WELCOME TO THE SEA NEWS

Thank you for subscribing to the SEA News, and welcome!

We’re glad you want to get to know us better. So now that you’re on our list, you’ll receive this newsletter every other week and be the first to know about all of our union happenings (HOW FANTASTIC)!

From meetings and events to bargaining updates, committee initiatives, and all of your member benefits, be prepared to be CLUED IN!
As we welcome in the new year, I wish you all a happy 2023. May your hard work, dedication and achievements make the upcoming year a successful one.

Ahead of us, we have a year full of new projects, new contracts and exciting change. Let’s continue to work hard and have a successful new year.

May we grow our organization together with efficiency and fruitfulness.

Wishing you all a year full of excellence!

Rich
Member engagement is essential for the growth of any organization, and it’s also one of the most challenging puzzles to solve. Engaged members keep renewing and increasing membership via word of mouth. This means the better the program, the more excited members say, and that excitement can be contagious, but what happens when it becomes stagnant?

So What Exactly is Member Engagement?
Everyone talks about engagement, but what is it? In simple terms, member engagement is the ongoing interaction between a member and an organization in exchange for meaningful value.

This means keeping in touch with you, our membership, through emails and meetings, often posting on social media, creating meaningful content, and inviting your participation, among other things. But essentially, it means getting your attention and reminding you of how your union adds value to your lives. It means building and strengthening the relationships you have with your union.

What Do You Think?
We have tried a lot of the traditional and some of the not-so-traditional methods of trying to keep you engaged and informed, but what do you think? Where can we do something different, and what would you like to see? What would make a difference to you to make you want to get involved?

Send us your answers at comms@seiu1984.org, and let’s see if we can change your member engagement experiences.

"Finding the right incentive for potential or current members IS difficult because what works for the member doesn’t always align with the organization’s direction."

Member benefits are a big part of the foundation of our organization because they’re the reason members join and stay. This means our benefits need to be relevant and valuable.

Is it just the Contract?
A recent study (2017 American Association for Science and Technology) of benefits that matter most to members of similar organizations broke things down by age bracket, but Millennials (1981-1998), Gen Xers (1965-1980), Boomers (1946-1964), and Matures (1945 or earlier), while of different generations, have much in common.

Gen Xers and Boomers want information; it ranks number one and two, respectively. Boomers and Matures are interested in raising awareness, and Matures are interested in the social aspects of membership, while Millennials are interested in training and what they can take away.

One interesting takeaway from this study is that the desired benefits don’t exactly match what organizations think matter most to their members. While organizations think meetings and conferences matter, they don’t rank, and socializing is only important to the oldest members. As you can see, one size does not fit all.

So again, we ask you the question - what’s most important to you as a member of SEA/SEIU1984? Is it member benefits, is it education or is it just the contract?

We’d like to know, send your responses to comms@seiu1984.org.
Get Out and Vote

Every member, every vote counts!

Vote today on your 2023-2025 Contract!
THINKING OF RETIRING?

CONSIDER JOINING CHAPTER 1

Are you thinking of retiring from state service? If retirement is in your future, please consider joining SEA’s Chapter 1, the Retired Members’ chapter.

As members of Chapter 1, you are still counted as a member of this Association. The more members we have, the more strength this Association will have in our fights to protect and improve retiree and active member benefits.

To be a member of Chapter 1, you must be in good standing when you retire or have been a member in good standing when your bargaining unit is decertified, or you accepted an unclassified or appointed state position.

- The State does not notify the SEA of State Employee members who have retired, so we ask that you let us know. Those who want to get a head start on Chapter 1 membership should contact the Membership Coordinator at the union office (603-271-3411, ext. 102).
- The dues are low - currently $6 per year. Spouses can join as associate members for $3 per year and remain associate members even if the member passes away.

The chapter meets monthly except in the summer and offers informational programs and opportunities to gather for other fun activities. Joining is a good way to keep involved with each other and the active employees. Together we participate on committees, volunteer, and attend legislative hearings to represent retirees.

As an extra bonus, we receive benefits! SEA members, including Chapter 1 retirees, receive various local and regional benefits. For a list of discounts and special offers, visit the SEA website below: www.seiu1984.org/membership-discounts/
Chapters will elect the following:

**President:** Ensure Chapter is functioning properly.

**Vice President:** Assist the President in strengthening the Chapter using your skills and talents.

**Secretary:** Serve as the link between Chapter and SEA office. Keeps the records of all the official proceedings.

**Treasurer:** Oversee the management and reporting of a Chapter’s finances.

**Councilors:** Increase communication between Members and SEA Leadership.

**Alternate Councilors:** Alternate Councilor: gather input and share information from Council Meetings.

**PLEASE VISIT OUR WEBSITE** @ https://seiu1984.org/chapter-election-2023 to find your chapter self-nomination form.

**Self-Nomination Forms must be received at the SEA by 5:00 PM on February 8, 2023**

Learn more: www.seiu1984.org/election-2023
Earn up to $500 in 2023!

State employee health plan subscribers can complete the Health Assessment Tool (HAT) on or after January 1 and earn a $200 Health Reimbursement Arrangement thru ASIFlex. State employees enrolled in the health plan can earn up to $300 in Health Reward gift cards after they complete the HAT in 2023. Register or log into Mobile Health to get started!

<table>
<thead>
<tr>
<th>What can you do?</th>
<th>What type of reward?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Assessment Tool (HAT)</td>
<td>$200 HRA Deposit</td>
</tr>
<tr>
<td>Annual Flu Vaccination*</td>
<td>$100 Amazon/MasterCard Gift Card</td>
</tr>
<tr>
<td>Mobile Health 5,000 Point Library</td>
<td>$100 Amazon/MasterCard Gift Card</td>
</tr>
<tr>
<td>Know Your Numbers Biometric Screening*</td>
<td>$100 Amazon/MasterCard Gift Card</td>
</tr>
<tr>
<td>Preventative Care Screening*</td>
<td>Up to $200 Amazon/MasterCard Gift Card</td>
</tr>
<tr>
<td>Complete Two Mobile Health Journeys</td>
<td>$100 Amazon/MasterCard Gift Card</td>
</tr>
</tbody>
</table>

*Indicates claims-based reward. Please plan and allow 45-60 days from date of service for claim to process and for reward to be applied.

Find frequently asked questions and additional Health Reward details at: https://das.nh.gov/riskmanagement/active/wellness/earn-incentives.aspx

Don’t have a mobile device?
Access the Mobile Health app from your computer:
https://www.mobilehealthconsumer.com/web/pages/login.html

Available in App Store & Google
What is a Lifestyle Spending Account?
A lifestyle spending account (LSA) is an employer funded account that allows for reimbursement of eligible expenses as defined under the plan.

Who is eligible for the State of NH Fitness Facility and Equipment LSA?
State of NH employees enrolled in the Anthem HMO are eligible.

What types of expenses are eligible for reimbursement?
Eligible expenses include two categories of expenses as follows:
1) Gym or health club facility membership dues; OR
2) Home exercise equipment that provides cardiovascular or muscular total-body workout purchased new (Treadmills, stationary cycles, bike stands, stair-climbing machines, elliptical machines, rowing machines, home gyms (Bowflex), total-body weight resistance machines, cross-country ski machines, air walkers)

How much is contributed to the account annually?
The State contributes $450 for gym or health club facility membership expenses, OR $200 for home exercise equipment expenses. Eligible employees may file a claim for reimbursement under one of these programs each calendar year, but not both.

How do I submit claims and get reimbursed?
As you incur expenses, you can submit a claim to be reimbursed. ASIFlex offers several easy ways to submit claims for reimbursement:

ASIFlex mobile app: Download the app and sign in to your account. Then, just snap a picture of your claim form and itemized statement or invoice confirming your payment, then submit a claim via the app. It’s easy and it’s fast!
ASIFlex Online: Sign in to your online account at ASIFlex.com to submit a claim.
Toll-free fax or mail: Download and complete a claim form. Then, submit it with your itemized statement. Keep a copy for your records.

The deadline for submitting claims is the April 30th following the close of the calendar year in which the expense was incurred.

Reimbursements will be made to you within three to five business days following receipt of a completed claim form and appropriate documentation. Log in to your ASIFlex account to sign up for direct deposit reimbursement to a bank account of your choice.

Get your LSA information. Instantly!
You can manage your LSA anytime, anywhere! Register to access your Account Detail at ASIFlex.com.

Sign up for email and text alerts
Sign up for direct deposit reimbursements
Access your account statement and balance
Read secure messages sent to you from ASIFlex
Submit claims

For more information on the fitness benefit, refer to the State of NH Employee Portal Wellness “Get Active!” Page at [https://das.nh.gov/riskmanagement/active/wellness/get-active.aspx](https://das.nh.gov/riskmanagement/active/wellness/get-active.aspx)
NEW INSURANCE CARDS

Remember to show it at your next medical visit!

All employees, retirees, and covered dependents enrolled in the Anthem medical plan have been sent new member ID cards for use beginning this month.

These ID cards should be used for medical services received on or after January 1, 2023. Remember to present new cards at all health visits in person or to update them for telehealth visits such as LiveHealth Online.

If you have any questions, please contact Anthem member services at 1-800-933-8415 or email stateofnh@anthem.com.
This fast, flat, family-friendly 5K loops through the state office park and around 29 Hazen Drive, Concord, NH 03301.

REGISTRATION:

$25 per Adult  
$15 S.E.A. Members  
$15 Students  
$5 ages 10 and younger

To Support Operation Santa Claus 2023

30TH S.E.A. 5 K RUN & FITNESS WALK

ONLINE REGISTRATION DEADLINE:  
Friday, Mar 31, 2023 at 12:00 NOON ET.

Please visit:  
https://www.runreg.com/sea-5k

For more information please call:  
(603) 513-2889

http://www.seiu1984.org/sea_5k/
The Campaign for Public Good is looking to ramp up its winter fundraising and donation campaigns with a new initiative and with the help of the assistance of the NEW SEA Veteran’s Committee!

There are currently hundreds of homeless veterans who live either unsheltered or in shelters throughout the state. Unfortunately, veterans often do not have essential personal hygiene items when they leave a shelter or transitional home.

Through January, the Campaign for Public Good and the Veteran’s committee will be joining together to collect essential personal hygiene items and toiletries to help the hundreds of local veterans who are homeless.

All donations will be delivered to our partners at Harbor Care and then distributed to qualifying veterans at the "Point in Time Count" at the end of January.

HELP HOMELESS VETERANS BY DONATING THE BASICS

- Personal Hygiene Items such as bath soap, shampoo, conditioner, razors, feminine products, shaving cream, baby wipes, deodorant, combs, hair brushes, nail clippers, toothpaste, toothbrushes, and more are all needed.

Please contact Cullen Tiernan at ctiernaneseiul1984.org for collection and drop-off information.

May no soldier go unloved † May no soldier walk alone † May no soldier be forgotten † Until they all come home™
.........................................................................................................................Soldiers’ Angels
Knitting For The Public Good Is Back!

Knitted or purchased warm wearable items are currently being gathered for this year's SEA donation to organizations in need. CFPG will be donating to Franklin/Tilton areas' St. Gabriel's Parish, the Concord Friendly Kitchen, and the Claremont TLC Recovery Center. Donations will be accepted through March of 2023.

We received a lot of requests last year and are looking for help from anyone who would like to knit items and donate to help the citizens of NH stay warm through the cold months. If you'd like to help, please contact Tam Feener at tamarafeener@metrocast.net.

If you'd like to help but need yarn to knit with, please reach out to Christine in the Communications department at Comms@seiu1984.org.

NH FOOD BANK

Do you know that the SEA has over 7500 members? If each member donated one non-perishable food item - we could do so much good!

The Campaign for Public Good is in the middle of a food drive to help the NH Food Bank. We ask our chapters and members to help by donating one (1) item or by making a monetary donation to the NH Food Bank, where an $11.00 gift provides 22 meals for those in need.

There is a donation box in the lobby of the SEA. In addition, you may drop off items during regular business hours. To make a monetary donation or for more information, please get in touch with Tam Feener at tamarafeener@metrocast.net.

Thank you!
SEA SOCIAL ACTIVITIES - Book Club

The Terminal List by Jack Carr

Jack Carr is a #1 New York Times bestselling author and former Navy SEAL. He lives with his wife and three children in Park City, Utah. He is the author of The Terminal List, True Believer, Savage Son, The Devil’s Hand, and In the Blood. His debut novel, The Terminal List, was adapted into the #1 Amazon Prime Video series starring Chris Pratt. He is also the host of the top-rated podcast Danger Close. Visit him at OfficialJackCarr.com and follow along on Instagram, Twitter, and Facebook at @JackCarrUSA.

Read the synopsis below courtesy of Amazon reviews.

ABOUT:

A Navy SEAL has nothing left to live for and everything to kill for after he discovers that the American government is behind the deaths of his team in this ripped-from-the-headlines political thriller that is “so powerful, so pulse-pounding, so well-written—rarely do you read a debut novel this damn good” (Brad Thor, #1 New York Times bestselling author).

On his last combat deployment, Lieutenant Commander James Reece’s entire team was killed in a catastrophic ambush. But when those dearest to him are murdered on the day of his homecoming, Reece discovers that this was not an act of war by a foreign enemy but a conspiracy that runs to the highest levels of government.

Now, with no family and free from the military’s command structure, Reece applies the lessons that he’s learned in over a decade of constant warfare toward avenging the deaths of his family and teammates. With breathless pacing and relentless suspense, Reece ruthlessly targets his enemies in the upper echelons of power without regard for the laws of combat or the rule of law.

“Told with a deft hand and a keen eye for detail, The Terminal List...is explosive and riveting” (Kevin Maurer, co-author of No East Day) and is perfect for fans of Vince Flynn, Brad Thor, Stephen Hunter, and Nelson DeMille.

If you’d like to join the SEA’s Book Club, please reach out to Andrew Moore at amoore@seiu1984.org. The next book club meeting will be Monday, February 6 at 6:00PM.
<table>
<thead>
<tr>
<th>COMMITTEE SCHEDULES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CFPG</strong> meets on the first Tuesday of every quarter at <strong>5:00 PM</strong>. The next meeting will be on <strong>April 4, 2023</strong>.</td>
</tr>
<tr>
<td><strong>Constitution and By-Laws Committee</strong> meets on the fourth Tuesday of the month at 5:30 PM; the next meeting is scheduled for <strong>January 24, 2022</strong>.</td>
</tr>
<tr>
<td><strong>Social Activities Committee</strong> will meet on the first Monday of the month from 5–6 PM. The next meeting is scheduled for <strong>February 6, 2023, @ 5:00 PM</strong>.</td>
</tr>
<tr>
<td><strong>The Book Club</strong> meets on the first Monday of each month at 6:00 PM, immediately following the Social Activities Meeting. The next meeting will be on <strong>February 6, 2023, @ 6:00 PM</strong>.</td>
</tr>
<tr>
<td><strong>NH Faith &amp; Labor Coalition</strong> meets on the third Thursday of the Month at <strong>12 noon</strong>; the next meeting is on <strong>January 19, 2022</strong>.</td>
</tr>
<tr>
<td><strong>Clinicians United NH, Associate Members Chapter</strong> meets at <strong>12 noon</strong> on the first Monday of the month; the next meeting is on <strong>February 6, 2023</strong>.</td>
</tr>
<tr>
<td><strong>Conservative Members Committee</strong> meets on the second Tuesday of each month at 5:30 PM; the next meeting is <strong>February 14, 2023, at 5:30 PM</strong>.</td>
</tr>
<tr>
<td><strong>The Organizing Committee</strong> meets on the first Wednesday of every month; the next meeting is on <strong>February 1, 2023, @ 5:00 PM</strong>.</td>
</tr>
<tr>
<td><strong>The 2022 wrap up meeting for OSC</strong> is <strong>January 23, 2023 at 4:30 PM</strong>.</td>
</tr>
<tr>
<td><strong>The Poli-Ed Committee</strong> meets on the second Monday of every month from 5:00 - 6:00 PM, the next meeting is scheduled for <strong>February 13, 2023</strong>.</td>
</tr>
<tr>
<td><strong>The Retirement Committee</strong> will meet on <strong>January 17 from 5:00 - 6:30 PM</strong>; the link to join is <a href="https://us02web.zoom.us/j/81067911659">https://us02web.zoom.us/j/81067911659</a>.</td>
</tr>
<tr>
<td><strong>The Stewards Committee meetings</strong> usually occur on the third Thursday of every month at <strong>5:30 PM</strong>. The next meeting will be on <strong>January 19, 2022</strong>.</td>
</tr>
<tr>
<td><strong>The NEW Veterans exploratory committee</strong> will meet on the last Thursday of the month. The next meeting is scheduled for Thursday, <strong>January 26, 2023</strong>.</td>
</tr>
<tr>
<td><strong>The next Board meeting</strong> will be tomorrow, <strong>Thursday, January 13, 2023, from 1:00 PM - 5:00 PM</strong>. You may join at: <a href="https://us02web.zoom.us/j/83486021328?pwd=czMxbS9VS3JiMSXVPcWorZitUeFM3QT09">https://us02web.zoom.us/j/83486021328?pwd=czMxbS9VS3JiMSXVPcWorZitUeFM3QT09</a>.</td>
</tr>
</tbody>
</table>

All Board, Chapter Presidents, and Council Meetings have been scheduled for 2023, and the links are on the website calendar. Chapter Presidents and Council Meetings will each have a recurring link; however, registration is required for these events.
We are happy to announce that EGCC is enrolling current students for the Spring 2023 Semester under the SEIU℠ Free College Benefit Program!

Students should work directly with Central State University to determine their enrollment eligibility and options.

Please contact your school below for more information.

Eastern Gateway Community College
Phone: 888-590-9009
Email: Online@egccfreecollege.org

Central State University
Phone: 877-301-3772

We will continue to provide updates as they become available via email and on this website. We hope to have additional news soon regarding your options for securing either an Associate’s or Bachelor’s degree.
**SOUTHERN NEW HAMPSHIRE UNIVERSITY DISCOUNT PROGRAM - 25%**

Earn your degree online with Southern New Hampshire University.

- Earn an Associate's Degree, Bachelor's Degree, Master's Degree, or Certificate with online classes
- SEIU members receive a 25% reduction in undergraduate and graduate tuition
- Open to eligible SEIU members and their families
- No testing requirements (SAT/ACT or GMAT/GRE), and continuous enrollment is not required.
- Develop skills that you can apply immediately in areas like healthcare, communication, and team-building
- You can get help when you need it from a dedicated advisor.

SEIU Member Benefits and Southern New Hampshire University have teamed up to offer SEIU members an online education program for undergraduate or graduate students. Over 200 programs of study are offered, including:

- Associate's degrees in Accounting, Business Administration, Criminal Justice, Information Technology, and Marketing
- Bachelor's degrees in Business Administration, Criminal Justice, Healthcare Administration, Nursing, and Public Health
- Master's degrees in Business Administration (MBA), Clinical Mental Health Counseling (MA), Criminal Justice (MS), Curriculum and Instruction (MEd), Healthcare Administration (MS), Nursing (MSN), and Psychology (MS)
- Certificate Programs in Accounting (undergraduate & graduate), Human Resources Management (undergraduate & graduate), Project Management (graduate), and Public Administration (graduate)

*Eligible SEIU members are full dues paying members in good standing, and their spouse, domestic partner and parents thereof; children, and spouses thereof; parents, and spouses thereof; siblings, and spouses thereof; grandparents and grandchildren, and spouses thereof*
In August of 2022, the federal government announced the Debt Relief Program, which aims to forgive up to $20,000 in federal student loans to eligible borrowers. This relief is currently pending legal challenges preventing its disbursement. While awaiting permission to implement the debt relief, student loan payments have been paused. Payments are planned to resume on whichever date comes first:

• 60 days after a legal decision has been made regarding the program, or
• September 1, 2023, if no legal decision has been announced by June 30.

One-Time Payment Count Revision for Eligible IDR Borrowers
The Department of Education will perform a one-time account adjustment to borrower accounts in July 2023 that will count time toward Income-Driven Repayment Forgiveness (IDRF). This adjustment is estimated to result in automatic debt cancellation for at least 40,000 borrowers pursuing Public Service Loan Forgiveness (PSLF) and several thousand more working towards Income-Driven Repayment Forgiveness (IDRF).

Time counted includes any months in repayment status, regardless of the payments made, loan type, or repayment plan, and any time in repayment prior to consolidation on consolidated loans.

If you have 12 or more months of consecutive forbearance or 36 or more months of cumulative forbearance, you will receive credit for those periods. Borrowers with non-Direct loans should apply for a Direct Consolidation Loan by May 1, 2023, to get the full benefits of the one-time adjustment.

For borrowers working towards PSLF, these changes may have an impact by increasing their qualifying payment count if working with a public service employer. At the same time, those with FFEL loans can also benefit from this change by applying for consolidation by May 1, 2023.

It is estimated that more than 3.6 million borrowers will receive at least three years of additional credit toward forgiveness through PSLF and IDRF.

Preparing for these changes could mean the difference between forgiveness or paying thousands in unnecessary payments.

Use the button below to schedule a complimentary consultation with a state-licensed counselor and discover the best plan for you.
Save on your next vacation with reduced rates, shore excursion credits, bonus perks and deals on cruises, luxury resorts and hotel stays.

PLUS, spend $250 and receive $250 Reward Credits in your account for future travel!

Call (844) 967-1077 to book.

Don’t forget about our concierge services – Let us do the work!
We take customer service seriously. That’s why our industry-recognized Concierge ensures your satisfaction, every step of the way.

What our service provides:
- Expert recommendations
- No pressure to book or buy
- Reservation management
- Transportation assistance
- Booking modifications
- Always a pleasant experience

We look forward to helping you plan and book your next adventure, and remember, we’re just one call away!

---

**Orlando, FL Hotels**

**Up to 60% off:** Conveniently stay near the theme parks and attractions for fun-filled days.

**From $30/night**

Call (844) 967-1077

---

**Bahamas Cruises**

Join the fun with sailing options from Florida, New York, Maryland, Texas and more.

**5 nights from $299/person**

Call (844) 967-1077

---

**Hawaii Cruises**

Discover the best of Hawaii — unpack once and visit multiple islands for a great price.

**7 nights from $483/night**

Call (844) 967-1077
**SEIU Group Term Life Insurance Plan**
The SEIU Group Term Life Insurance Plan, issued by The Prudential Insurance Company of America, is an economical way to help safeguard yourself and your family.

---

**Do you have a private student loan?**
Take control of your private student loan debt with The SEIU Student Loan Refinance Program.

Are you looking to refinance your private student loans? Consolidating your private student loan payments could save you time, energy—and money.

---

**What Is Financial Wellness?** It’s the peace of mind by living well today and planning for tomorrow.

**How do you achieve it?** By balancing your saving and spending.

Explore how well you’re spending, planning and protecting your money and assets, and get tips to do better. Our new Financial Wellness Program, which is offered through our partnership with The Prudential Insurance Company of America, provides articles and videos to help SEIU members with questions about:

- **Managing Debt.** Build a better relationship with your money...one step at a time. You don't have to give up your happiness.
- **Savings and Investing.** Make strong decisions with money to achieve your goals and wishes. Learn how to manage and grow your wealth.
- **Family Finances.** Money, love, needs, life... These are the factors of day-to-day money management. Find balance.
- **Retirement Planning.** Near or far in the future, you'll need to be ready. Enjoy today, while you prepare for a secure and happy retirement.
- **Preparing and Protecting.** A little thought and care goes a long way toward peace of mind. Be ready for whatever life throws your way.
The costs of essentials like gas, food, and rent have recently skyrocketed as inflation has risen to unprecedented highs. If you or someone you know needs help in light of the changing and challenging economy, please use and share the references below.

QUICK INFO LIST

- **2013-2014 Seniors Count Resource Guide**: Community resource guide serving the Greater Concord, Manchester, and Nashua areas.
- **A Place For Mom**: FREE Elder Care Referral Service, Connect with An Advisor in Your Area call (888) 704-7786.
- **American Red Cross - NH Chapter**: The American Red Cross is a non-profit, community service organization dedicated to providing disaster relief and emergency aid to people living in central and northern New Hampshire. Disaster preparedness for Seniors.
- **Breathe New Hampshire**: This is the state’s oldest nonprofit health organization committed to eliminating lung disease and improving the quality of life for those living with lung disease. Breath NH is a local organization that provides educational programs and supports public health advocacy and scientific research to improve lung health state-wide.
- **Better Choices, Better Health**: The Chronic Disease Self-Management Program, also known as Better Choices, Better Health (BCBH). The site brings you to the Southern Area Health Education Center, which maintains information for all BCBH consumer workshops statewide. Information and contact information are included for both northern and southern NH.
- **DrugFreeNH.org**: A website designed to help individuals, families, and communities get informed, get involved, and get help! You will find information on prevention efforts, the effects of alcohol and other drugs, guidance on recovery and treatment and links to programs in the Granite State, and more.
- **EngAGING NH**: EngAGING NH promotes citizen leadership and opportunities for purposeful engagement. It also advances the active involvement of NH’s older adults in the development of public policies and community infrastructure to support all of us as we age. Newsletters, ways to get involved, and more.
- **Granite State Independent Living**: A New Hampshire-based advocacy group providing information to individuals and families.
- **New Hampshire Falls Task Force**: Dedicated to reducing the risk of falling with injury among older adults. This website provides information and tools for older adults, caregivers, and providers with the goal of reducing the risk of falls and preventing falls before they happen.
- **New Hampshire Association for the Blind**: A private, statewide non-profit direct services agency whose mission is to advance the independence of persons who are blind and visually impaired.
- **New Hampshire Association of Senior Centers**: The New Hampshire Association of Senior Centers is a statewide, professional, non-profit organization dedicated to fostering the multipurpose nature of senior centers and the professional development of senior center management.
- **New Hampshire Health & Human Services Department**: Our mission is to join communities and families in providing for citizens to achieve health and independence.
- **New Hampshire Hospital Association**: The Association’s mission is to enhance the clinical and economic performance of hospitals, improve public confidence in hospitals, and expand access to coverage and care for the citizens of New Hampshire.
- **New Hampshire Housing**: Provides a list of apartments for rent through landlords who are willing to participate in the Housing Choice Voucher Program. This list is updated periodically, but there is no guarantee that the unit will still be available even though they are on this listing. Please note: New Hampshire Housing does not endorse any particular landlords or owners. Contacting and contracting with landlords, owners, or apartment managers on this list is solely the responsibility of the prospective tenant.