THE SEA NEWS
Advocating for working people and their families in New Hampshire.

September 21, 2022

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SEA UPDATES

Registration for Convention 2022 is now open for all Councilors. You may register by visiting our website at https://seiu1984.org/convention-2022/. If you'd like to self-nominate for a Board position, please fill out the form on the website under the registration.

SEA/SEIU1984
Leading with our Values
Convention 2022

Nothing is more important as we look to the future.

Join us!

- October 22, 2022
- Registration at 9:00am

Special Guest:
Governatorial Candidate Tom Sherman

- Door Prizes
- NEW SEA SWAG for all attendees!
Congratulations to all of our endorsed candidates who won their primaries last week! The State General Election will be held on November 8, 2022. Below are some of the candidates the SEA Board of Directors has endorsed.
SEA ORGANIZING

We are looking for your help. YOU, our members, determine the success or failure of your union.

You are also the eyes and ears within your agencies. Your SEA staff members are currently looking for opportunities to expand and grow your union and we’re looking for your help.

We are currently exploring opportunities in five (5) areas:

1. Outsourced maintenance workers within your worksite locations. The SEIU campaign, Justice for Janitors is an organization with 150,000 union janitors, working together to raise industry standards by fighting for fair pay, healthcare, respect, and the freedom to join a union. If you know or have any insight into these areas and we can help, please let us know.

2. Embedded Non-government Organizations, non-profits generally have employees embedded within your worksites/agencies that may benefit from unionization. Agencies where you may see this include DHHS and Employment Security.

3. Non-government Organizations/contractors who are now working in positions that used to be held by state employees. These areas include county/Community mental health providers, Healthcare providers, legal aid, etc.

4. Manchester and Nashua. These areas are population centers within our state, and there are multiple opportunities to become more ingrained in these communities. Help point us to those you think could benefit from membership with us so that we have a more significant presence in these areas.

5. Medical staff, nurses, LNA’s, CNA’s, and more! Places like nursing homes and recovery centers, those working in a college or school system. The SEIU Nurse Alliance is protecting patient care and saving lives. Help us find more to add to the strength of our union.

Let us know if you have ideas on agencies or workgroups you think will benefit from membership with the SEA. Help us to grow YOUR union, and in the end, it will serve you more effectively!

Please send all ideas and leads to:
David Holt
Cell: 603-781-8649
Office: (603) 271-3411 x109
dholt@seiu1984.org

Thank You!
State of New Hampshire Employee Wellness Webinar Series

Improve your knowledge and wellness!

Join our new monthly webinar series presented by Lori Hubbard, BSN, RN, Anthem Health Coach. She will assist in providing brief education on the monthly topic, recognizing signs and symptoms, and assist in goal setting to improve your overall wellness.

All webinars will be from 12pm-12:30pm

**September Webinar**

**Adult Immunizations:**
Learning how to stay healthy

- Why are immunizations important?
- How immunizations can decrease need for extended care.
- What immunizations should I get as an adult?
- What does our health benefit plan cover for immunizations and where can I get them.

**Dates:**
Tuesday September 6
Wednesday September 7
Tuesday September 13
Wednesday September 14
Tuesday September 20
Wednesday September 21
Tuesday September 27
Wednesday September 28

**How to join:**
Microsoft Teams meeting

Join on your computer or mobile app
Click here to join the meeting

Or call in (audio only)
+1 567-249-1745, 344028488#
United States, Toledo
Phone Conference ID: 344 028 488#
Find a local number

Anthem.®
HEALTH CARE HIGHLIGHTS

State of New Hampshire Employees 2022 Wellbeing Enrichment Series

September

Knowing where to go when you need care
Alternatives to the ER

• Settings of care options
• Copay differences
• Medical issues by settings of care
• Locating providers using Mobile Health or Anthem

Improve your knowledge about benefits available for health and wellbeing!

12:30 - 1:00pm on Thursdays in September via Microsoft Teams
See Microsoft Teams Details Below:

Join on your computer or mobile app
Click here to join the meeting
Meeting ID: 299 595 111 934
Passcode: Gn3gGv
Download Teams | Join on the web
Or call in (audio only)
+1 603-931-4944, 981470840# United States, Concord
Phone Conference ID: 981 470 840#
Health Care Highlights

NH Healthy Lives
Walk With Ease

Experience the Walk With Ease Program
Arthritis Foundation Certified.
Doctor Recommended.

A program for better living

Walk With Ease is a free exercise conditioning program that can reduce pain and improve overall health. If you can be on your feet for 10 minutes without increased pain, you can have success with Walk With Ease.

Benefits of Walk With Ease (WWE)

- Improve physical and mental health
- Walk safely and comfortably
- Improve physical and mental health
- Reduce pain and feel more confident

Online Program Runs

Sept 1 – October 13 Sign up by 9/1 to receive your guidebook electronically.
(to receive your guidebook by mail please sign up by 8/25)

Register today at
www.startwalkwithease.org/NHDHHS

Email: Lori.hubbard@anthem.com

Or call 603-722-7350 with any questions.

*When registering online, State employees should select the Group: State of NH Employees. Participants will receive an eguidebook, weekly emails and weekly online webinars instructed by Lori Hubbard, RN, BSN, Certified Walk With Ease Instructor.
COMMITTEE SCHEDULES

CFPG will meet on the first Tuesday of every quarter at 5:00 PM. The next meeting will be on **October 4, 2022**.

Constitution and By-Laws Committee meets on the last Tuesday of the month at 5:30 PM; **this month’s meeting has been cancelled**.

Social Activities Committee will meet on the first Monday of the month from 5-6 PM. The next meeting is scheduled for **October 3, 2022, at 5:00 PM**.

The Book Club meets on the first Monday of each month at 6:00 PM, immediately following the Social Activities Meeting. The next meeting will be on **October 3, 2022, at 6:00 PM**.

NH Faith & Labor Coalition meets on the third Wednesday of the Month at **12 noon**; the next meeting is on **September 21, 2022**.

Clinicians United NH, Associate Members Chapter meets at **12 noon** on the first Monday of the month; the next meeting is on **October 3, 2022**.

Conservative Members Committee meets on the second Tuesday of each month at 5:30 PM; the next meeting is **October 11, 2022, at 5:30 PM**.

The Organizing Committee meets on the first Wednesday of every month; the next meeting is on **October 5, 2022, at 5:00 PM**.

Operation Santa Claus meetings are held every third Monday of each month; the next one is on **October 17, 2022, at 4:30 PM**.

The Retirement Committee will meet on **October 17 from 5:00 – 6:30 PM**; the link to join is **https://uso2web.zoom.us/j/81067011659**.

The Stewards Committee meetings usually take place on the third Thursday of every month at **5:30 PM**. The next meeting will be on **October 20, 2022**.

The NEW Veterans exploratory committee will meet on the last Thursday of the month. The next meeting is scheduled for **September 29 from 5:30 – 6:30 PM**.

The next Board meeting will be tomorrow, **Thursday, October 13, 2022, from 1:00 PM – 5:00 PM**. You may join at: **https://uso2web.zoom.us/j/8486021128?pwd=czMxbSoVS3fMSSXVPeWorZitUePM4QT09**.

All Board, Chapter Presidents, and Council Meetings have been scheduled for 2022, and the links are on the website calendar. Chapter Presidents and Council Meetings will each have a recurring link; however, registration is required for these events.
COMMITTEES

Save the date—Friday, September 23, 2022
Harbor Care’s 16th Annual Stand down NH for Homeless Veterans

Join the SEA Veteran’s Committee and the Campaign for Public Good as we join NH’s Operation Stand Down on September 23rd.

Operation Stand Down refers to a grassroots, community-based intervention program designed to help the nation’s estimated 38,000 homeless veterans “combat” life on the streets.

Operation Stand Down is a time for the community to connect with our homeless veterans and to begin to break down the barriers that are keeping these heroes on the streets. The “hand up, not a handout” philosophy of Operation Stand Down requires the work of countless volunteers, businesses, and local, state, and national organizations. Organizations will be available to provide direct services (including medical, dental, and spiritual); ensure Veterans are getting benefits they are entitled to; and provide referrals for those struggling with mental health, job, housing, and addiction issues.

On Friday, September 23rd, members of the SEA, the Campaign for Public Good, and the new Veteran’s Committee will join together to participate in this event.

We are partnering together because, as a participating vendor at this event, we have been asked to help provide cots to the veterans that will be in attendance. We are asking for everyone’s help. If you or your chapter are interested in assisting, we ask for donations to the SEA to increase our funds to purchase as many cots as possible. If you are interested in donating to this cause, please reach out to the contacts below.

This event is a chance for homeless veterans to pick up donated winter clothes, eat complimentary breakfast and lunch, and get haircuts and flu shots, among other items that will help them through the upcoming colder seasons. It’s an important event and one where it is incredibly valuable to provide all of these resources in one place at one time.

Thank you

CONTACT: JUSTIN JARDINE JJARDINE@SEIU1984.ORG ANGELA BRECK ANGELA@BRECK.ORG
MEMBER BENEFITS

UPDATED MEMBER BENEFITS JUST FOR YOU!

AVIS Car Rental
Members can save UP TO 25% OFF Base Rates at Avis. Click on the link below or call 800-331-1212 and use discount code AWD#: DI34100.
https://rentalperks.com/discounts/avis
https://retailcodes.com/retailers/avis

BUDGET Car Rental
Members can save Up to 25% OFF Base Rates at Budget. Click on the link below or call 800-455-2848 and use discount code BCD#: Z408900.
https://rentalperks.com/discounts/budget
https://retailcodes.com/retailers/budget-car-rental

HERTZ Car Rental
Members can save Up to 25% OFF Base Rates at Hertz. Click on the link below or call 800-654-2210 and use discount code CDP#: 1742729.
https://rentalperks.com/discounts/hertz
https://retailcodes.com/retailers/hertz

BOOKING.COM
Special Member pricing of up to 40% off select hotels worldwide on Booking.com.
https://rentalperks.com/discounts/booking-com

EXPEDIA.COM
Members can save 8% OFF select hotels at Expedia.com.
https://rentalperks.com/discounts/expedia

CORPORATE SHOPPING EMPLOYEE DISCOUNTS
Corporate Shopping connects members to over 250 top national retailers offering incredible employee discounts and private offers.
A few popular retailers include: Costco, Sam’s Club, Chase Mortgage, Avis, Hertz, Budget, Expedia.com, 1800Flowers, Walt Disney World, HP Employee Purchase Program, Lenovo, Dell Member Purchase Program & Many More!
https://corporateshopping.com

LENOVO
Member discounts on innovative tech by Lenovo, the #1 PC maker in the world. Take advantage of everyday savings up to 35% off while supplies last, with additional savings monthly and seasonally.
https://rentalperks.com/discounts/lenovo

HP EMPLOYEE PURCHASE PROGRAM
The HP Employee Purchase Program (EPP) offers HP consumer products at discounts typically up to 10% off starting prices. Use Code: EPT7047 when registering.
https://rentalperks.com/discounts/hp-employee-purchase-program
MEMBER BENEFITS

HEALTHCARE RESOURCES FOR THOSE WITH LOWER-INCOME

Navigating Medicare's plans, benefits, and enrollments can be challenging and time consuming. Fully understand your Medicare rights with data-driven, fact-based information from Medicare industry experts and health professionals. We provide expert Medicare education and counseling so you can make the best choices for you and your loved ones.

Our free resource, reviewed by experts, helps inform seniors and people with disabilities about how Medicaid works with Medicare. We also cover the dual eligibility standards, how to apply, and most importantly, the associated costs.

You can view the guides here:

Student Loan Forgiveness

On August 24, 2022, large announcements were made regarding student loans:

- Borrowers who earn less than $125,000 a year, or less than $250,000 a year for couples, will be eligible for up to $10,000 in forgiveness.

- Borrowers who meet the same income requirements and received a Pell Grant in college will be eligible to receive up to $20,000 in forgiveness.

- The CARES Act’s pause on student loan repayments has been extended to January 2023.

These announcements are expected to benefit around 43 million borrowers, and the disbursement may even be enough to pay off some borrowers’ loans. However, many qualified borrowers will still have a loan balance after this forgiveness. This makes the extended pause on student loan payments a crucial time to get prepared for when they resume.

Knowing all your available resources could mean the difference between having your loans forgiven or unnecessarily paying thousands in loan repayment. Every borrower should be aware of the Public Service Loan Forgiveness (PSLF) limited waiver. This waiver is vital to borrowers working in public service as it can prevent them from making unnecessary student loan payments and rid them of debt sooner.

Under the waiver, the criteria to receive forgiveness through PSLF have been temporarily relaxed, meaning those who take action may be closer to receiving forgiveness or already be eligible. These relaxed requirements include:

- 120 Qualifying Payments - As long as you were working in a public service position, past periods of repayment will now count whether or not you made a payment, made that payment on time, for the full amount due, or on a qualifying repayment plan.

- Direct Loans - Previously, only payments on Direct Loans would count as qualifying payments towards PSLF. Other loan types would have to be consolidated into a Direct Loan, and you would have to start with 0 qualifying payments. Under the waiver, if you made any payments on ineligible loan types, you can consolidate them without having to start over.

However, the waiver is only available until October 31, 2022, making it essential to take action now.

Learn how we can assist you in preparing by scheduling a complimentary consultation with one of our state-licensed counselors by clicking the button below.

Schedule your appointment
SOUTHERN NEW HAMPSHIRE UNIVERSITY DISCOUNT PROGRAM

CAREER-FOCUSED DEGREES

100% ONLINE

Earning your degree can be challenging with a busy work/life schedule. So SEIU has partnered with SNHU to reinvent higher education your way – offering quality online college programs that aren’t just affordable but flexible. So now it’s easier than ever to gain the degree of work-relevant skills you need to succeed.

Our partnership with Southern New Hampshire University is a 25% discount on all courses at SNHU. This would bring tuition for undergraduate-level classes from $960.00 to $720.00. For graduate-level courses, this would bring the tuition per course from $1,881.00 down to $1,411.00. You can view all of our information for this partnership by visiting this link: https://www.snhu.edu/lp/workforce-partnerships/seiu.

If you have any other questions or concerns, please do not hesitate to reach out to our team. We are more than happy to assist. Our office is open seven (7) days a week until midnight eastern standard time. We can be reached at (877)-455-7648 or at studentfinance@snhu.edu.
Welcome to FALL with SEA Member Benefits

Get ready for fall with Screeemfest at Canobie Lake Park! The SEA offers Canobie Lake Park tickets at a discounted rate, and they are now available to purchase online (only).

Check out SCREEEMFEST at Canobie Lake Park this Fall with savings of $10 off the 2022 Screeemfest Friday/Sunday online date-specific general admission ticket! Join us for 6 weekends full of Rides, Games, Live Entertainment and 5 terrifying haunted attractions.

- Ctx will remain $39 each for the 2022 Screeemfest season.
- Ctx are good any One Screeemfest Friday or Sunday until October 30, 2022 or Saturday, September 24th. Ctx are NOT valid for Screeemfest Saturdays in October.
- The Screeemfest price for Guests under 48 inches tall or age 60 years and older is $35 each online. Children age three years and under are free! Parking is FREE!

Here is the link to our store. Please copy the link as it is below and add it to your browser, or click on it.


To log in, Members must use the password: Local1984

Regal Movie Tickets are the perfect recognition, reward, and gift item for your summer break! Tickets are $9.00 each and can be purchased at the SEA office. Tickets are good at the following cinemas: Concord, Hooksett, and Newington, NH. Please check with the cinema for restrictions on particular movies.

Also, please note that the SEA office may run out of tickets on busy days.

We accept all forms of payment, cash, credit card, or check.
State of NH Resources

The costs of essentials like gas, food, and rent have recently skyrocketed as inflation rose to an unprecedented 9.1% in June. If you or someone you know needs assistance in light of the changing and challenging economy, please use and share the references below, or visit: https://helpingamericansfindhelp.org/new-hampshire/

QUICK INFO LIST

- **New Hampshire Food Stamp Program** † – Monthly food stamp benefits to help low-income people and families buy the food they need for good health, (+++) Call: 603-271-9700
- **New Hampshire State Supplement Program (SSP-Cash)** † – Cash grants, called State Supplements, are provided to certain elderly adults and individuals in New Hampshire that are physically disabled, mentally disabled, or legally blind, Call: 603-271-9700
- **New Hampshire Financial Assistance to Needy Families (FANF-Cash)** † – Provides cash assistance to eligible New Hampshire needy families with dependent children, Call: 603-271-9700
- **New Hampshire Lifeline Telephone Assistance Program** † – Offers assistance through a monthly reduction on your residential telephone bill if you are a qualifying customer, Call: Local telephone company
- **New Hampshire Fuel Assistance Program (FAP)** † – Provides cash benefits to qualified New Hampshire households to assist with heating costs, Call: 603-271-2685
- **New Hampshire Weatherization Assistance Program (WAP)** † – Designed to reduce household energy use and costs in the homes of low-income persons throughout the state by installing energy efficiency improvements, Call: 603-271-2685
- **New Hampshire Medicaid** † – A health care program that serves a wide range of New Hampshire needy individuals and families who meet certain eligibility requirements, Call: 800-852-3345
- **New Hampshire Children’s Medicaid (CM)** † – Provides free health and dental coverage for eligible children up to age 20 living in New Hampshire, Call: 603-271-4440
- **New Hampshire Health Insurance Premium Payment (HIPPP) Program** † – Designed to help individuals and families afford their employer insurance when at least one person in the family is enrolled in Medicaid, Call: 603-271-5218
- **New Hampshire Supplemental Nutrition Program for Women, Infants, and Children (WIC)** † – Healthy foods, breastfeeding support, nutrition education, health care referrals, Call: 800-942-4321
- **New Hampshire National School Lunch Program (NSLP)** † – Provides low-cost or free lunches to school children, Call: 603-271-2602
- **New Hampshire Special Milk Program** † – Offers milk to children in schools, childcare institutions, and eligible camps, Call: 603-271-3494
- **New Hampshire School Breakfast Program (SBP)** † – Provides low-cost or free meals to school children, Call: 603-271-2602
- **New Hampshire Summer Food Service Program (SFSP)** † – Provides free meals and snacks to help low-income children in the summer months, Call: 603-271-3494
- **New Hampshire Child and Adult Care Food Program (CACFP)** † – Provides healthy meals and snacks to children and adults receiving day care, Call: 603-271-3494
- **New Hampshire Head Start** † – Comprehensive child development programs serving low-income children and their families, Call: Local HeadStart
- **New Hampshire Commodity Supplemental Food Program (CSFP)** † – A nutrition program that provides free food and nutrition information to promote good health for seniors age 60 and over, Call: 800-578-2050
- **New Hampshire Housing Choice Voucher Program** † – Helps eligible low-income households lease privately owned rental units from participating landlords, Call: Local PHA
- **New Hampshire Public Housing** † – Provides safe, decent, and affordable rental units for eligible low-income residents, Call: Local PHA