CELEBRATING THE 30TH ANNUAL SEA ROAD RACE & FITNESS WALK

April 1 marks the 30th Anniversary of the State Employees Association, SEA 5k for Operation Santa Claus. A lot has changed in the past 30 years, but one thing has remained constant, we have a fast and flat race course, and 100% of our net proceeds go to Operation Santa Claus.

The race starts and finishes at 27-29 Hazen Dr, Concord, NH, and is closed to traffic making it a perfect course for walkers and families.

The race would not be possible without our lead sponsor, Northeast Delta Dental. Our contributing sponsors are Anthem Blue Cross and Blue Shield, Aflac, New Hampshire Federal Credit Union, Aroma Joe's, Liberty Mutual agent Sean Kelly, and Banks Chevrolet. Our supporting sponsors are Performance Health & Spine and Granite State Glass.

The SEA 5k is the first race of the Capital Area Race Series (https://www.runcarsnh.com/). You can run the race individually or as part of the series. CARS sign-ups will also be available on race day.

Pre-registration closes at noon on March 31. Prices go up on race day. For more information, you can read more on page 8 or visit https://seiu1984.org/sea_5k/.
CONGRATULATIONS!

WORK ANNIVERSARY WISHES ARE TO CELEBRATE EMPLOYEES DEDICATED TO OUR ORGANIZATION, TEAM, AND MEMBERS! THESE EMPLOYEES HAVE BEEN DEDICATED TO THIS ORGANIZATION AND OUR MEMBERSHIP FOR TEN YEARS, AND WE CELEBRATE EVERYONE!

Employees who have recently reached a 10 year milestone:

Neil Smith 2022
John Thyng 2023
Sean Bolton 2023
Randy Hunneyman 2023
THE GOVERNOR'S proposed 10% cost of living adjustment to state employee wages is prudent, economically modest, and a necessary response to market signals on the state labor force. To suggest otherwise is to misread 40 years of state history and to deny the destructive effects of inflation that have gutted real wages for most employees.

State government is in the midst of a serious challenge to its ability to hire and retain workers. There are clear, unambiguous market signals that are the worst in the recent history of the state. The number of workers leaving state service has climbed to the highest level in at least the last 20 years. The number of resignations was 49% higher this past year than the average of the last 10 years. What's more, the majority of those resigning (61%) had fewer than 10 years of service, so the increase comes not from older, retirement-eligible workers but younger workers seeking higher wages.

The net effect is a vacancy rate of 21%, the highest in modern history and about double the typical rate of 9% to 12%. There is no hiring manager inside state government who wouldn't tell you he or she loses employees and good candidates to wage pressure.

The pressure comes, realistically, from one single source: the intense, recent inflation that increases the cost of everything and thereby creates significant wage destruction.

It is a long established and quite sensible policy of New Hampshire's state government that cost of living adjustments to wages are to be negotiated and are meant to keep up with changes to the cost of living. In 1983, as the country was coming out of a depressing high-inflation period, the governor and the union negotiated a 9% cost-of-living adjustment to mirror the compounded 9.05% increase in inflation of the prior two years.

Over the last 40 years, every contract discussion has included cost-of-living analysis and state wages have broadly kept pace. In the period from 1983 through 2018, there have been ups and downs but wages and cost-of-living kept almost perfect pace.

Wages had increased an average 2.66% per year while inflation was 2.68%. The wages of state workers over 35 years were a negligible seven-tenths of a percentage point behind. And that story is consistent no matter how you parse the data — wages always were adjusted to keep up.

But in recent years, the inflationary monster has reared its head again and real wages are declining.

Mild wage adjustments negotiated two years ago when inflation was 1.4% were overwhelmed by a recent spike to the inflation levels of 40 and 45 years ago. Wages of state workers climbed 5% in 2018-2023 while the cost of living ballooned 21% (as a check on my math, I would note that the Social Security cost-of-living adjustments have been 21.8% in that same five years). As of January, it would take a 14.5% adjustment to keep up and every month wages lose just a little more ground.

There are relevant quotes to be found across philosophical ranges from Lenin to Keynes to Milton Friedman but, as is so often the case, I favor the common sense of Margaret Thatcher: "The lesson is clear. Inflation devalues us all."

Grocer's daughter Maggie is quite right that the destructiveness of inflation is remarkably egalitarian. Every employee is economically pressured to start looking at employers whose wages have kept up. Resignations increase dramatically, vacancy rates skyrocket, and pressures are worse for the workers who stay.

In the midst of those pressures, both economic and human, the governor and 14 unions negotiated a 10% adjustment in July with an additional 2% to follow in a year. Ten plus two when wages are already behind 14% in January is hardly profligate spending. Rather, it is cautious, consistent with long standing state policy, and probably a prudent compromise on both sides of the bargaining table.

Charles Arlinghaus is the commissioner of the state's Department of Administrative Services. He lives in Canterbury.
The SEA had fourteen (14) sub-unit bargaining teams meet with the State for bargaining in November 2022. As of today, nine (9) units have reached an agreement with the State and are either completing or conducting contract ratification votes.

Two (2) of the unit teams were not able to reach an agreement with the State and have subsequently decided to withdraw from this round of negotiations.

Three (3) units remain in bargaining, with one (1) of the units moving into impasse proceedings and the other two (2) units still attempting to reach an agreement with the State.
If retirement is in your future, please consider joining SEA’s Chapter 1, the Retired Members’ chapter.

Are you thinking of retiring from public service? If retirement is in your future, please consider joining SEA’s Chapter 1, the Retired Members’ chapter by visiting: https://seiu1984.org/retiree-members/ or by scanning this code with your phone.

As members of Chapter 1, you are still counted as a member of this Association. The more members we have, the more strength this Association will have in our fights to protect and improve retiree and active member benefits.

To be a member of Chapter 1, you must be in good standing when you retire or have been a member in good standing when your bargaining unit is decertified, or you accepted an unclassified or appointed state position.

- The State does not notify the SEA of State Employee members who have retired, so we ask that you let us know.
- Those who want to get a head start on Chapter 1 membership should contact the Membership Coordinator at the union office (603-271-3411, ext. 102).
- The dues are low – currently $6 per year. Spouses can join as associate members for $3 per year and remain associate members even if the member passes away.

The chapter meets monthly except in the summer and offers informational programs and opportunities to gather for other fun activities. Joining is a good way to keep involved with each other and the active employees. Together we participate on committees, volunteer, and attend legislative hearings to represent retirees.

As an extra bonus, we receive benefits! SEA members, including Chapter 1 retirees, receive various local and regional benefits. For a list of discounts and special offers, visit the SEA website below: www.seiu1984.org/membership-discounts/
Improve your knowledge and wellness!

Join our new monthly webinar series presented by Lori Hubbard, BSN, RN, Anthem Health Coach. She will assist in providing brief education on the monthly topic, recognizing signs and symptoms, and assist in goal setting to improve your overall wellness.

Colon Health:
How to identify risk factors and improve your colon health

Objectives:
- Why is Colon Health important?
- What is colorectal cancer?
- What are the risk factors for colorectal cancer?
- How do I reduce my risk factors?
- Learn the benefits you have related to preventive care visits, site of service, and how to earn money by using Smart Shopper for these screenings.

March Dates:
Wednesday, March 22, 2023
Tuesday, March 28, 2023
All webinars will be from 12pm-12:30pm

How to join:
Microsoft Teams meeting
Join on your computer or mobile app
Click here to join the meeting

Or call in (audio only)
+1 567-249-1745,,344028488#
United States, Toledo
Phone Conference ID: 344 028 488#
Find a local number
This time of year I frequently meet with individuals to complete their Health Assessment, review health care benefits and how to access new resources that are available for 2023. I have been able to continue meeting with employees on a regular basis for individualized Nurse Health Coaching to answer health care related questions, completing their HAT, assist in chronic disease management, answer specific questions related to their health, assist in daily goal development, and connect them and or register for many resources that are available for so many conditions and lifestyle improvements. If you have any type of health care related question or concern, please do not hesitate to reach out. I am currently scheduling in person worksite health coaching appointments. If you would like to schedule a date for me to come and provide Health Coaching, please reach out and we can get your work location scheduled.

Or call in (audio only) +1 567-249-1745,,344028488# United States Phone Conference ID: 344 028 488# Find a local number | Reset PIN Complete your 2023 Health Assessment (HAT) and start earning your Health Rewards for 2023!

Mobile Health has a great new look. Come and see what you might be missing. Join on your computer or mobile app Click here to join the meeting Join with a video conferencing device attend@m.webex.com Video Conference ID: 119 854 225 8 Alternate VTC dialing instructions Wellness Webinars There is NO COPAY and appointments with me can cover any healthcare related question you have. For telehealth appointments with me, register and log in at www.livehealthonline.com. Once logged in, enter the service key “SONHHEALTHCOACH” to schedule your appointment with me under the SONH Nurse Health Coaching tile. The service key is case sensitive and can be entered either through the app or desktop version of LiveHealth Online. Take advantage of this great NO COST benefit.
This Race benefits Operation Santa Claus

In less than two weeks the SEA will hold the 30th Annual Road race and Fitness Walk to be held on **Saturday, April 1, 2023**.

If you haven’t registered, join us by registering today!

[https://seiu1984.org/sea_5k/](https://seiu1984.org/sea_5k/)
We're looking for a few folks who want to volunteer a little time to help strengthen and improve our union and our member experiences.

If that's you, please consider working on the Resolutions Committee.

Our Resolutions Committee studies all resolutions that are submitted to the Convention for consideration and submit its recommendations to the Board. The Committee doesn't meet often, but does meet prior to the Convention in order to review the information on the resolutions and make our recommendations. Virtual meetings are our preferred mode of socializing.

The Resolutions Committee is also responsible for tracking the status of all resolutions passed at a Convention and reporting to the membership at Council Meetings and Conventions on the progress of any actions those resolutions might require, until resolved.

Sign up to help! Take the survey:
https://docs.google.com/forms/d/e/1FAIpQLSdZwwXX5SzQ0SvD6k80oTXKHUWziN4pEb2UNtoqgy11KxAw/viewform
Every year since 1960, SEA/SEIU Local 1984's volunteer-led Operation Santa Claus program has ensured gifts are provided to New Hampshire children in need, regardless of circumstances.

We provided gifts for 3128 children this year alone, but simply put, we can't do it without you!

We need more help, and all are welcome. You can get involved by filling out the form [here](#). We are looking for volunteers, sponsors, and donations. Whatever you choose will be greatly appreciated!

**Who are our sponsors?**
- State, municipal, and county workers
- Individuals
- NH businesses and schools
- Recreational clubs
- Community groups

**Ways you can help**
- Sponsor a child or children
- Fundraise at work to sponsor multiple children
- Make a monetary donation
- Donate goods and services to OSC for fundraising
- Invite OSC to your workplace or community group
- Be part of the planning

*Come join me!*
The Campaign for Public Good is looking to ramp up its winter fundraising and donation campaigns with a new initiative and with the help of the assistance of the NEW SEA Veteran’s Committee!

There are currently hundreds of homeless veterans who live either unsheltered or in shelters throughout the state. Unfortunately, veterans often do not have essential personal hygiene items when they leave a shelter or transitional home.

Through January, the Campaign for Public Good and the Veteran’s committee will be joining together to collect essential personal hygiene items and toiletries to help the hundreds of local veterans who are homeless.

All donations will be delivered to our partners at Harbor Care and then distributed to qualifying veterans at the "Point in Time Count" at the end of January.

May no soldier go unloved † May no soldier walk alone † May no soldier be forgotten † Until they all come home™
.................................................................................................................Soldiers’ Angels

HELP HOMELESS VETERANS BY DONATING THE BASICS

- Personal Hygiene Items such as bath soap, shampoo, conditioner, razors, feminine products, shaving cream, baby wipes, deodorant, combs, hair brushes, nail clippers, toothpaste, toothbrushes, and more are all needed.

Please contact Cullen Tiernan at ctiernan@seiu1984.org for collection and drop-off information.

Thank You!
Volunteer or Donate

We are currently looking for anyone who is interested in helping us gather items for our winter initiatives!

We need help with:

- Collecting knitted items for donation
- Gathering warm wearable items for donation
- Making a monetary donation to the NH Food Bank, on behalf of the SEA. An $11.00 gift provides 22 meals for those in need.
- Collecting personal hygiene items for Homeless Veterans
- Delivering collected items to locations across the state

Drop off items for donation at the SEA office.

If you'd like to help or get involved, please contact Tam Feener at tamarafeener@metrocast.net

More information:

https://www.facebook.com/campaignforpublicgood/
Membership organizations thrive when members get involved. You are the ones who know and represent your community and your union best, so it’s important for your voices to be present behind the scenes. Our committees have ushered in so many successful initiatives under their current leadership, and we are excited to find the next crop of members who can continue bringing good ideas to committees that interest you!

**Want to join? Visit our "Committees page on our website at :seiu1984.org/membership/committees.**

<table>
<thead>
<tr>
<th>Committee Name</th>
<th>Meeting Date and Time</th>
<th>Registration Link</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Chapter President's Call</strong></td>
<td><strong>March 28, 2023 @ 5:00 PM</strong> Register here: <a href="https://us02web.zoom.us/j/84670752183">https://us02web.zoom.us/j/84670752183</a></td>
<td></td>
</tr>
<tr>
<td>CFPG</td>
<td>The next meeting will be on <strong>April 4, 2023</strong>.</td>
<td></td>
</tr>
<tr>
<td>Constitution and By-Laws Committee</td>
<td>The next meeting is scheduled for <strong>March 28, 2022</strong>.</td>
<td></td>
</tr>
<tr>
<td>Social Activities Committee</td>
<td>The next meeting is scheduled for <strong>April 3, 2023, @ 5:00 PM</strong>.</td>
<td></td>
</tr>
<tr>
<td>The Book Club</td>
<td>The next meeting will be on <strong>April 3, 2023, @ 6:00 PM</strong>.</td>
<td></td>
</tr>
<tr>
<td>NH Faith &amp; Labor Coalition</td>
<td>The next meeting is on <strong>April 20, 2022</strong>.</td>
<td></td>
</tr>
<tr>
<td>Clinicians United NH, Associate Members Chapter</td>
<td>The next meeting is on <strong>April 3, 2023</strong>.</td>
<td></td>
</tr>
<tr>
<td>Conservative Members Committee</td>
<td>The next meeting is <strong>April 11, 2023, at 5:30 PM</strong>.</td>
<td></td>
</tr>
<tr>
<td>The Organizing Committee</td>
<td>The next meeting is on <strong>April 5 @ 5:00 PM</strong>.</td>
<td></td>
</tr>
<tr>
<td>The next Operation Santa Claus Meeting for 2023</td>
<td>will on <strong>April 17 at 4:30 PM</strong>.</td>
<td></td>
</tr>
<tr>
<td>The Poli-Ed Committee</td>
<td>The next meeting is scheduled for <strong>April 10, 2023</strong>.</td>
<td></td>
</tr>
<tr>
<td>The Retirement Committee</td>
<td>The next meeting will be on <strong>April 18 from 5:00 - 6:30 PM</strong>; the link to join is <a href="https://us02web.zoom.us/j/81067911659">https://us02web.zoom.us/j/81067911659</a></td>
<td></td>
</tr>
<tr>
<td>The Stewards Committee</td>
<td>The next meeting is scheduled for <strong>April 20, 2023</strong>.</td>
<td></td>
</tr>
<tr>
<td>The NEW Veterans exploratory committee</td>
<td>The next meeting is scheduled for <strong>Thursday, March 30, 2023 @ 5:30 PM</strong>.</td>
<td></td>
</tr>
<tr>
<td>The next Board meeting will be, <strong>Thursday, April 13, 2023,</strong> from <strong>1:00 PM - 5:00 PM</strong>. You may join at: <a href="https://us02web.zoom.us/j/83486021328?pwd=czmxbSPVS3JMSXVPcWorZitUcFM3QT09">https://us02web.zoom.us/j/83486021328?pwd=czmxbSPVS3JMSXVPcWorZitUcFM3QT09</a>.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

All Board, Chapter Presidents, and Council Meetings have been scheduled for 2023, and the links are on the website calendar. Chapter Presidents and Council Meetings will each have a recurring link; however, registration is required for these events.
It comes with great pleasure that we announce that the State Employees’ Association, in coordination with the New Hampshire Charitable Foundation (NHCF), is now offering THREE SEA scholarship awards.

This past year we all lost a dear friend and true labor champion, John Amrol. John, the Father of Collective Bargaining, was an SEA staple. No one worked harder for us than John. He knew everything about labor and being a state employee. He worked for NH DOT and retired in 1997 after 45 years of service. He was also an SEA president from 1991-2000, and in his honor, the third SEA award was recently created.

The John Amrol scholarship is open to all members and their dependents, but preference will be given first to applicants connected to the DOT and then to any applicants pursuing a civil engineering degree.

The Joan Dolloff scholarship is open to members and dependents pursuing studies in the healthcare field.

The third and original scholarship is open to members and dependents with no additional restrictions.

All three scholarships will be awarded through NHCF’s existing scholarship application process, information for which can all be found on their website. Essentially, anyone interested can visit (https://www.nhcf.org/how-can-we-help-you/apply-for-a-scholarship/) and select the appropriate level of education they will be pursuing (certificate, license, or other credential; 2-year or Associates degree; 4-year or Bachelor’s degree) and then complete the application.

After receipt of all applications, the deadline to submit for high school seniors or undergraduates enrolling in a four-year program Bachelor’s degree is **April 14, 2023, by 5:00 PM ET.** For all applicants submitting for a 2-year program, Associates degree, certificate, or professional license, there is a rolling deadline until **December 15, 2023.**
Earn an Associate's Degree, Bachelor's Degree, Master's Degree, or Certificate with online classes
SEIU members receive a 25% reduction in undergraduate and graduate tuition
Open to eligible SEIU members and their families
No testing requirements (SAT/ACT or GMAT/GRE), and continuous enrollment is not required.
Develop skills that you can apply immediately in areas like healthcare, communication, and team-building
You can get help when you need it from a dedicated advisor.

SEIU Member Benefits and Southern New Hampshire University have teamed up to offer SEIU members an online education program for undergraduate or graduate students. Over 200 programs of study are offered, including:

- Associate's degrees in Accounting, Business Administration, Criminal Justice, Information Technology, and Marketing
- Bachelor's degrees in Business Administration, Criminal Justice, Healthcare Administration, Nursing, and Public Health
- Master's degrees in Business Administration (MBA), Clinical Mental Health Counseling (MA), Criminal Justice (MS), Curriculum and Instruction (MEd), Healthcare Administration (MS), Nursing (MSN), and Psychology (MS)
- Certificate Programs in Accounting (undergraduate & graduate), Human Resources Management (undergraduate & graduate), Project Management (graduate), and Public Administration (graduate)

*Eligible SEIU members are full dues paying members in good standing, and their spouse, domestic partner and parents thereof; children, and spouses thereof; parents, and spouses thereof; siblings, and spouses thereof; grandparents and grandchildren, and spouses thereof
**Federal Student Loan Payment is NOT Paused!**

For many months, student loans have undergone various and numerous changes; pauses in payments and interest, updated forgiveness requirements, and much more.

**Some of the important changes and deadlines include:**

While the Debt Relief Program, which aims to forgive up to $20,000 in federal student loans to eligible borrowers, is awaiting legal permission to be distributed, other federal student loan forgiveness programs are not on pause, including Public Service Loan Forgiveness (PSLF), Income-Driven Repayment Forgiveness (IDRF), and Teacher Loan Forgiveness (TLF).

**Extension of Student Loan Payment Pause**

While the Debt Relief Program’s legal challenges continue, the student loan payment pause has been extended. Payments are planned to resume on whichever date comes first:

- 60 days after a legal decision has been made
- September 1, 2023, if no legal decision has been announced by June 30.

**One-Time Payment Count Revision for Eligible IDR Borrowers**

The Department of Education will perform a one-time account adjustment to borrower accounts in July 2023 that will count time toward IDRF. This adjustment is estimated to result in automatic debt cancellation for at least 40,000 borrowers pursuing PSLF and several thousand more working towards IDRF.

Time counted will include any months in repayment status, regardless of payments made, loan type, or repayment plan, and any time in repayment prior to consolidation on consolidated loans.

If you have 12 or more months of consecutive forbearance or 36 or more months of cumulative forbearance, you will receive credit for those periods. Borrowers with non-Direct loans should apply for a Direct Consolidation Loan by May 1, 2023, to get the full benefits of the one-time adjustment.

For borrowers working towards PSLF, these changes may have an impact by increasing their qualifying payment count if working with a public employer. At the same time, those with FFEL loans can also benefit from this change by applying for consolidation by May 1, 2023.

Estimates predict that more than 3.6 million borrowers will receive at least three years of additional credit toward forgiveness through PSLF and IDRF.

**Understanding and being prepared for these deadlines could save thousands in repayment and prepare you to receive the forgiveness you deserve.**

Use the button below to schedule a complimentary consultation with a state-licensed counselor to discuss how to make sure you are on the best path for the forgiveness of your student loans.
MEMBER BENEFITS

JUST IN TIME FOR

Hotel Deals from your SEIU Member Benefits Program! https://seiumb.lifestylecollection.com/hotels/

Hotel | Resort | Cruise | Car | Air

PLAN YOUR
MEMORIAL WEEKEND
GETAWAY TODAY!

Hotels still available from $100

BOOK NOW

Book your next 3-day weekend travel now!

With summer quickly approaching, there are numerous holidays that are popular for long weekend travel, including Easter Weekend, Memorial Day and the 4th of July. Inventory is still available but book FAST before demand and rates increase. Plan early and save big on thousands of hotels and cruises.

Call (844) 967-1077 to Book

Los Angeles, CA Hotels
Visit famous attractions like the Santa Monica Pier, Hollywood and Rodeo Drive.
From $117/night
Call (844) 967-1077

Las Vegas, NV Hotels
Long Weekend Getaway: Sit back and enjoy the excitement of special events and shows.
From $115/night
Call (844) 967-1077

Orlando, FL Hotels
Soak up the fun at top theme parks while staying conveniently near the action.
From $27/night
Call (844) 967-1077

Mediterranean Cruises
Set sail on a bucket list cruise to Spain, France and Italy while only unpacking once.
7 nights from $879/person
Call (844) 967-1077
2nd Annual Anthony Debonis

MEMORIAL GOLF TOURNAMENT
Raising funds for children's cancer research.

Friday, May 19, 2023
Hidden Valley Golf Course
81 Damren Rd, Derry, NH
9:00 AM registration
10:00 AM shotgun Start

Raffles, Auctions, and $5.00 50/50 Putt Off!
Awards for Team 1st, 2nd & 3rd place, Closest to the Pin, Men's & Women's Longest Drive

Individual $125
Team of four $500

Lunch Provided
Sponsors needed:
Corporate Tee Sponsor $1000
Gold Tee Sponsor $500
Silver Tee Sponsor $250
THE ANNUAL STATE HOUSE

EASTER Egg Hunt

hop on over to join Governor Chris Sununu & his family

Saturday, April 8th | 10:00 am
State House Lawn

Meet the Easter Bunny and his friends!

Hot Chocolate, Snacks, Live Music, Face Painting, Live Music, Balloons, Prizes and Lots of fun!

Egg Hunt begins at 10 am sharp
please bring your own basket
The costs of essentials like gas, food, and rent have recently skyrocketed as inflation has risen to unprecedented highs. If you or someone you know needs help in light of the changing and challenging economy, please use and share the references below.

QUICK INFO LIST

- **2013-2014 Seniors Count Resource Guide**: Community resource guide serving the Greater Concord, Manchester, and Nashua areas.
- **A Place For Mom**: FREE Elder Care Referral Service, Connect with An Advisor in Your Area call (888) 704-7786.
- **American Red Cross – NH Chapter**: The American Red Cross is a non-profit, community service organization dedicated to providing disaster relief and emergency aid to people living in central and northern New Hampshire. Disaster preparedness for Seniors.
- **Breathe New Hampshire**: This is the state’s oldest nonprofit health organization committed to eliminating lung disease and improving the quality of life for those living with lung disease. Breath NH is a local organization that provides educational programs and supports public health advocacy and scientific research to improve lung health state-wide.
- **Better Choices, Better Health**: The Chronic Disease Self-Management Program, also known as Better Choices, Better Health (BCBH). The site brings you to the Southern Area Health Education Center, which maintains information for all BCBH consumer workshops statewide. Information and contact information are included for both northern and southern NH.
- **DrugFreeNH.org**: A website designed to help individuals, families, and communities get informed, get involved, and get help! You will find information on prevention efforts, the effects of alcohol and other drugs, guidance on recovery and treatment and links to programs in the Granite State, and more.
- **EngAging NH**: EngAGING NH promotes citizen leadership and opportunities for purposeful engagement. It also advances the active involvement of NH’s older adults in the development of public policies and community infrastructure to support all of us as we age. Newsletters, ways to get involved, and more.
- **Granite State Independent Living**: A New Hampshire-based advocacy group providing information to individuals and families.
- **New Hampshire Falls Task Force**: Dedicated to reducing the risk of falling with injury among older adults. This website provides information and tools for older adults, caregivers, and providers with the goal of reducing the risk of falls and preventing falls before they happen.
- **New Hampshire Association for the Blind**: A private, statewide non-profit direct services agency whose mission is to advance the independence of persons who are blind and visually impaired.
- **New Hampshire Association of Senior Centers**: The New Hampshire Association of Senior Centers is a statewide, professional, non-profit organization dedicated to fostering the multipurpose nature of senior centers and the professional development of senior center management.
- **New Hampshire Health & Human Services Department**: Our mission is to join communities and families in providing for citizens to achieve health and independence.
- **New Hampshire Hospital Association**: The Association’s mission is to enhance the clinical and economic performance of hospitals, improve public confidence in hospitals, and expand access to coverage and care for the citizens of New Hampshire.
- **New Hampshire Housing**: Provides a list of apartments for rent through landlords who are willing to participate in the Housing Choice Voucher Program. This list is updated periodically, but there is no guarantee that the unit will still be available even though they are on this listing. Please note: New Hampshire Housing does not endorse any particular landlords or owners. Contacting and contracting with landlords, owners, or apartment managers on this list is solely the responsibility of the prospective tenant.