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The SEA's Annual Convention Recognition

At this year’s annual convention, the SEA recognized the following individuals and members for outstanding service.

The Charlie Stevens Memorial Award went to Beth Esochaghi for Outstanding Chapter President Chapter 77, The New Hampshire Department of Insurance received recognition for Outstanding Chapter of the Year. The Raymond E. Proulx Political Action Award went to Karen Irwin, and last but certainly not least, the John B. Parker Memorial Award for Outstanding Member of the Year went to Christopher Tsoukalas from the Department of Transportation, pictured on the right with President Rich Gulla.

Congratulations to All!

SEA SPECIAL BOARD ELECTION

DECEMBER COUNCIL MEETING NOTICE!

The next SEA Council meeting will be held on December 8th; registration will be at 6:00 PM, and the meeting will start at 6:30 PM. This meeting will be a hybrid meeting for all councilors and is already scheduled in the SEA calendar, the meeting will be held at the SEA Office, 207 N. Main Street, Concord, NH.

Please RSVP to Beth Aborn if you plan to be at the meeting in person at baborn@seiu1984.org.

All Councilors may join the zoom meeting with the link below.
https://us02web.zoom.us/j/82085941571

ELECTIONS AHEAD

ELECTIONS FOR THE FOLLOWING POSITIONS ON THE BOARD OF DIRECTORS WILL BE CONDUCTED DURING THIS MEETING:

- Director – Executive Branch
  (one position, remainder of three-year term, 2025)
- Private Sector
  (one position, remainder of three-year term, 2024).
Introducing our self-service website portal

We have experienced questions from several members who mistakenly unsubscribed from ALL our emails, thinking that they only unsubscribed from a specific type of email they may not have wanted to receive.

Unfortunately, when someone uses the "Unsubscribe" button from the bottom of the email, it unsubscribes them from our communications. It was also difficult to change that status once done. The good news is that you can now subscribe to our emails using the new Self-Service Portal.

To make your changes, please follow the link below. It will now allow you to edit your personal preferences in our system, including your subscribed and unsubscribed email addresses. Again, using the link below, you will follow the steps and be able to edit as necessary.

https://secure.everyaction.com/p/rsiabw8dyUy6iG1mDaMydw2

Follow The steps below:
- Enter your email address in the field and press submit.
- You will then receive an email at the address that you entered. The link in the email can only be used once and will expire after 24 hours. So make sure you are ready to go through the steps when you do it.
- Once you access the self-service portal, bookmark or save the link to your browser for future use.
- Inside the portal, you will find ways to change your email address, subscribe/unsubscribe, and add or change phone numbers or addresses.

After you make these changes, we ask that you please email techdept@seiu1984.org and let Michael know what changed so that we can address it adequately in our other database and bring them up to date.

Zoom install for computer: https://zoom.us/client/5.12.8.10232/ZoomInstallerFull.exe

As of November 8th, Zoom now requires meeting attendees to be on the newest version of Zoom 5.12.8 (10232) to be able to attend meetings. To update your Zoom, please use the link above and download the newest version to your computer. If it will not work after installing, use this app called, CleanZoom (here is the link for it) https://support.zoom.us/hc/en-us/article_attachments/360084068792/CleanZoom.zip, which will delete the old version of Zoom rom your computer. After which you can rerun your install of Zoom from the download on your computer, and it will install the newest version.
Election Update

Election 2022
SEA Endorsement Results
(130 Total Endorsements)

Federal Delegation 3/3
Executive Council 1/5

NH Senate: Totals 10 Endorsees won, 10 lost, Senate looks to be 14-10 Split
NH House: Current total 203-197 Recounts Looming: 8 Races under 8 Votes
(Every Vote Counts!) 91 Endorsements 56 Wins 35 Losses

NOTICE

CHAPTER PRESIDENT'S CALL

November 29th @ 5:00 PM

Register here:
https://us02web.zoom.us/meeting/register/tZOrfugnOoH9WvAuktHZUvIXyBww18l4
On Tuesday, November 15th, your SEA master bargaining team, made up of your fellow State employees, met with the State’s bargaining team to present initial proposals. Proposal topics include wage increases, adding steps to the existing pay matrices, the addition of Juneteenth as a State holiday, the addition of a retention payment and increasing longevity payments, expanding the amount of sick leave that can be used for dependent care, and telework.

Thanks to the members who responded to the bargaining survey this summer, we were able to communicate a strong position regarding members’ sentiments on the need for a transparent and a consistent approach to the State’s telework policy.

Due to the challenges that State employees have faced over the last several bargaining cycles, the aim of our proposed wage increase is to provide a meaningful financial adjustment to all, particularly those most affected by inflation rates.

Please pass this information on to your coworkers and be on the lookout for future bargaining updates.

If you have any questions, please reach out to:
Randy Hunneyman (603) 892-5319 / rhunneyman@seiu1984.org
Leah McKenna / lmckenna@seiu1984.org

In solidarity,
Your Master Bargaining Team

Alisa Druzba, Health & Human Services
Betty Vanlandingham, Employment Security
Darby VanAmburg, Safety
David Burris, Corrections
David Rys, Information Technology
Garret Graaskamp, Fish & Game
Greg Ives, Employment Security
Heather Fairchild, Health & Human Services
Kristy Blanchette, Employment Security
Nikki Gauthier, Health & Human Services
Zachary Branscom, Safety
On Monday, September 19, lightning struck the home of one of our own, Shannon Perkins. Thankfully, both Shannon and his dog made it out safe but the home and all possessions were lost.

Shannon grew up in Clifton Park, he graduated in 1989 and served in the Air Force. He relocated to the west coast and after the passing of his father returned to Rumney, NH, where he has lived in his family's generational home ever since.

Shannon is an SEA member who works at the Glencliff Home, he is president of his chapter and is a strong and active SEA supporter.

Please help Shannon if you can by donating to the Go Fund Me page this his friends have set up here: https://gofund.me/6b830331

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Laurie Pelletier, Chapter 45 President of the SEA, has created a Go Fund Me page for Christa Clapp and her family. Christa is a long-standing employee of the State of NH and a member of the SEA. Christa has dedicated her life to helping others. Unfortunately, she and her family lost their home and all personal items to a fire on 10.11.22.

They need to replace clothing and personal items. However, their town and the Red Cross have helped, but they could certainly use some additional financial support. You may donate by clicking: https://gofund.me/8cc19cce

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Fire recovery fund for Shannon Perkins

On Monday, September 19, lightning struck the home of one of our own, Shannon Perkins.

Thankfully, both Shannon and his dog made it out safe but the home and all possessions were lost.

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He relocated to the west coast and after the passing of his father returned to Rumney, NH, where he has lived in his family's generational home ever since.

Shannon is an SEA member who works at the Glencliff Home, he is president of his chapter and is a strong and active SEA supporter.

Please help Shannon if you can by donating to the Go Fund Me page this his friends have set up here: https://gofund.me/6b830331
Members of the Department of Transportation, Chapter 17, Raise Funds for Operation Santa Claus to Honor the Fallen

This past year the Department of Transportation, Chapter 17 lost three of their own, Hiram Bickford, Scott Marshall, and Kent Rinfret.

This year in their honor, the chapter is raising money to donate in their names to Operation Santa Claus. If anyone would like to add additional funds to this donation, they are hoping to raise at least $1000.00, you may do so by writing a check to Operation Santa and making a note in the "memo" section of the check stating "Donation for Chapter 17." All donation may be mailed to the SEA Office, C/o Operation Santa.
State of New Hampshire Employee 2022 Wellness Benefit Series

Diabetes Prevention Programs

• 100% covered benefit for qualifying employees and dependents
• Weekly lessons and access to personal health coaching
• Tools like a wireless scale or activity tracker
• Providers ranging from WW, Virgin Pulse and Granite Y
• 5-7% weight loss through modest changes to diet and activity

Presented by: Michael Loomis, MPH Wellness Program Administrator

Division of Risk and Benefits, Dept. of Administrative Services

Tuesdays in November: 12:30-1:00pm

Microsoft Teams meeting
Join on your computer, mobile app or room device
Click here to join the meeting

Or call in (audio only)

+1 603-931-4944,,310176602#
United States, Concord

Phone Conference ID: 310 176 602#
Find a local number| Reset PIN
State of New Hampshire Employee Wellness Webinar Series

Improve your knowledge and wellness!

Join our new monthly webinar series presented by Lori Hubbard, BSN, RN, Anthem Health Coach. She will assist in providing brief education on the monthly topic, recognizing signs and symptoms, and assist in goal setting to improve your overall wellness.

All webinars will be from 12pm-12:30pm

November Webinar

Diabetes Awareness and Prevention: What you need to know...

- What is diabetes.
- What are the different types of diabetes.
- How do I decrease my risk for Type II diabetes.
- I have diabetes now what...how to manage my daily lifestyle.
- What resources are available to decrease my risk of Type II diabetes and for living with diabetes.

November Dates:

Wednesday  November  16
Monday  November  21
Tuesday  November  22
Monday  November  28
Tuesday  November  29

How to join:

Microsoft Teams meeting
Join on your computer or mobile app
Click here to join the meeting

Or call in (audio only)
+1 567-249-1745,,344028488#

United States, Toledo
Phone Conference ID: 344 028 488# Find a local number
Flu Prevention: A Guide on Where you can get Vaccinated

Everyone 6 months of age and older should get a flu vaccine every season, especially people at high risk. Flu vaccination can keep you and loved ones from getting sick with flu and reduce the risk of flu-associated hospitalization.

If you are covered by State employee medical benefits, use Anthem or Express-Scripts to cost cover flu vaccination. There are several options where you can get vaccinated for the flu at no charge. Please contact these locations to confirm availability, scheduling, and coverage.

<table>
<thead>
<tr>
<th><strong>Primary Care Provider (PCP)</strong></th>
<th>Contact your PCP or health care provider to schedule a vaccination. Often providers will arrange walk-in clinics or nurse-only that last 10-15 minutes per visit. Your medical coverage through Anthem will cover 100% of the cost for in-network providers.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pharmacy</strong></td>
<td>Vaccinations are available as part of your prescription drug benefit plan and covered 100% if you go to a participating pharmacy. To locate a participating pharmacy, contact Express Scripts at 866.544.1798</td>
</tr>
<tr>
<td><strong>Community Clinics</strong></td>
<td>If you can’t schedule a vaccination with your provider, choose from these centers or clinics for walk-in or appointments. Most are open weeknights and weekends. Call Anthem customer service at 800-933-8415. Examples include Convenient MD, ClearChoice MD, CVS MinuteClinic, or Concentra.</td>
</tr>
<tr>
<td><strong>Walk-in Centers, Retail Health Clinics, or Urgent Care</strong></td>
<td>Providers such as the Manchester and Nashua Health Departments, Visiting Nurse Associations, and other health care providers facilitate community clinics. Contact them directly or call 2-1-1 NH for comprehensive information and referral services or visit <a href="http://www.211nh.org">www.211nh.org</a>.</td>
</tr>
<tr>
<td><strong>Vaccine Finder</strong></td>
<td>Find flu vaccines in your area at <a href="https://www.vaccines.gov/find-vaccines">https://www.vaccines.gov/find-vaccines</a></td>
</tr>
</tbody>
</table>
THINKING OF RETIRING?

CONSIDER JOINING CHAPTER 1

Are you thinking of retiring from state service? If retirement is in your future, please consider joining SEA’s Chapter 1, the Retired Members’ chapter.

As members of Chapter 1, you are still counted as a member of this Association. The more members we have, the more strength this Association will have in our fights to protect and improve retiree and active member benefits.

To be a member of Chapter 1, you must be a member in good standing at the time you retire or have been a member in good standing at the time your bargaining unit is decertified, or you accepted an unclassified or appointed state position.

- The State does not notify the SEA of State Employee members who have retired, so we ask that you let us know. Those who want to get a head start on Chapter 1 membership, should contact the Membership Coordinator at the union office (603-271-3411, ext. 102).
- The dues are low – currently $6 per year. Spouses can join as associate members for $3 per year and can remain associate members even if the member passes away.

The chapter meets monthly except in the summer and offers informational programs and opportunities to gather for other fun activities. Joining is a good way to keep involved with each other and with the active employees. Together we participate on committees, volunteer, and attend legislative hearings to represent retirees.

As an extra bonus, we receive benefits! SEA members, including Chapter 1 retirees, receive various local and nationwide benefits. For a list of discounts and special offers, visit the SEA and SEIU websites below: www.seiu1984.org/membership-discounts/
<table>
<thead>
<tr>
<th>Committee</th>
<th>Meeting Time</th>
<th>Next Meeting Date</th>
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</thead>
<tbody>
<tr>
<td>CFPG</td>
<td>5:00 PM</td>
<td>January 3, 2022</td>
</tr>
<tr>
<td>Constitution and By-Laws</td>
<td>5:30 PM</td>
<td>November 22, 2022</td>
</tr>
<tr>
<td>Social Activities Committee</td>
<td>5:00 PM, 6:00 PM</td>
<td>December 5, 2022</td>
</tr>
<tr>
<td>Book Club</td>
<td>6:00 PM, immediately following Social Activities Meeting</td>
<td>December 5, 2022, @ 6:00 PM</td>
</tr>
<tr>
<td>NH Faith &amp; Labor Coalition</td>
<td>12 noon</td>
<td>November 16, 2022</td>
</tr>
<tr>
<td>Clinicians United NH,</td>
<td>12 noon</td>
<td>December 5, 2022</td>
</tr>
<tr>
<td>Conservative Members</td>
<td>5:30 PM, 6:00 PM</td>
<td>December 13, 2022</td>
</tr>
<tr>
<td>Organizing Committee</td>
<td>5:00 PM</td>
<td>December 7, 2022</td>
</tr>
<tr>
<td>Operation Santa Claus</td>
<td>4:30 PM</td>
<td>November 21, 2022</td>
</tr>
<tr>
<td>Poli-Ed Committee</td>
<td>5:00 - 6:00 PM</td>
<td>December 12, 2022</td>
</tr>
<tr>
<td>Retirement Committee</td>
<td>5:00 PM, 6:30 PM</td>
<td>December 20th, 2022</td>
</tr>
<tr>
<td>Stewards Committee</td>
<td>6:30 PM</td>
<td>November 17, 2022</td>
</tr>
<tr>
<td>NEW Veterans Exploratory</td>
<td>12 noon</td>
<td>Thursday, December 1, 2022, it has been rescheduled due to the Thanksgiving Holiday</td>
</tr>
<tr>
<td>Next Board Meeting</td>
<td>1:00 PM - 5:00 PM</td>
<td>Thursday, December 8, 2022</td>
</tr>
</tbody>
</table>

All Board, Chapter Presidents, and Council Meetings have been scheduled for 2022, and the links are on the website calendar. Chapter Presidents and Council Meetings will each have a recurring link; however, registration is required for these events.
Operation Santa Claus

Operation Santa Claus Delivery Day

is scheduled for

Tuesday, December 13, 2022

If you'd like to assist, please contact Rebecca Baker at

baker.rebecca2022@gmail.com

or visit

https://www.facebook.com/OperationSantaClausNH

http://www.operationsantanh.org/
Save the Date

On Saturday, December 3, 2022 join members of the SEA Veterans committee for the annual Blue Star Mother's of NH wreath placement. Members of the committee will be participating and they welcome any other members who would like to participate as well. For more information please contact Justin Jardine, jjardine@seiu1984.org

BLUE STAR MOTHERS OF NH WREATHS FOR BOSCAWEN

Wreaths for Boscawen is a day to honor our veterans and their family members who are laid to rest in our NH State Veterans Cemetery. Each year, the Blue Star Mothers of New Hampshire sponsors Wreaths for Boscawen. This event is intended to bring the community together to honor the veterans and family members interred at the NH State Veterans Cemetery and throughout the world.

SAY THEIR NAMES OUT LOUD.
PRAISE THEIR SERVICE AND SACRIFICE.
MOST OF ALL...NEVER FORGET THEM.

The Blue Star Mothers of NH purchase wreaths from a local vendor to ensure high quality and to support NH jobs and communities. If you would like to donate towards a wreath, click here to download the donation form. The Blue Star Mothers of NH uses 100% of your donation on the Wreaths for Boscawen program.
COMMITTEE UPDATES

Book Club

Just in time for the holiday, the SEA Book Club's next read is *Mayflower* by Nathaniel Philbrick. If you’d like to join the SEA’s Book Club, please reach out to Andrew Moore at amoore@seiu1984.org. The next book club meeting will be Monday, December 5 at 6:00PM.

From the perilous ocean crossing to the shared bounty of the first Thanksgiving, the Pilgrim settlement of New England has become enshrined as our most sacred national myth. Yet, as bestselling author Nathaniel Philbrick reveals in his spellbinding new book, the true story of the Pilgrims is much more than the well-known tale of piety and sacrifice; it is a fifty-five-year epic that is at once tragic, heroic, exhilarating, and profound. The Mayflower's religious refugees arrived in Plymouth Harbor during a period of crisis for Native Americans as disease spread by European fishermen devastated their populations. Initially the two groups—the Wampanoags, under the charismatic and calculating chief Massasoit, and the Pilgrims, whose pugnacious military officer Miles Standish was barely five feet tall—maintained a fragile working relationship. But within decades, New England would erupt into King Philip's War, a savagely bloody conflict that nearly wiped out English colonists and natives alike and forever altered the face of the fledgling colonies and the country that would grow from them.

Donate! TO THE NH FOOD BANK

We are asking our chapters and members to help by making a monetary donation to the NH Food Bank, where an $11.00 gift provides 22 meals for those in need. OR make a donation by dropping off canned goods and non-perishable items to the SEA during October and November. A donation box is in the front lobby. To make a monetary donation or for more information, please contact Tam Feener at tamarafeener@metrocast.net.

You can find the donation form [here](#).
CAMPAIGN FOR PUBLIC GOOD

The Campaign for Public Good is looking to ramp up its fall fundraising and donation campaigns by starting off with some annual favorites! Please see below for the details!

Help Homeless Veterans by Donating the Basics

There are currently hundreds of homeless veterans who live either unsheltered or in shelters throughout the state. Unfortunately, veterans often do not have basic personal hygiene items when they leave a shelter or transitional home.

Through December 31st, the Campaign for Public Good and the New veteran's committee will be joining together to collect basic personal hygiene items and toiletries to help the hundreds of local veterans who are homeless. All donations will be delivered to our partners at Harbor Care and then distributed to qualifying veterans at the "Point in Time Count" at the end of January.

- Personal Hygiene Items such as bath soap, shampoo, conditioner, razors, feminine products, shaving cream, baby wipes, deodorant, combs, hair brushes, nail clippers, toothpaste, toothbrushes, and more are all needed.
- Please get in touch with Cullen Tiernan at ctiernan@seiu1984.org for collection and drop-off information.

Knitting For The Public Good Is Back!

Knitted or purchased warm wearable items are currently being gathered for this year's SEA donation to organizations in need. CFPG will be donating to Franklin/Tilton areas' St. Gabriel's Parish, the Concord Friendly Kitchen, and the Claremont TLC Recovery Center.

Donations will be accepted between November and March 2023.

We received a lot of requests last year and are looking for help from anyone who would like to knit items and donate to help the citizens of NH stay warm through the cold months. If you'd like to help, please contact Tam Feener at tamarafeener@metrocast.net.

If you'd like to help but need yarn to knit with, please reach out to Christine in the Communications department at Comms@seiu1984.org.
Upcoming Holiday Events Near You!

Annual Christmas craft fair in support of the Penacook Food Pantry and Concord Coalition to End Homelessness

The United Church of Penacook, at the corner of Community Drive and Canal Street in Penacook, will hold a Christmas Craft Fair and Bake Sale on November 12 from 9:00 am to 3:00 pm. Crafters will offer home décor, holiday decorations, knit/crochet hats, mittens, scrubbers, printed tees, totes, stuffed toys, jams and jellies, wool felted hats and accessories, handbags, artisan soaps, and more. There will also be a bake sale. Proceeds support the United Church Food Pantry and the Concord Coalition to End Homelessness.

Christmas at The Fells Decorator Showhouse 2022

Christmas at The Fells returns in 2022 and we are thrilled to hold this wonderful celebration. Christmas comes early to the John Hay Estate at The Fells each year with our Decorator Showhouse. Come and tour The Fells Main House this November and get inspired for the holidays.

The decorated house is open Weekdays, 1-3 pm and Weekends 10 am - 3 pm from Saturday, November 5th through Sunday, November 13th. Tickets are $25 for Adults and $8 for children (under 5 are free.) Tickets may be purchased at the door or online. Purchase your ticket on-line before November 1st and save $5 per adult. Tickets are valid for admission at any time, no reservations are necessary for a tour or for lunch in our Café.

Nashua's Winter Holiday Stroll is back!

Save the date! The 27th year of this event will take place on the Saturday after Thanksgiving... November 26th, 2022.

White Christmas at the Omni Mount Washington Hotel

December 4-6, 2022

Put this tour on your HOLIDAY WISH LIST! Experience a traditional White Christmas in New Hampshire’s White Mountains. Staying at the Omni Mount Washington Resort is a vacation in itself, but this tour includes so much more with tree trimming, wreath making, cookie decorating, holiday train ride and more!

Charlie Brown Jazz Christmas

December 15 @ 6:00 pm - 9:30 pm - cost: $25

Based in Conway, NH, The Heather Pierson Jazz Trio (Heather, piano and vocals; Shawn Nadeau, bass; Craig Bryan, drums) performs a rich variety of Heather’s originals, jazz and blues standards, and unique re-workings of familiar American music. In their annual December offering, they share their interpretation of Vince Guaraldi’s iconic soundtrack of ‘A Charlie Brown Christmas’ plus other Guaraldi compositions and holiday favorites.
MEMBER BENEFITS

UPDATED MEMBER BENEFITS JUST FOR YOU!

AVIS Car Rental
Members can save UP TO 25% OFF Base Rates at Avis. Click on the link below or call 800-331-1212 and use discount code AWD#: D134100.
https://rentalperks.com/discounts/avis
https://retailcodes.com/retailers/avis

BUDGET Car Rental
Members can save Up to 25% OFF Base Rates at Budget. Click on the link below or call 800-455-2848 and use discount code BCD#: Z408900.
https://rentalperks.com/discounts/budget
https://retailcodes.com/retailers/budget-car-rental

HERTZ Car Rental
Members can save Up to 25% OFF Base Rates at Hertz. Click on the link below or call 800-654-2210 and use discount code CDP#: 1742729.
https://rentalperks.com/discounts/hertz
https://retailcodes.com/retailers/hertz

BOOKING.COM
Special Member pricing of up to 40% off select hotels worldwide on Booking.com.
https://rentalperks.com/discounts/booking-com

EXPEDIA.COM
Members can save 8% OFF select hotels at Expedia.com.
https://rentalperks.com/discounts/expedia

CORPORATE SHOPPING EMPLOYEE DISCOUNTS
Corporate Shopping connects members to over 250 top national retailers offering incredible employee discounts and private offers.
A few popular retailers include: Costco, Sam's Club, Chase Mortgage, Avis, Hertz, Budget, Expedia.com, 1800Flowers, Walt Disney World, HP Employee Purchase Program, Lenovo, Dell Member Purchase Program & Many More!
https://corporateshopping.com

LENOVO
Member discounts on innovative tech by Lenovo, the #1 PC maker in the world. Take advantage of everyday savings up to 35% off while supplies last, with additional savings monthly and seasonally.
https://rentalperks.com/discounts/lenovo

HP EMPLOYEE PURCHASE PROGRAM
The HP Employee Purchase Program (EPP) offers HP consumer products at discounts typically up to 10% off starting prices. Use Code: EP17047 when registering.
https://rentalperks.com/discounts/hp-employee-purchase-program
Navigating Medicare’s plans, benefits, and enrollments can be challenging and time consuming. Fully understand your Medicare rights with data-driven, fact-based information from Medicare industry experts and health professionals. We provide expert Medicare education and counseling so you can make the best choices for you and your loved ones.

Our free resource, reviewed by experts, helps inform seniors and people with disabilities about how Medicaid works with Medicare. We also cover the dual eligibility standards, how to apply, and most importantly, the associated costs.

You can view the guides here:

On Friday, October 21, 2022 Eastern Gateway Community College was granted a preliminary injunction against the U.S. Department of Education’s cease-and-desist action.

Based on this ruling Eastern Gateway Community College indicated they will enroll students for the Spring 2023 term under the Free College Benefit.

Students should work directly with their school to determine their enrollment eligibility and options.

Eastern Gateway Community College
Additional information can be found here: https://egcc.edu/press-release/
- Call 888-590-9009 or Email Online@egccfreecollege.org.

If you have questions about the Program, please contact the SEIU Member Benefits Member Advocacy Center at 844-836-7348. If SEIU Member Benefits can’t help, we will funnel the question to the right contact at our partner organizations. If you would like to speak directly with one of our partners, they can be reached at the following phone numbers:

- Student Resource Center (Best for prospective students or those in the enrollment process) 855-469-SEIU (7348)
- Eastern Gateway Community College 888-590-9009 or email Online@egccfreecollege.org
- Central State University 877-301-3772 or email hdixon@centralstate.edu for new students and amcswain@centralstate.edu for returning students.

We will continue to provide updates as they become available via email and on this website and hope to have additional news soon regarding your options for securing either an Associate’s or Bachelor’s degree.
Earning your degree can be challenging with a busy work/life schedule. So SEIU has partnered with SNHU to reinvent higher education your way – offering quality online college programs that aren’t just affordable but flexible. So now it’s easier than ever to gain the degree of work-relevant skills you need to succeed.

Our partnership with Southern New Hampshire University is a 25% discount on all courses at SNHU. This would bring tuition for undergraduate-level classes from $960.00 to $720.00. For graduate-level courses, this would bring the tuition per course from $1,881.00 down to $1,411.00. You can view all of our information for this partnership by visiting this link: https://www.snhu.edu/lp/workforce-partnerships/seiu.

If you have any other questions or concerns, please do not hesitate to reach out to our team. We are more than happy to assist. Our office is open seven (7) days a week until midnight eastern standard time. We can be reached at (877)-455-7648 or at studentfinance@snhu.edu.
The end of October marked the end of the Public Service Loan Forgiveness limited waiver. However, there is still plenty to be aware of regarding student loans:

The CARES Act Ends on December 31, 2022
On March 27, 2020, the federal government passed the CARES Act, which put a pause on payments and interest for most federal student loans. After multiple extensions, payments are set to resume after December 31, 2022. After over two years of pause on payments, borrowers must plan accordingly.

Biden’s $10,000-20,000 Loan Cancellation
Per Studentaid.gov: "The U.S. Department of Education will provide up to $20,000 in debt cancellation to Pell Grant recipients with loans held by the Department of Education and up to $10,000 in debt cancellation to non-Pell Grant recipients. Borrowers are eligible for this relief if their income is less than $125,000 or $250,000 for households." While this relief is currently awaiting a decision from a U.S. appeals court before being dispersed, borrowers are still able to apply now. Cancellation will be automatic for those whose income information is already on file with the Department of Education; those who do not or are unsure can find the application on Studentaid.gov. The deadline to submit your application is December 31, 2023.

Forgiveness Options Still Available
- Public Service Loan Forgiveness (PSLF)
- Income-Driven Repayment Forgiveness (IDRF)
- Teacher Loan Forgiveness (TLF)

You can learn more and discover the plan that fits you best by scheduling a complimentary consultation with one of our state-licensed counselors by clicking the button below.

Schedule Your Appointment
State of NH Resources

The costs of essentials like gas, food, and rent have recently skyrocketed as inflation rose to an unprecedented 9.1% in June. If you or someone you know needs assistance in light of the changing and challenging economy, please use and share the references below, or visit: https://helpingamericansfindhelp.org/new-hampshire/

QUICK INFO LIST

- **New Hampshire Food Stamp Program** † – Monthly food stamp benefits to help low-income people and families buy the food they need for good health, (+++) Call: 603-271-9700
- **New Hampshire State Supplement Program (SSP-Cash)** † – Cash grants, called State Supplements, are provided to certain elderly adults and individuals in New Hampshire that are physically disabled, mentally disabled, or legally blind, Call: 603-271-9700
- **New Hampshire Financial Assistance to Needy Families (FANF-Cash)** † – Provides cash assistance to eligible New Hampshire needy families with dependent children, Call: 603-271-9700
- **New Hampshire Lifeline Telephone Assistance Program** † – Offers assistance through a monthly reduction on your residential telephone bill if you are a qualifying customer, Call: Local telephone company
- **New Hampshire Fuel Assistance Program (FAP)** † – Provides cash benefits to qualified New Hampshire households to assist with heating costs, Call: 603-271-2685
- **New Hampshire Weatherization Assistance Program (WAP)** † – Designed to reduce household energy use and costs in the homes of low-income persons throughout the state by installing energy efficiency improvements, Call: 603-271-2685
- **New Hampshire Medicaid** † – A health care program that serves a wide range of New Hampshire needy individuals and families who meet certain eligibility requirements, Call: 800-852-3345
- **New Hampshire Children's Medicaid (CM)** † – Provides free health and dental coverage for eligible children up to age 20 living in New Hampshire, Call: 603-271-4440
- **New Hampshire Health Insurance Premium Payment (HIPP) Program** † – Designed to help individuals and families afford their employer insurance when at least one person in the family is enrolled in Medicaid, Call: 603-271-5218
- **New Hampshire Supplemental Nutrition Program for Women, Infants, and Children (WIC)** † – Healthy foods, breastfeeding support, nutrition education, health care referrals, Call: 800-942-4321
- **New Hampshire National School Lunch Program (NSLP)** † – Provides low-cost or free lunches to school children, Call: 603-271-2602
- **New Hampshire Special Milk Program** † – Offers milk to children in schools, childcare institutions, and eligible camps, Call: 603-271-3494
- **New Hampshire School Breakfast Program (SBP)** † – Provides low-cost or free meals to school children, Call: 603-271-2602
- **New Hampshire Summer Food Service Program (SFSP)** † – Provides free meals and snacks to help low-income children in the summer months, Call: 603-271-3494
- **New Hampshire Child and Adult Care Food Program (CACFP)** † – Provides healthy meals and snacks to children and adults receiving day care, Call: 603-271-3494
- **New Hampshire Head Start** † – Comprehensive child development programs serving low-income children and their families, Call: Local HeadStart
- **New Hampshire Commodity Supplemental Food Program (CSFP)** † – A nutrition program that provides free food and nutrition information to promote good health for seniors age 60 and over, Call: 800-578-2050
- **New Hampshire Housing Choice Voucher Program** † – Helps eligible low-income households lease privately owned rental units from participating landlords, Call: Local PHA
- **New Hampshire Public Housing** † – Provides safe, decent, and affordable rental units for eligible low-income residents, Call: Local PHA