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CONGRATULATIONS!

Congratulations to Philip Keech on being elected to the SEA Board of Directors. Phillip is filling the remainder of a three-year term, which runs until 2024. He has worked for the DOT in District two for 13 years. His goal is to bring a new perspective to the Board and to help fight for working families.

Congratulations Phillip!

SEA/SEIU BUILDING CORPORATION UPDATE

The SEA Building Corporation was recently presented with a potential offer to purchase the property at 205 North Main Street in Concord, NH.

The issue will be discussed further during tomorrow's Board meeting via Zoom at noon. To listen to the proceedings, you may join the Zoom Meeting here or by clicking the link below.

https://us02web.zoom.us/j/83486021328?pwd=czMxbS9VS3JMSXVPCWorZitUcFM3QT09
The 2022 Convention for members of SEA/SEIU 1984 is scheduled for **Saturday, October 22nd, 2022.**

Like last year, the convention will be virtual, which we hope will make it easier for members to participate in the decision-making for their Union.

The below letter was sent to all Chapter Presidents on July 21st.


**SEA UPDATES**

- **Constitutional Amendments and resolutions, first drafts are due by August 12**
- **John. B Parker Outstanding Member Award nominations are due by August 17**
- **Declarations of Candidacy are due by September 23rd**
- **The registration deadline is October 14th**
SEA NEWS PAGE 04

SEA UPDATES

AFL-CIO Labor Day Breakfast 2022

The AFL-CIO 2022 Labor Day Breakfast is back! Monday, September 5th at 9:00 AM at St. George Greek Orthodox Cathedral, 650 Hanover Street in Manchester. Now is the time to reserve your tickets!

On Monday, September 5th, we'll be getting together to celebrate New Hampshire's workers at the 2022 Labor Day Breakfast. Due to the COVID-19 pandemic, this event has been on hold, and we're especially eager to get together to honor the men and women who have helped improve the lives of working families across our nation. Labor Day is a day for celebrating the triumphs of working Americans, such as ending child labor, improving workplace safety, fighting for a livable wage, and, yes, creating the weekend. And we are looking forward to celebrating with you!

If you are interested in participating in this event in honor of this important holiday, please reach out to Cullen Tiernan at ctiernan@seiu1984.org.

There's no substitute for blood. When a patient receives blood, it was given in advance by a generous donor.

Every day, blood donors help patients of all ages: accident and burn victims, heart surgery and organ transplant patients, and those battling cancer. In fact, every two seconds, someone in the U.S. needs blood. It is essential for surgeries, cancer treatment, chronic illnesses, and traumatic injuries. Whether a patient receives whole blood, red cells, platelets, or plasma, this lifesaving care starts with one person making a generous donation.

In honor of SEA/SEIU longtime friend and member Ken Roos, make a date and schedule your donation for September 1st!

Thank you!
On August 1, the SEA filed a motion for reconsideration with the Court on the issue of the Governor's refusal to submit the fact finder's report to the executive council in hopes the Court will change its position. While the Court rarely overturns itself at this point in the process, our legal team is hopeful the Court will recognize its errors and make the right decision. The decision was split, with two justices dissenting from the majority opinion. Both argued vehemently to uphold the Board's decision and referred to the interpretation of the majority as "nonsensical." It is our hope that with this being a split decision, the Court may be more willing to reconsider its decision.

This motion was filed as the result of the Supreme Court's decision on July 21, 2022, overturning the SEA's win at the PELRB, which had found the Governor committed multiple unfair labor practices during collective bargaining processes in 2019. The Supreme Court has now overruled the Board's decision, instead finding that the Governor's email to the employees did not rise to the level of direct dealing or union interference and that he did not commit an unfair labor practice when he refused to send the fact finder report to the Executive Council.

We were, and are, deeply disappointed with this outcome, as we believe it is incongruous with the Public Employee Labor Relations Act. We now await the Court's response to this motion for reconsideration.

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**SUPREME COURT RULING**

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**THE STATE'S HEALTH CARE INSURANCE**

This audit process involves a third-party vendor who provides verification audit services and will contact all employees, retirees, and legislators enrolled in the health benefit plans with at least one enrolled dependent. The purpose is for collecting and validating proof of dependent eligibility.

Now, while that sounds like a mouthful, this is supposed to be an easy process. That being said, we have heard from many of you that this may not be the case.

If you are having problems submitting your information or are being asked for a number of documents during this process and do not know how to proceed, we can help. If you would like assistance, please reach out to Gary Snyder in our legal department at gsnyder@seiu1984.org, and we will do our best to help guide you in the right direction.
We are looking for your help. YOU, our members, determine the success or failure of your union.

You are also the eyes and ears within your agencies. Your SEA staff members are currently looking for opportunities to expand and grow your union and we’re looking for your help.

We are currently exploring opportunities in five (5) areas:

1. Outsourced maintenance workers within your worksite locations. The SEIU campaign, Justice for Janitors is an organization with 150,000 union janitors, working together to raise industry standards by fighting for fair pay, healthcare, respect, and the freedom to join a union. If you know or have any insight into these areas and we can help, please let us know.

2. Embedded Non-government Organizations, non-profits generally have employees embedded within your worksites/agencies that may benefit from unionization. Agencies where you may see this include DHHS and Employment Security.

3. Non-government Organizations/contractors who are now working in positions that used to be held by state employees. These areas include county/Community mental health providers, Healthcare providers, legal aid, etc.

4. Manchester and Nashua. These areas are population centers within our state, and there are multiple opportunities to become more ingrained in these communities. Help point us to those you think could benefit from membership with us so that we have a more significant presence in these areas.

5. Medical staff, nurses, LNA's, CNA's, and more! Places like nursing homes and recovery centers, those working in a college or school system. The SEIU Nurse Alliance is protecting patient care and saving lives. Help us find more to add to the strength of our union.

Let us know if you have ideas on agencies or workgroups you think will benefit from membership with the SEA. Help us to grow YOUR union, and in the end, it will serve you more effectively!

Please send all ideas and leads to:

David Holt
Cell: 603-781-8649
Office: (603) 271-3411 x109
dholt@seiu1984.org

Thank You!
Only a few spots left!
Register now!

The first in-person steward training since 2020 will be **Thursday, September 15th, from 9:00 AM - 4:00 PM** at the Puritan Back Room in Manchester. Both breakfast and lunch will be provided for this training.

This training is for **ALL stewards**, and most can use their **steward leave to attend**. Registration begins at **8:30 AM**.

**Registration is required by August 15th** to allow release from work to attend. Please email Beth to register at baborn@seiu1984.org.

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**NH POLITICS ~ ENDORSED CANDIDATES**

It's that time of year again! The State Primary Election will be held on September 13, 2022, and the State General Election - on November 8, 2022.

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**Congratulations!**

**HOUSE REPRESENTATIVE CANDIDATE**

**Art Ellison**

**Kathleen Martins**

**ON YOUR ENDORSEMENT FROM SEA / SEIU 1984**

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What can be done when living with pain and discomfort?

Musculoskeletal pain refers to pain in the muscles, bones, ligaments, tendons, and nerves. You can feel this pain in just one area of the body, such as your back. You can also have it throughout your body if you have a widespread condition like fibromyalgia.

More than 150 different musculoskeletal disorders exist. Some of the most common ones are:
- arthritis and autoimmune conditions, including rheumatoid arthritis, psoriatic arthritis, lupus, osteoarthritis, gout, and ankylosing spondylitis
- osteoporosis
- injuries such as fractures and dislocations
- problems with the structure of bones or joints, such as scoliosis

The pain can range from mild to severe enough to interfere with your day-to-day life. It may start suddenly and be short-lived, which is called acute pain. Pain that lasts for more than 3 to 6 months is called chronic pain.

How is musculoskeletal pain treated?
- Acupuncture.
- Chiropractic adjustment.
- Occupational therapy.
- Pain relievers.
- Physical therapy.
- Splints.
- Steroid injections.
- Therapeutic massage.

Lori Hubbard, BSN, RN, will be hosting these webinars throughout August from 12-12:30 pm. Please see all topics, dates, and meeting information by going to the State of New Hampshire Employee Wellness Webinar Series (nh.gov).

Upcoming Dates:
August 16, August 17, August 23
### COMMITTEE SCHEDULES

<table>
<thead>
<tr>
<th>Committee</th>
<th>Meeting Dates and Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>CFPG</td>
<td>Every quarter at 5:00 PM, next on October 4, 2022</td>
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<tr>
<td>Constitution and By-Laws Committee</td>
<td>Last Tuesday of the month at 5:30 PM, next on August 30 at 5:30 PM via Google Meet</td>
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<tr>
<td>Social Activities Committee</td>
<td>First Monday of the month from 5-6 PM, next on September 12, 2022, @ 5:00 PM, due to the holiday on the 5th</td>
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<tr>
<td>The Book Club</td>
<td>First Monday of each month at 6:00 PM, next on September 12, 2022, @ 6:00 PM, due to the holiday on the 5th</td>
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<tr>
<td>NH Faith &amp; Labor Coalition</td>
<td>Third Wednesday of the Month at 12 noon, next on August 17, 2022</td>
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<tr>
<td>Clinicians United NH, Associate Members Chapter</td>
<td>First Monday of the month at 12 noon, next on September 12, 2022, due to the holiday</td>
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<tr>
<td>Conservative Members Committee</td>
<td>Second Tuesday of each month at 5:30 PM, next on September 13, 2022, at 5:30 PM</td>
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<tr>
<td>The Organizing Committee</td>
<td>First Wednesday of every month, next on September 7, 2022, at 5:00 PM</td>
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<tr>
<td>Operation Santa Claus meetings</td>
<td>Every third Monday of each month at 4:30 PM, next on August 15, 2022</td>
</tr>
<tr>
<td>The Retirement Committee</td>
<td>August 16, 2022, from 5:00 - 6:30 PM, link to join is <a href="https://us02web.zoom.us/j/81067911659">https://us02web.zoom.us/j/81067911659</a></td>
</tr>
<tr>
<td>The Stewards Committee</td>
<td>Third Thursday of every month at 5:30 PM, next on August 18, 2022</td>
</tr>
<tr>
<td>The NEW Veterans exploratory committee</td>
<td>Last Thursday of the month, next meeting on August 25 from 5:30 - 6:30 PM</td>
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<tr>
<td>The next Board meeting will be</td>
<td>Thursday, August 11, 2022, from 1:00 PM - 5:00 PM, you may join at: <a href="https://us02web.zoom.us/j/83486021328?pwd=czMxbS9VS3JMSXVPeWorZitUcFM3OT09">https://us02web.zoom.us/j/83486021328?pwd=czMxbS9VS3JMSXVPeWorZitUcFM3OT09</a></td>
</tr>
</tbody>
</table>

All Board, Chapter Presidents, and Council Meetings have been scheduled for 2022, and the links are on the website calendar. Chapter Presidents and Council Meetings will each have a recurring link; however, registration is required for these events.
Calling All Veterans

NEW SEA Veteran's Group

WANT TO LEARN MORE?

In 2022, we are making an impact. If you are interested in participating in this group, contact either Justin or Angela with the contact information below. This group will explore service projects, plan fun events, or host groups just to talk about the experiences that only Veterans understand.

Initiatives:
Veterans today have a lot of interests, resources, and needs. Sometimes they need support, and sometimes it's providing assistance to others.

Do you want to find opportunities to volunteer? Have you gone back to school, purchased a home, found good healthcare resources? Have you retired, or are you looking to make plans for your care as you age?

All of these items and more are things that this group can discuss, but make it your own - you decide based on where you are in life, and share your knowledge with other veterans that could use your help!

CONTACT: JUSTIN JARDINE ANGELA BRECK
JARDINE@SEIU1984.ORG ANGELA@BRECK.ORG
The next Book Club read is: *A Walk in the Woods* by Bill Bryson

**NEW YORK TIMES BESTSELLER** • The classic chronicle of a “terribly misguided and terribly funny” (The Washington Post) hike of the Appalachian Trail, from the author of *A Short History of Nearly Everything*, *A Walk in the Woods* is about Rediscovering America on the Appalachian Trail in a 1998 travel book by the writer Bill Bryson. It chronicles his attempt to thru-hike the Appalachian Trail during the spring and summer of 1996.

“The best way of escaping into nature.”—The New York Times

Back in America after twenty years in Britain, Bill Bryson decided to reacquaint himself with his native country by walking the 2,100-mile Appalachian Trail, which stretches from Georgia to Maine. The AT offers an astonishing landscape of silent forests and sparkling lakes—and to a writer with the comic genius of Bill Bryson, it also provides endless opportunities to witness the majestic silliness of his fellow human beings.

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Thank you to all who have donated to this year’s backpack drive. **We are extending the drop-off date to Thursday, August 11! Drop yours off at the SEA office today!**

The Campaign For Public Good is now meeting once a quarter. Our next meeting will be on **Tuesday, October 4, 2022, at 5:00 PM**. To join us, please contact the Comms Department at comms@seiui984.org, and we will send you the link.

This committee is also actively looking for more participants. If you or anyone you know may be interested in joining the Campaign for Public Good, please contact Tam Feener at tamarafeener@gmail.com. We are always looking for more help and more ideas!

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**Back-to-School**

**Backpack Drop Extended to August 11th!**

Thank you!
The Social Activities Committee has been very busy planning many fun events for all Union Members coming up this month and next. Please look at these flyers and contact Rebecca Ladd if you are interested in attending any of them.

- **A water fun day will be held on August 13 on the Merrimack River. Share some fun, take a dip and enjoy your day!**

- **The SEA Camp-Out will be held on August 19-21 at the Greenfield State Park Campground. There are sites still available. If interested, please reach out to Rebecca to secure your spot!**

- **Patriot's Day BBQ will be held in appreciation of all State Employees at the SEA Office at 207 N. Main Street, Concord, on September 10, 2022, from 2:00 PM to 5:00 PM. Food and Drinks provided. There will also be door prizes, and the Patriot's Day Basket winner will be announced!**

- **Patriot's Day gift basket raffle is ongoing; all proceeds will go to the Social Activities Committee to host more of the events and activities you see here.**

Many fun activities have been planned, so if you're interested in a bit of summer fun, contact Rebecca Ladd at 603-581-5977 (texting is best). Or please reach out to Andrew Moore.
MEMBER BENEFITS

UPDATE ON SEIU'S COLLEGE BENEFIT

Below is an update on where this program now stands.

As late as Wednesday, July 27th, the Department Of Education (DOE) provided some clarification on member eligibility for Fall 2022 enrollment in the Free College Benefit Program:

- Returning Students are eligible for enrollment for the Fall 2022 term.
- Students accepted for enrollment on or before July 18th are eligible for enrollment for the Fall 2022 term under the Free College Benefit.
- Students admitted for enrollment on or after July 19th are NOT eligible for enrollment for the Fall 2022 term under the Free College Benefit.
- Applicants who have not been admitted as of July 19th are NOT eligible for enrollment for the Fall 2022 term under the Free College Benefit.

If you have questions about the program, you can contact the SEIU Member Benefits Member Advocacy center at 844-836-7348. If SEIUMB can't help, they will funnel the question to the right contact at our partner organizations. If members enrolled in the program would like to speak directly with one of our partners, they can be reached at the following phone numbers:

Student Resource Center (Best for prospective students or those in the enrollment process) 855-469-SEIU (-7348)

· Eastern Gateway Community College 888-590-9009 or email Online@egccfreecollege.org.

Central Statue University 877-301-3772 or email hdixon@centralstate.edu

SEIU Member Benefits Member Advocacy Center 844-836-7348

THANK YOU!
Earning your degree can be challenging with a busy work/life schedule. So SEIU has partnered with SNHU to reinvent higher education your way – offering quality online college programs that aren’t just affordable but flexible. So now it’s easier than ever to gain the degree of work-relevant skills you need to succeed.

Our partnership with Southern New Hampshire University is a 25% discount on all courses at SNHU. This would bring tuition for undergraduate-level classes from $960.00 to $720.00. For graduate-level courses, this would bring the tuition per course from $1,881.00 down to $1,411.00. You can view all of our information for this partnership by visiting this link: https://www.snhu.edu/lp/workforce-partnerships/seiu.

If you have any other questions or concerns, please do not hesitate to reach out to our team. We are more than happy to assist. Our office is open seven (7) days a week until midnight eastern standard time. We can be reached at (877)-455-7648 or at studentfinance@snhu.edu.
Student loan repayments are scheduled to resume in September 2022 after a two-year pause.

IF YOU WORK IN PUBLIC SERVICE AND OWE FEDERAL STUDENT LOANS - LOAN CANCELLATION MAY BE AVAILABLE!

The Public Service Loan Forgiveness (PSLF) program guarantees complete student debt forgiveness to those who dedicate a decade or more to working in public service. On October 6, 2021, the Department of Education announced changes to the PSLF program rules for a limited time due to the COVID-19 pandemic. Under a new, temporary waiver period ending on October 31, 2022, student loan borrowers may receive additional credit for past periods of loan repayment that would otherwise not qualify for forgiveness. As a result, nearly 50,000 borrowers will become eligible for $4.5 billion in loan forgiveness, and over 500,000 student loan borrowers will receive additional credit to meet PSLF requirements. SEIU members must take action during the temporary waiver period to benefit.

Take action by October 31, 2022!

Frequently Asked Questions

How do I qualify for Public Service Loan Forgiveness?

- Make 120 monthly student loan payments.
- Be employed by a government organization at any level (federal, state, local or tribal), a 501(c)(3) non-profit organization, or other a non-profit organization that provides a designated public service, including early childhood education and public health
- Work full-time
- Have Direct Loans or consolidate Federal Family Education Loans (FFEL), Federal Perkins Loans or other types of federal student loans into a Direct Consolidation Loan

To learn more, please click here.
Hello All SEA/SEIU 1984 Members,

August is a crucial month for student loans. After August 31, 2022, the CARES Act forbearance will end, meaning student loan payments, interest, and collections on defaulted loans will resume. Borrowers left unaware or unprepared may find themselves in trouble.

The resumption of student loan payments makes the Public Service Loan Forgiveness (PSLF) limited waiver increasingly vital to borrowers working in public service as it can prevent borrowers from making unnecessary payments on their student loans.

Under this waiver, the criteria to receive forgiveness through PSLF have been relaxed, meaning those who take action may be closer to receiving forgiveness or already be eligible. These relaxed requirements include:

- **120 Qualifying Payments** - Originally, payments must have been made on an income-driven repayment plan. However, with the current waiver, any payment made while working in public service can count towards the necessary 120, regardless of the payment plan.

- **Direct Loans** - Previously, only payments on Direct Loans would count as qualifying payments towards PSLF. Other loan types would have to be consolidated into a Direct Loan, and you would have to start with 0 qualifying payments. Under the waiver, if you made any payments on ineligible loan types, you can consolidate them without having to start over.

The waiver is only available until October 31, 2022, making it important to take action now. Learn how we can assist you in preparing by scheduling a complimentary consultation with one of our state-licensed counselors by clicking the button below.

Schedule your appointment today by clicking the link below.
End of SUMMER Deals with SEA Member Benefits

The SEA is offering Canobie Lake Park tickets again, and this year they are available to purchase online (only).

The park is Celebrating 120 years of family fun this year!

With more than 85 great attractions - family and kids rides, exciting thrill rides, and water rides, including our fantastic new Castaway Island Water Park and games, Canobie delivers the ultimate family fun experience!

Here is the link to our store. Please copy it as it is below and add it to your browser or simply click on it.


To log in, Members must use the password: Local1984

Regal Movie Tickets are the perfect recognition, reward, and gift item for your summer break! Tickets are $9.00 each and can be purchased at the SEA office. Tickets are good at the following cinemas: Concord, Hooksett, and Newington, NH. Please check with the cinema for restrictions on particular movies.

Also, please note that the SEA office may run out of tickets on busy days.

We accept all forms of payment, cash, credit card, or check.
SEA Member Benefits

Water Country Water Park, located in Portsmouth, New Hampshire, is New England's Largest Water Park. Water Country offers 19 attractions that are perfect for all ages, including classics like the Giant Wave Pool and Adventure River. Celebrating over 30 years, Water Country is 26 acres of family-filled summer fun featuring water rides fit tiny tots such as Tahiti Treehouse and Pirates Lagoon and thrilling water slides fit for teens like Dragon's Den and Dr. Von Dark's Tunnel of Terror.

Discounted tickets for the 2022 season at Water Country are now available for $34.99/ea with a $3 processing fee per ticket.

VISIT: https://www.watercountry.com/?keyword
Promo Code: SEIU1984

Virtual Consignment Day Ticket
Discounted Corporate Savings!

This ticket is valid for All Day admission on any day during the 2022 Operating Season.
Please check our calendar for scheduled dates and hours of operation; hours and attraction availability are subject to change without notice.

WATERCOUNTRY.COM/?keyword
State of NH Resources

The costs of essentials like gas, food, and rent have recently skyrocketed as inflation rose to an unprecedented 9.1% in June. If you or someone you know needs assistance in light of the changing and challenging economy, please use and share the references below, or visit: https://helpingamericansfindhelp.org/new-hampshire/

QUICK INFO LIST

- **New Hampshire Food Stamp Program** † – Monthly food stamp benefits to help low-income people and families buy the food they need for good health, (+++), Call: 603-271-9700
- **New Hampshire State Supplement Program (SSP-Cash)** † – Cash grants, called State Supplements, are provided to certain elderly adults and individuals in New Hampshire that are physically disabled, mentally disabled, or legally blind, Call: 603-271-9700
- **New Hampshire Financial Assistance to Needy Families (FANF-Cash)** † – Provides cash assistance to eligible New Hampshire needy families with dependent children, Call: 603-271-9700
- **New Hampshire Lifeline Telephone Assistance Program** † – Offers assistance through a monthly reduction on your residential telephone bill if you are a qualifying customer, Call: Local telephone company
- **New Hampshire Fuel Assistance Program (FAP)** † – Provides cash benefits to qualified New Hampshire households to assist with heating costs, Call: 603-271-2685
- **New Hampshire Weatherization Assistance Program (WAP)** † – Designed to reduce household energy use and costs in the homes of low-income persons throughout the state by installing energy efficiency improvements, Call: 603-271-2685
- **New Hampshire Medicaid** † – A health care program that serves a wide range of New Hampshire needy individuals and families who meet certain eligibility requirements, Call: 800-852-3345
- **New Hampshire Children’s Medicaid (CM)** † – Provides free health and dental coverage for eligible children up to age 20 living in New Hampshire, Call: 603-271-4440
- **New Hampshire Health Insurance Premium Payment (HIPP) Program** † – Designed to help individuals and families afford their employer insurance when at least one person in the family is enrolled in Medicaid, Call: 603-271-5218
- **New Hampshire Supplemental Nutrition Program for Women, Infants, and Children (WIC)** † – Healthy foods, breastfeeding support, nutrition education, health care referrals, Call: 800-942-4321
- **New Hampshire National School Lunch Program (NSLP)** † – Provides low-cost or free lunches to school children, Call: 603-271-2602
- **New Hampshire Special Milk Program** † – Offers milk to children in schools, childcare institutions, and eligible camps, Call: 603-271-3494
- **New Hampshire School Breakfast Program (SBP)** † – Provides low-cost or free meals to school children, Call: 603-271-2602
- **New Hampshire Summer Food Service Program (SFSP)** † – Provides free meals and snacks to help low-income children in the summer months, Call: 603-271-3494
- **New Hampshire Child and Adult Care Food Program (CACFP)** † – Provides healthy meals and snacks to children and adults receiving day care, Call: 603-271-3494
- **New Hampshire Head Start** † – Comprehensive child development programs serving low-income children and their families, Call: Local HeadStart
- **New Hampshire Commodity Supplemental Food Program (CSFP)** † – A nutrition program that provides free food and nutrition information to promote good health for seniors age 60 and over, Call: 800-578-2050
- **New Hampshire Housing Choice Voucher Program** † – Helps eligible low-income households lease privately owned rental units from participating landlords, Call: Local PHA
- **New Hampshire Public Housing** † – Provides safe, decent, and affordable rental units for eligible low-income residents., Call: Local PHA