complimentary consultation with a state-licensed counselor to discuss how to make sure you are on the best path for the forgiveness of your student loans.
Is an Alaska cruise on your bucket list? Now is the time to book!

With the Alaska cruise season quickly approaching, secure your spot before it sells out. For the best prices and smaller crowds, visit starting in April during the "shoulder season." Home to majestic wildlife and natural landscapes like Denali National Park, there are many reasons why Alaska is on every cruiser's wish list.

**Why members ❤️ Alaska:**
- Guided whale watching and wildlife tours
- Explore towering glaciers and fjords
- 5- to 11-night sailing options
- Depart from San Francisco, Vancouver or Seattle

Call *(844) 967-1077* to Book
The costs of essentials like gas, food, and rent have recently skyrocketed as inflation has risen to unprecedented highs. If you or someone you know needs help in light of the changing and challenging economy, please use and share the references below.

QUICK INFO LIST

- **2013-2014 Seniors Count Resource Guide**: Community resource guide serving the Greater Concord, Manchester, and Nashua areas.
- **A Place For Mom**: FREE Elder Care Referral Service, Connect with An Advisor in Your Area call (888) 704-7786.
- **American Red Cross - NH Chapter**: The American Red Cross is a non-profit, community service organization dedicated to providing disaster relief and emergency aid to people living in central and northern New Hampshire. Disaster preparedness for Seniors.
- **Breathe New Hampshire**: This is the state's oldest nonprofit health organization committed to eliminating lung disease and improving the quality of life for those living with lung disease. Breath NH is a local organization that provides educational programs and supports public health advocacy and scientific research to improve lung health state-wide.
- **Better Choices, Better Health**: The Chronic Disease Self-Management Program, also known as Better Choices, Better Health (BCBH). The site brings you to the Southern Area Health Education Center, which maintains information for all BCBH consumer workshops statewide. Information and contact information are included for both northern and southern NH.
- **DrugFreeNH.org**: A website designed to help individuals, families, and communities get informed, get involved, and get help! You will find information on prevention efforts, the effects of alcohol and other drugs, guidance on recovery and treatment and links to programs in the Granite State, and more.
- **EngAging NH**: EngAGING NH promotes citizen leadership and opportunities for purposeful engagement. It also advances the active involvement of NH’s older adults in the development of public policies and community infrastructure to support all of us as we age. Newsletters, ways to get involved, and more.
- **Granite State Independent Living**: A New Hampshire–based advocacy group providing information to individuals and families.
- **New Hampshire Falls Task Force**: Dedicated to reducing the risk of falling with injury among older adults. This website provides information and tools for older adults, caregivers, and providers with the goal of reducing the risk of falls and preventing falls before they happen.
- **New Hampshire Association for the Blind**: A private, statewide non-profit direct services agency whose mission is to advance the independence of persons who are blind and visually impaired.
- **New Hampshire Association of Senior Centers**: The New Hampshire Association of Senior Centers is a statewide, professional, non-profit organization dedicated to fostering the multipurpose nature of senior centers and the professional development of senior center management.
- **New Hampshire Health & Human Services Department**: Our mission is to join communities and families in providing for citizens to achieve health and independence.
- **New Hampshire Hospital Association**: The Association’s mission is to enhance the clinical and economic performance of hospitals, improve public confidence in hospitals, and expand access to coverage and care for the citizens of New Hampshire.
- **New Hampshire Housing**: Provides a list of apartments for rent through landlords who are willing to participate in the Housing Choice Voucher Program. This list is updated periodically, but there is no guarantee that the unit will still be available even though they are on this listing. Please note: New Hampshire Housing does not endorse any particular landlords or owners. Contacting and contracting with landlords, owners, or apartment managers on this list is solely the responsibility of the prospective tenant.