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Registration is open for CONVENTION’22 https://us02web.zoom.us/meeting/register/tZYtd-CvqzkiGdbq7a-vBT2j65pDagWThF4x
SEA UPDATES

Attention All Councilors

There is still time to register for the most democratic demonstration of our membership, the Annual Convention, which will be Saturday, October 22, 2022.

Like last year, this will be a virtual convention via Zoom, which allows for greater participation from across our representative Delegates.

Registration for Convention is now open for ALL Councilors. You may register by visiting our website at https://us02web.zoom.us/meeting/register/tZYtd-CvqzkiGdbq7a-vBT2j65pDagWThF4x
On Monday, September 19, lightning struck the home of one of our own, Shannon Perkins.

Thankfully, both Shannon and his dog made it out safe but the home and all possessions were lost.

Shannon grew up in Clifton Park, he graduated in 1989 and served in the Air Force.

He relocated to the west coast and after the passing of his father returned to Rumney, NH where he has lived in his family's generational home ever since.

Shannon is an SEA member who works at the Glencliff Home, he is president of his chapter and is a strong and active SEA supporter.

Please help Shannon if you can by donating to the Go Fund Me page his friends have set up here: https://gofund.me/6b830331

Thank You
ATTENTION ALL MEMBERS!

If you are more conservative than not, or non-partisan we are asking for your help. If you are interested in new opportunities to assist your elected labor-friendly candidates, please reach out to your Political Department; Cullen Tiernan, ctiernan@seiu1984.org and Bob Blaisdell bblaisdell@seiu1984.org about opportunities to help support conservatives who will support labor.

Vote: How to Register

There are four ways to register to vote in New Hampshire. Each requires proof of identity, age, citizenship, and where you live. If you do NOT have documentation proving one or more of these things, you may sign an official form (affidavit).

Register to vote at the town (or city) clerk's office up to 6-13 days before any election
- The town clerk's office is at (address, for example 4 Park Street)
- The town clerk's office hours are (for example, M-W 9 to 3; Thurs noon to 7pm)

Register to vote with your local Supervisors of the Checklist
- Supervisors of the Checklist are required to meet at designated times to accept registrations and changes in party affiliation.
- These times are posted in the town office and other public places (be specific about where).

Register to vote on the day of any election, at the polling place
- This will take extra time. Look for the voter registration table.

Register absentee, by mail
- If you are unable to register in person because of physical disability (including serious illness or fear of contracting serious illness), religious beliefs, military service, or because of temporary absence, you may register by mail.
- Request an absentee voter registration packet from your town or city clerk.
- The absentee voter registration form must be witnessed by another person. Both forms are to be returned to your town or city clerk.

Voting By Absentee Ballot (Restricted)
- The reasons for requesting an absentee ballot include; being absent from the voter's city or town, a religious observance, disability or illness, and employment commitments (including caregiving) during the entire time the polls are open. Absentee ballots may also be available when a weather emergency impacts an election.
SEA POLITICAL

JOIN US FOR CANVASSING!

Campaign season is in full swing now, and we are launching canvasses to support our endorsed candidates and help ensure a labor friendly political landscape in the Granite State.

Please reach out to Cullen Tiernan, ctiernan@seiu1984.org, if you are interested in any of the following opportunities to support our candidates!

Political canvassing occurs when candidates, staff, or volunteers from a political campaign attempt to directly contact voters by going door to door. This door knocking is part of an extensive outreach plan that helps put a face on a political campaign. The more people a candidate, staff, or volunteer of the campaign reaches, the further the campaign’s message spreads. Canvassing can be used to help identify supportive voters, sign up voters to vote by mail, advance Get Out The Vote (GOTV) efforts, and persuade undecided voters leading up to the primary or general election.

Tips for Effective Canvassing:

• Stay polite: Not everyone will agree with your campaign’s mission, and many won’t answer the door.
• Don’t be too pushy: Your goal is to be pleasantly persuasive.
• Keep moving: When canvassing, expect to spend an average of 1–3 minutes per door, with a goal of an average of 20 doors an hour.
• Know that not all doors will open: The majority of the doors you knock on while canvassing will remain firmly shut.
• Collect questions and feedback: Volunteers aren’t expected to know the answer to every question a voter might have.

Saturday, October 8, 2 PM – 5PM: Bill Bolton
Plymouth Town Common, Post Office Square
Plymouth, NH 03264

Saturday, October 15, 12 PM – 3PM: Sen. Maggie Hassan / Shoshanna Kelly / Melanie Levesque
60 Main St
Nashua, NH 03060

Sunday, October 23, 1 PM - 5 PM: Rep Annie Kuster / Art Ellison
SEA Office
207 N. Main Street
Concord, NH 03301

Saturday, October 29 12 PM – 3PM: Shoshanna Kelly / Melanie Levesque
60 Main St
Nashua, NH 03060

Saturday, November 5, 1 PM - 5 PM: Chris Pappas / Kevin Cavanaugh / June Trisciani / Kathy Martins
AFL-CIO
161 Londonderry Turnpike
Hooksett, NH 03106

Sunday, November 6, 1 PM - 5 PM: Rep Annie Kuster / Art Ellison
SEA Office
207 N. Main Street
Concord, NH 03301
Congratulations to all of our endorsed candidates who won their primaries last week!
The State General Election will be held on November 8, 2022.
Below are some of the candidates the SEA Board of Directors has endorsed.
SEA LEGAL UPDATES

What You Should Know
Granite State Paid Family Leave Act

As you may know, New Hampshire has enacted the Granite State Paid Family Leave Act, with a target program start-up date of January 1, 2023. The program provides a six week maximum paid family leave benefit for State employees only. Among other things, this will create an additional benefit for paternity leave.

The SEA is currently engaged in communications with the State about how they plan to implement the program, especially with regard to how it intersects with your rights and benefits under the contract. We have also begun the conversation at the LMC, and as we are having discussions, we are contemplating bargaining over the impact of the newly created benefit. So far, what we know is the State has released an RFP to have a third party administer the new benefit. The State itself seems like it is still trying to figure out how all of this will work.

In the meantime, if you have specific questions, please notify your union representative so that we can make sure your situation and concerns can become part of the conversation. We will let you know as soon as there is more information and direction as to how this benefit will work, especially with how it will intersect with the contract. For the basics, please read below.

Coverage & Cost

Covered Employers:
Mandated coverage for New Hampshire State government employees

Coverage Options:
- Private employers and non-state public employers may choose to provide this coverage through the carrier(s) that is (are) awarded the state's business; however, they are not mandated to provide coverage.
- Employees working for an employer that does not provide coverage may purchase coverage through the carrier(s) that is (are) awarded the state's business.

Cost:
Contribution to the program can be taken via employee payroll deduction. Additional information regarding rates will be updated as program details evolve.

Leave Reasons:
- Birth, adoption, foster care placement
- Caring for spouse, child or parent with serious health condition
- Family Military Exigency

Individual Voluntary Coverage Leave reasons include the leave noted above but also includes medical leave if their employer does not offer short term disability insurance.

Job protection:
May provide job protection consistent with the job restoration provisions of the federal Family and Medical Leave Act (FMLA)

Benefits:
Maximum Annual Leave Duration: Six (6) weeks for state employees only, other outside employers may opt for more. Pay during leave: 60% of employee's average weekly wage (AWW) capped at the Social Security Wage base.
We are looking for your help. YOU, our members, determine the success or failure of your union.

You are also the eyes and ears within your agencies. Your SEA staff members are currently looking for opportunities to expand and grow your union and we're looking for your help.

We are currently exploring opportunities in five (5) areas:

1. Outsourced maintenance workers within your worksite locations. The SEIU campaign, Justice for Janitors is an organization with 150,000 union janitors, working together to raise industry standards by fighting for fair pay, healthcare, respect, and the freedom to join a union. If you know or have any insight into these areas and we can help, please let us know.

2. Embedded Non-government Organizations, non-profits generally have employees embedded within your worksites/agencies that may benefit from unionization. Agencies where you may see this include DHHS and Employment Security.

3. Non-government Organizations/contractors who are now working in positions that used to be held by state employees. These areas include county/Community mental health providers, Healthcare providers, legal aid, etc.

4. Manchester and Nashua. These areas are population centers within our state, and there are multiple opportunities to become more ingrained in these communities. Help point us to those you think could benefit from membership with us so that we have a more significant presence in these areas.

5. Medical staff, nurses, LNA's, CNA's, and more! Places like nursing homes and recovery centers, those working in a college or school system. The SEIU Nurse Alliance is protecting patient care and saving lives. Help us find more to add to the strength of our union.

Let us know if you have ideas on agencies or workgroups you think will benefit from membership with the SEA. Help us to grow YOUR union, and in the end, it will serve you more effectively!

Please send all ideas and leads to:

David Holt
Cell: 603-781-8649
Office: (603) 271-3411 x109
dholt@seiu1984.org

Thank You!
With you every step of the way

Emotional Well-being Resources offer help when you need it

Your emotional health is an important part of your overall health. With Emotional Well-being Resources, administered by Learn to Live, you can receive support to help you and your dependents live your happiest, healthiest lives.

Built on the proven principles of Cognitive Behavioral Therapy (CBT), our digital tools are available anywhere, anytime. They can help you identify thoughts and behavior patterns that affect your emotional well-being — and work through them. You’ll learn effective ways to manage stress, depression, anxiety, substance use, and sleep issues.

A wealth of resources at your fingertips

Personalized, one-on-one coaching
Team up with an experienced coach who can provide support and encouragement by email, text, or phone.

Build a support team
Add friends or family members as “Teammates.” They can help you stay motivated and accountable while you work through programs.

Practice mindfulness on the go
Receive weekly text messages filled with positivity, quick tips, and exercises to improve your mood.

Live and on-demand webinars
Learn how to improve mental well-being with useful tips and advice from experts.

Change your mind. Change your life.™
Take a quick assessment to find the program that’s right for you. To access our Emotional Well-being Resources:

1. Log in to Care, choose Health & Wellness Center.
2. Select Emotional Well-being Resources.
3. How to begin.

Anthem is a registered trademark of Anthem Insurance Companies, Inc.
State of New Hampshire Employee Wellness Webinar Series

Improve your knowledge and wellness!

Join our new monthly webinar series presented by Lori Hubbard, BSN, RN, Anthem Health Coach. She will assist in providing brief education on the monthly topic, recognizing signs and symptoms, and assist in goal setting to improve your overall wellness.

All webinars will be from 12pm-12:30pm

October Webinar

Cancer Prevention and Awareness

• What are the leading risk factors for cancer?
• Who is at risk for cancer?
• What cancer screenings should I get and how frequent.
• What coverage benefits and incentives does my health benefit plan have and how am I supported through a cancer diagnosis.

October Dates:
Tuesday     October 4
Wednesday   October 5
Tuesday     October 11
Wednesday   October 12
Tuesday     October 18
Wednesday   October 19
Tuesday     October 25
Wednesday   October 26

How to join:
Microsoft Teams meeting

Join on your computer or mobile app
Click here to join the meeting.

Or call in (audio only)
+1 567-249-1745,,344028488#
United States, Toledo

Phone Conference ID: 344 028 488# Find a local number
Walk With Ease is a free exercise conditioning program that can reduce pain and improve overall health. If you can be on your feet for 10 minutes without increased pain, you can have success with Walk With Ease.

Benefits of Walk With Ease (WWE)

- Improve physical and mental health
- Walk safely and comfortably
- Improve physical and mental health
- Reduce pain and feel more confident

*When registering online, State employees should select the Group: State of NH Employees. Participants will receive an eguidebook, weekly emails and weekly online webinars instructed by Lori Hubbard, RN, BSN, Certified Walk With Ease Instructor.
<table>
<thead>
<tr>
<th>COMMITTEE SCHEDULES</th>
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**CFPG** will meet tonight at **5:00 due to a reschedule**, it will continue on the first Tuesday of every quarter at **5:00 PM**. The next meeting will be on **January 3, 2022**.

Constitution and By-Laws Committee meets on the last Tuesday of the month at **5:30 PM**; the next meeting is scheduled for **October 25, 2022**.

Social Activities Committee will meet on the first Monday of the month from **5-6 PM**. The next meeting is scheduled for **November 7, 2022, @ 5:00 PM**.

The Book Club meets on the first Monday of each month at **6:00 PM**, immediately following the Social Activities Meeting. The next meeting will be on **November 7, 2022, @ 6:00 PM**.

NH Faith & Labor Coalition meets on the third Wednesday of the Month at **12 noon**; the next meeting is on **October 19, 2022**.

Clinicians United NH, Associate Members Chapter meets at **12 noon** on the first Monday of the month; the next meeting is on **November 7, 2022**.

Conservative Members Committee meets on the second Tuesday of each month at **5:30 PM**; the next meeting is **October 11, 2022, at 5:30 PM**.

The Organizing Committee meets on the first Wednesday of every month; the next meeting is on **October 5 @ 5:00 PM**.

Operation Santa Claus meetings are held every third Monday of each month; the next one is on **October 17, 2022, at 4:30 PM**.

The Retirement Committee will meet on **October 18 from 5:00 - 6:30 PM**; the link to join is [https://us02web.zoom.us/j/81067911659](https://us02web.zoom.us/j/81067911659).

The Stewards Committee meetings usually take place on the third Thursday of every month at **5:30 PM**. The next meeting will be on **October 20, 2022**.

The NEW Veterans exploratory committee will meet on the last Thursday of the month. The next meeting is scheduled for **October 27 from 5:30 - 6:30 PM**.

The next Board meeting will be tomorrow, **Thursday, October 13, 2022, from 1:00 PM - 5:00 PM**. You may join at: [https://us02web.zoom.us/j/83486021328?pwd=czMxbS9VSSJMSXVPeW0tUcFM3QT09](https://us02web.zoom.us/j/83486021328?pwd=czMxbS9VSSJMSXVPeW0tUcFM3QT09).

All Board, Chapter Presidents, and Council Meetings have been scheduled for 2022, and the links are on the website calendar. Chapter Presidents and Council Meetings will each have a recurring link; however, registration is required for these events.
The Campaign for Public Good is looking to ramp up their fall fundraising and donation campaigns by starting off with three favorites! Please see below for the details!

NH Food Bank - We are asking our chapters to help with making donations to the NH Food Bank. To donate or for more information, please contact Tam Feener at tamarafeener@metrocast.net. You can find the donation form [here](#).

**Holiday Cards for Our Military Challenge**

*Sending care and respect to United States Military, Veterans & Service Families*

The primary goal of Holiday Cards for our Military Challenge is the collection and delivery of personalized, signed expressions of respect, caring and gratitude to deployed U.S. troops. Veterans, & Military Families.

Your personalized signed holiday cards and letters reflect your genuine support and appreciation for our military heroes, letting them know that they are not alone during the winter holiday season. Our goals have expanded to sending caring cards of connection throughout the year. Your messages offer a connection to home, a bridge of caring, and a taste of the holidays to our beloved Warriors.

Knitted or purchased warm wearable items are currently being gathered for this year's donation. CFPG will be donating to Franklin/Tilton areas' St. Gabriel's Parish, the Concord Friendly Kitchen, and the Claremont TLC Recovery Center.

We received a lot of requests last year and we are looking for anyone who would like to donate or help the citizens of NH stay warm through the cold winter months. If you'd like to help, please contact Tam Feener at tamarafeener@metrocast.net.
MEMBER BENEFITS

UPDATED MEMBER BENEFITS JUST FOR YOU!

AVIS Car Rental
Members can save UP TO 25% OFF Base Rates at Avis. Click on the link below or call 800-331-1212 and use discount code AWD#: D134100.
https://rentalperks.com/discounts/avis
https://retailcodes.com/retailers/avis

BUDGET Car Rental
Members can save Up to 25% OFF Base Rates at Budget. Click on the link below or call 800-455-2848 and use discount code BCD#: Z408900.
https://rentalperks.com/discounts/budget
https://retailcodes.com/retailers/budget-car-rental

HERTZ Car Rental
Members can save Up to 25% OFF Base Rates at Hertz. Click on the link below or call 800-654-2210 and use discount code CDP#: 1742729.
https://rentalperks.com/discounts/hertz
https://retailcodes.com/retailers/hertz

BOOKING.COM
Special Member pricing of up to 40% off select hotels worldwide on Booking.com.
https://rentalperks.com/discounts/booking-com

EXPEDIA.COM
Members can save 8% OFF select hotels at Expedia.com.
https://rentalperks.com/discounts/expedia

CORPORATE SHOPPING EMPLOYEE DISCOUNTS
Corporate Shopping connects members to over 250 top national retailers offering incredible employee discounts and private offers.
A few popular retailers include: Costco, Sam’s Club, Chase Mortgage, Avis, Hertz, Budget, Expedia.com, 1800Flowers, Walt Disney World, HP Employee Purchase Program, Lenovo, Dell Member Purchase Program & Many More!
https://corporateshopping.com

LENOVO
Member discounts on innovative tech by Lenovo, the #1 PC maker in the world. Take advantage of everyday savings up to 35% off while supplies last, with additional savings monthly and seasonally.
https://rentalperks.com/discounts/lenovo

HP EMPLOYEE PURCHASE PROGRAM
The HP Employee Purchase Program (EPP) offers HP consumer products at discounts typically up to 10% off starting prices. Use Code: EPI7047 when registering.
https://rentalperks.com/discounts/hp-employee-purchase-program
Navigating Medicare's plans, benefits, and enrollments can be challenging and time consuming. Fully understand your Medicare rights with data-driven, fact-based information from Medicare industry experts and health professionals. We provide expert Medicare education and counseling so you can make the best choices for you and your loved ones.

Our free resource, reviewed by experts, helps inform seniors and people with disabilities about how Medicaid works with Medicare. We also cover the dual eligibility standards, how to apply, and most importantly, the associated costs.

You can view the guides here:

On August 24, 2022, large announcements were made regarding student loans:

- Borrowers who earn less than $125,000 a year, or less than $250,000 a year for couples, will be eligible for up to $10,000 in forgiveness.
- Borrowers who meet the same income requirements and received a Pell Grant in college will be eligible to receive up to $20,000 in forgiveness.
- The CARES Act's pause on student loan repayments has been extended to January 2023.

These announcements are expected to benefit around 43 million borrowers, and the disbursement may even be enough to pay off some borrowers' loans. However, many qualified borrowers will still have a loan balance after this forgiveness. This makes the extended pause on student loan payments a crucial time to get prepared for when they resume.

Knowing all your available resources could mean the difference between having your loans forgiven or unnecessarily paying thousands in loan repayment. Every borrower should be aware of the Public Service Loan Forgiveness (PSLF) limited waiver. This waiver is vital to borrowers working in public service as it can prevent them from making unnecessary student loan payments and rid them of debt sooner.

Under the waiver, the criteria to receive forgiveness through PSLF have been temporarily relaxed, meaning those who take action may be closer to receiving forgiveness or already be eligible. These relaxed requirements include:

- 120 Qualifying Payments - As long as you were working in a public service position, past periods of repayment will now count whether or not you made a payment, made that payment on time, for the full amount due, or on a qualifying repayment plan.
- Direct Loans - Previously, only payments on Direct Loans would count as qualifying payments towards PSLF. Other loan types would have to be consolidated into a Direct Loan, and you would have to start with 0 qualifying payments. Under the waiver, if you made any payments on ineligible loan types, you can consolidate them without having to start over.

However, the waiver is only available until October 31, 2022, making it essential to take action now.

Learn how we can assist you in preparing by scheduling a complimentary consultation with one of our state-licensed counselors by clicking the button below.
Halloween Fun Near You!

Saturday, October 22, 2022
We are very excited to announce that we will be bringing back the Enchanted Storybook Hayride in 2022.

A specially designed event for younger children featuring all of their favorite storybook characters. Listen to enchanted stories while on a fun hayride through the nature trails and orchard. After the hayride, each child will receive Halloween goodies and a pumpkin followed by a story read by Mother Goose and face painting. Reservations are strongly recommended. $16 per child, $6 per adult.
DeMeritt Hill Farm, 20 Orchard Way, Lee, NH

Ghosts on the Banke, October 28 & October 29, 2022, 5:30-8 PM
A family-friendly Halloween & trick-or-treat event

Trick-or-treat safely outdoors from house to historic house with Jack-o'-lanterns lighting the way in Portsmouth's oldest waterfront neighborhood. Meet wayward pirates and a mysterious fortune-teller, listen to ghostly tales, construct a giant spider web, dance to spooky musical tunes, and play games for prizes. Tickets are available now! Event held in rain or by moonlight.

Join us for the 2nd Annual Lakes Region Costume Festival to Support Brigid's House of Hope. Featuring~~ Jodie Cunningham Band ~~ Costumes, Prizes, Cash Bar, 50/50 and More!
Sat Oct 29 2022 at 7:00 pm to Oct 30 2022 12:00 am
The Margate on Winnipesaukee, 76 Lake St, Laconia, NH

Sunday, October 30th, From 9:00am-2:30pm
Nashua Halloween Craft Fair
Support your local Crafters & Small Businesses! (40+ crafters)
BRING THE LITTLES DRESSED IN COSTUMES TO TRICK OR TREAT
EAGLES WING FUNCTION HALL
10 Spruce St Nashua NH 03062

The below website helps you find halloween trick or treat dates and times for your town.
http://www.trickortreattimes.com/new-hampshire/
Welcome to FALL with SEA Member Benefits

Get ready for fall with Screeemfest at Canobie Lake Park! The SEA offers Canobie Lake Park tickets at a discounted rate, and they are now available to purchase online (only).

Check out SCREEEMFEST at Canobie Lake Park this Fall with savings of $10 off the 2022 Screeemfest Friday/Sunday online date-specific general admission ticket! Join us for 6 weekends full of Rides, Games, Live Entertainment and 5 terrifying haunted attractions.

- Ctix will remain $39 each for the 2022 Screeemfest season.
- Ctix are good any One Screeemfest Friday or Sunday until October 30, 2022 or Saturday, September 24th. Ctix are NOT valid for Screeemfest Saturdays in October.
- The Screeemfest price for Guests under 48 inches tall or age 60 years and older is $35 each online. Children age three years and under are free! Parking is FREE!

Here is the link to our store. Please copy the link as it is below and add it to your browser, or click on it.


To log in, Members must use the password: Local1984

Regal Movie Tickets are the perfect recognition, reward, and gift item for your summer break! Tickets are $9.00 each and can be purchased at the SEA office. Tickets are good at the following cinemas: Concord, Hooksett, and Newington, NH. Please check with the cinema for restrictions on particular movies.

Also, please note that the SEA office may run out of tickets on busy days.

We accept all forms of payment, cash, credit card, or check.
Earning your degree can be challenging with a busy work/life schedule. So SEIU has partnered with SNHU to reinvent higher education your way – offering quality online college programs that aren’t just affordable but flexible. So now it’s easier than ever to gain the degree of work-relevant skills you need to succeed.

Our partnership with Southern New Hampshire University is a 25% discount on all courses at SNHU. This would bring tuition for undergraduate-level classes from $960.00 to $720.00. For graduate-level courses, this would bring the tuition per course from $1,881.00 down to $1,411.00. You can view all of our information for this partnership by visiting this link: https://www.snhu.edu/lp/workforce-partnerships/seiu.

If you have any other questions or concerns, please do not hesitate to reach out to our team. We are more than happy to assist. Our office is open seven (7) days a week until midnight eastern standard time. We can be reached at (877)-455-7648 or at studentfinance@snhu.edu.
The costs of essentials like gas, food, and rent have recently skyrocketed as inflation rose to an unprecedented 9.1% in June. If you or someone you know needs assistance in light of the changing and challenging economy, please use and share the references below, or visit:
https://helpingamericansfindhelp.org/new-hampshire/

QUICK INFO LIST

- **New Hampshire Food Stamp Program** † – Monthly food stamp benefits to help low-income people and families buy the food they need for good health, (+++) Call: 603-271-9700
- **New Hampshire State Supplement Program (SSP-Cash)** † – Cash grants, called State Supplements, are provided to certain elderly adults and individuals in New Hampshire that are physically disabled, mentally disabled, or legally blind, Call: 603-271-9700
- **New Hampshire Financial Assistance to Needy Families (FANF-Cash)** † – Provides cash assistance to eligible New Hampshire needy families with dependent children, Call: 603-271-9700
- **New Hampshire Lifeline Telephone Assistance Program** † – Offers assistance through a monthly reduction on your residential telephone bill if you are a qualifying customer, Call: Local telephone company
- **New Hampshire Fuel Assistance Program (FAP)** † – Provides cash benefits to qualified New Hampshire households to assist with heating costs, Call: 603-271-2685
- **New Hampshire Weatherization Assistance Program (WAP)** † – Designed to reduce household energy use and costs in the homes of low-income persons throughout the state by installing energy efficiency improvements, Call: 603-271-2685
- **New Hampshire Medicaid** † – A health care program that serves a wide range of New Hampshire needy individuals and families who meet certain eligibility requirements, Call: 800-852-3345
- **New Hampshire Children’s Medicaid (CM)** † – Provides free health and dental coverage for eligible children up to age 20 living in New Hampshire, Call: 603-271-4440
- **New Hampshire Health Insurance Premium Payment (HIPP) Program** † – Designed to help individuals and families afford their employer insurance when at least one person in the family is enrolled in Medicaid, Call: 603-271-5218
- **New Hampshire Supplemental Nutrition Program for Women, Infants, and Children (WIC)** † – Healthy foods, breastfeeding support, nutrition education, health care referrals, Call: 800-942-4321
- **New Hampshire National School Lunch Program (NSLP)** † – Provides low-cost or free lunches to school children, Call: 603-271-2602
- **New Hampshire Special Milk Program** † – Offers milk to children in schools, childcare institutions, and eligible camps, Call: 603-271-3494
- **New Hampshire School Breakfast Program (SBP)** † – Provides low-cost or free meals to school children, Call: 603-271-2602
- **New Hampshire Summer Food Service Program (SFSP)** † – Provides free meals and snacks to help low-income children in the summer months, Call: 603-271-3494
- **New Hampshire Child and Adult Care Food Program (CACFP)** † – Provides healthy meals and snacks to children and adults receiving day care, Call: 603-271-3494
- **New Hampshire Head Start** † – Comprehensive child development programs serving low-income children and their families, Call: Local HeadStart
- **New Hampshire Commodity Supplemental Food Program (CSFP)** † – A nutrition program that provides free food and nutrition information to promote good health for seniors age 60 and over, Call: 800-578-2050
- **New Hampshire Housing Choice Voucher Program** † – Helps eligible low-income households lease privately owned rental units from participating landlords, Call: Local PHA
- **New Hampshire Public Housing** † – Provides safe, decent, and affordable rental units for eligible low-income residents, Call: Local PHA